



# JANUARY | 2023

## High School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <b>NO SCHOOL</b>	3 <b>Macaroni &amp; Cheese</b> Garlic & Herb Broccoli Grape Tomatoes Mandarin Oranges Chocolate Chip Cookie	4 <b>Jet's Pizza</b> Side Salad Steamed Carrots Fruit Cup	5 <b>Dog Gone Day</b> Waffle Fries Baked Beans Applesauce	6 <b>Meatball Sub</b> Baby Carrots Corn Chilled Pears
9 <b>BBQ Pork Sandwich</b> Sweet Potato Fries Baked Beans Applesauce	10 <b>Cheese Stuffed Breadsticks w/ Marinara</b> Celery Sticks Green Beans Fresh Fruit	11 <b>Jets Pizza</b> Side Salad California Veggies w/ Cheese Sauce Fruit Cup	12 <b>Spaghetti w/ Meat Sauce</b> Bread sticks Side Salad Peas Diced Pears	13 <b>NO SCHOOL</b>
16 <b>NO SCHOOL</b>	17 <b>Hot Italian Sub</b> Garlic & Herb Broccoli Baby Carrots w/ Dip Applesauce Mini Rice Krispies Treat	18 <b>Jet's Pizza</b> Side Salad California Veggies w/ Cheese Sauce Mixed Fruit	19 <b>Chicken/Buffalo Chicken Sandwich</b> Sweet Potato Fries Chilled Pears Celery Sticks	20 <b>Pretzel Rods w/Dip</b> Baked Beans Side Salad Mandarin Oranges
23 <b>Chicken Tenders</b> Curly Fries Bread sticks Baby Carrots w/dip Fruit Cup	24 <b>Pasta Day</b> Dinner Roll Side Salad Peas Mixed Fruit	25 <b>Jet's Pizza</b> Side Salad Steamed Carrots Chilled Pears	26 <b>Grilled Cheese &amp; Tomato Soup</b> Green Beans Diced Peaches Ice Cream Treat	27 <b>Mashed Potato Bowl</b> Corn Muffin Corn Celery Sticks Warm Cinnamon Apples
30 <b>Orange Chicken w/ Rice</b> Broccoli Carrot coins Mixed Fruit Oreo Cookies	31 <b>Walking Taco</b> Refried Beans Chilled Pears Celery Sticks Churro	1 <b>Jet's Pizza</b> Side Salad California Veggies w/ Cheese Sauce Fruit Cup	2 <b>Breakfast for Lunch</b> Pancakes Breakfast Sausage Tater Tots Grape Tomatoes Orange Wedges	3 <b>Bacon Cheeseburger</b> Curly Fries Baked Beans Fresh Fruit

### Breakfast MENU

- MON:** Warm Bread Assortment
  - TUES:** Cereal Assortment, Breakfast bars
  - WED:** Pop Tarts
  - THUR:** Pastry Assortment, French Toast
  - FRI:** Muffins
- \*Fruit, Juice and Milk served daily\**

### DAILY ALTERNATIVE ENTRÉE

- MON:** Smart Mouth Cheesy Bread or Chicken Salad  
Croissant or Chicken Salad
- TUES:** Chicken Wrap or Hot Ham and Cheese Bagel
- WED:** Cheeseburger or PBJ Uncrustable
- THUR:** Yogurt Parfait
- FRI:** Chicken Sandwich or Banana Bread Yogurt Combo or Deli Sandwich
- T,TH, F:** Smart Mouth Pizza (Pep/Cheese)
- M-F:** Veg. Chef Salad or Bento Box or **Power Pack** PBJ Uncrustables

### QUICK LINKS

- Free & Reduced Applications  
<https://www.myschoolapps.com>
- On-Line Payments  
<https://myschoolbucks.com>
- Nutritional & Allergen Information  
<https://mealviewer.com>

- PRICES:**
- Lunch.....\$3.25
  - Breakfast .....\$1.25
  - Extra Milk.....\$ .50
  - Extra Entree.....\$2.00



# JANUARY | 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31	1	2	3

