

January 2023

<i>Breakfast</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
7:10-7:40 am All Meals W/ Fruit & Milk	Assorted Cereals Yogurt	Waffle/French Toast or Pancakes Turkey Sausage	Potato Breakfast Scramble	Hot Breakfast Sandwich	Breakfast Pastry Yogurt

GRAB 'N' GO

Free Breakfast & Lunch Meals For All Students

<i>Meals</i>					
Grab & Go Complete Meals Milk & Fruit w/All Meals	Jan 2 NO SCHOOL	Jan 3 Spicy Chix Breast WG Bun Lett•Tom•Pickle	Jan 4 Beef Taco Snax Mexican Rice w/Taco Sauce	Jan 5 Chix Chunks w/Dipping Sauce WG Roll	Jan 6 Chix Alfredo WG Breadstick
PB&J Meal Garden Salad Chef Salad Turkey Combo Sub Meal	Happy New Year	Or Cheeseburger WG Bun Red Skin Potato Wedges Baked Beans	Or Cheeseburger WG Bun Golden Corn Pinto/Blk Beans	Or Cheeseburger WG Bun Green Beans Sweet Potato Fries	Or Cheeseburger WG Bun Garden Salad Golden Corn & Carrots
Grab & Go Complete Meals Milk & Fruit w/All Meals	Jan 9 Turkey Burger w/ Lett•Tom•Pickle Pepper Jack	Jan 10 Spicy Chix Sub Shredded Lettuce Ranch Dressing	Jan 11 Snack Lunch	Jan 12 Grab & Go Lunch 11-11:30am	Jan 13 Grab & Go Lunch 11-11:30am
PB&J Meal Garden Salad Chix Tender Salad Tky & Cheese Slider Meal	Or Stuffed Crust Cheese Pizza Tater Tots Mixed Vegetables	Or Stuffed Crust Cheese Pizza Cheddar Mashed Potatos Green Beans	Cincy Chili Beef Hotdog w/Cheese Frito Chips Fr. Celery w/Ranch Veggie Juice/Fruit	Chicken Patty Sandwich WG Bun Potato Salad Green Beans Asstd Fruit	Cheeseburger w/Pickle Chips Potato Salad Baked Beans Asstd Fruit
Grab & Go Complete Meals Milk & Fruit w/All Meals	Jan 16 NO SCHOOL	Jan 17 Top & Go Beef Nachos Salsa• Cheese•Jalapeno	Jan 18 BBQ Chicken Wings WG DR	Jan 19 Cincy Chili w/Cheese, Onions WG Crackers	Jan 20 Grilled Cheese WG Texas Toast Tomato Soup
PB&J Meal Garden Salad Chix Caesar Salad Italian Turkey Sub	Martin Luther King Jr. Holiday	Or Spicy Chix Breast Sandwich Fiesta Black Beans Calif Blend	OR – Spicy Chix Breast Sandwich Broccoli w/Cheese Sweet Potato Fries	Or – Spicy Chix Breast Sandwich Roasted Carrots Diced Potatos	Or Spicy Chix Breast Sandwich Golden Corn Tomato/Cucumber
Grab & Go Complete Meals Milk & Fruit w/All Meals	Jan 23 Beef Hamburger WG Pretzel Bun Lett•Tom•Pickle	Jan 24 Chix Tenders Dipping Sauce Hawaiian WG DR	Jan 25 Steak Hoagie w/Cheese Sauté Onions	Jan 26 Spaghetti w/Turkey Meatballs Garlic Bread	Jan 27
PB&J Meal Garden Salad Turkey Cobb Salad Turkey & Cheese Sandwich Slim	Or - Bosco Sticks w/Marinara Cup French Fries Green Beans	Or - Bosco Sticks w/Marinara Cup Roasted Broccoli MapleSweet Potato	Or Bosco Sticks w/Marinara Cup Veggie Baked Beans Golden Corn	Or Bosco Sticks w/Marinara Cup Cole Slaw Calif Blend w/Cheese	Bruin Staffulty Day
Grab & Go Complete Meals Milk & Fruit w/All Meals	Jan 30 Spicy Chix Breast WG Bun Lett•Tom•Pickle	Jan 31 Beef Taco Snax Mexican Rice w/Taco Sauce	Feb 1 Chix Chunks w/Dipping Sauce WG Roll	Feb 2 Orange Chix Fried Rice Fortune Cookie	Feb 3 Bosco Sticks w/Marinara Cup
PB&J Meal Garden Salad Chef Salad Turkey Combo Sub	Or Cheeseburger WG Bun Potato Wedges Veg Baked Beans	Or Cheeseburger WG Bun Golden Corn Pinto/Blk Beans	Or Cheeseburger WG Bun Green Beans Swt Potato Fries	Or Cheeseburger WG Bun Roasted Broccoli Asian Slaw	Or Cheeseburger WG Bun Veggie Pasta Salad Tater Tots

