

Monday

Tuesday

Wednesday

Thursday

Friday



9
Popcorn Chicken with Roasted Potatoes
Salsa
Fruit Punch Juice
Tostitos Scoops

10
Caribbean Pineapple Chicken with Rice & Carrots
Bagged Baby Carrots
Watermelon Craisins
Goldfish Pretzels

11
Chicken Mole with Rice & Green Peas
Cherry Star Vegetable Juice
Dole Orange Gello Bowl
Dinner Roll

12
Hamburger with Green Beans
Dragon Punch Vegetable Juice
Fresh Fruit
Hamburger Bun

13
*Asynchronous Day/
Professional Development
No School for Students*



17
Ciabatta Cheese Melt
Marinara Sauce
Bagged Baby Carrots
Strawberry Apple Crisps

18
Chicken Strips with Green Beans
Chocolate Hummus
Apple Juice
Scooby Snacks

19
Turkey Hot Dog with Bun
Salsa
Sunset Sip Vegetable Juice
Dole Tropical Fruit Cup
Tostito Scoops

20
French Bread Pizza
Romaine Salad with Spinach & Chickpeas
Fresh Fruit
Oatmeal Cookie

23
Mac & Cheese with Broccoli
Cherry Star Vegetable Juice
Fresh Fruit
Dinner Roll

24
Chicken Fingers with Corn
Bagged Baby Carrots
Apple Cherry Juice

25
Chicken Alfredo with Penne Pasta & Broccoli
Dragon Punch Vegetable Juice
Mixed Berry Applesauce

26
Round Cheese Pizza
Romaine Salad with Cherry Tomatoes
Apple Juice
Oatmeal Cookie

27
*Parent Conferences/
Professional Development
No School for Students*

30
Turkey Chili with Italian Vegetables
Salsa
Fruit Punch Juice
Tostito Scoops

31
Meatloaf with Mashed Potatoes
Dragon Punch Vegetable Juice
Fresh Fruit
Hamburger Bun

1
Cheese Stuffed Breadsticks & Marinara Sauce
Wango Mango Vegetable Juice
Dole Strawberry Gello Bowl

2
BBQ Popcorn Chicken with Sweet Mashed Potatoes
Bagged Baby Carrots
Cheesy Pizza Hummus
Watermelon Craisins
Dinner Roll

3
Cheeseburger with Bun
Romaine Salad with Spinach & Chickpeas
Fresh Fruit
Chocolate Chip Cookie

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information please call (215) 895-3470 during normal business hours.