White Plains High School

All the juice that's fit to print!

October 31, 2022 Fall Edition Vol. 1

Boys' Soccer Wins the League for Third Year in a Row with a Thrilling Victory Over Rival Port Chester

By Nikola Davidovic

This fall, the White Plains varsity boys' soccer team continues their tradition of dominance in their league with their third league title in a row. With nine wins, two losses and one draw, White Plains consistently demonstrates how they are a cut above their competition. In their final game in the league, White Plains arrived at Port Chester, looking to get revenge on their rivals who knocked them out of Section 1 Class AA playoffs last season. Hungry for a win, they would go on to score two goals early and keep their lead for the rest of the match, leading to them securing their third consecutive league championship.

Andrew Fajardo, the captain of the team, was happy to have another league title under his belt but was more concerned with preparing for their section playoffs. "Having another league title is great, but that's

not important to us right now. Instead, we're preparing for our upcoming games, and we are looking toward the future." When asked about which team he was particularly concerned about in the section playoffs, he made a rather bold statement. "I strongly believe that we are one of the best teams in the region and that we can beat everyone and win Section 1." Finally, Fajardo wanted to share his appreciation for his teammates, head coach Michael Lambert and the many supporters at White Plains High School cheering the team on.

As the team begins their section run, they are working hard every day to improve and be in top form going into their first match, where they will be facing Carmel on October 22, right here at Loucks Memorial Field. Since White Plains has the home field advantage, they are hoping for a big crowd to help them win their first match and continue to run the gauntlet.



Varsity boys' soccer celebrates after their third consecutive league championship

WPHS Welcomes Two New Administrators

By Eva Mandelbaum

As White Plains High School has expanded with the addition of East House, it has also expanded its administrative team this year. We are excited to welcome two new administrators to the district: Ms. Shewbarran, Student Activities Advisor and North House Administrator, and Dr. Maguire, East House Administrator. Both new administrators share this excitement in joining the White Plains High School Community and look forward to building meaningful connections with students. I had the opportunity to meet with each of them to learn a bit more about who they are.

Ms. Shewbarran:

Q: What drew you to work at WPHS?

A: There were a lot of different things that drew me to White Plains High School. First, I really love Westchester. I love the surrounding areas, the restaurants, but also, I really loved all of the activities that were offered here and also just the student population, just looking at what's going on with the students and the sports and the clubs. So that was really interesting to learn more about, and I was also drawn here because everyone was very welcoming. The first time I visited this school I felt very welcomed by everyone. Literally everyone was saying hi and even now, I only know some faces, but I'm trying to learn everyone. I love that it's a large school, but it feels like a small community because evervone is very supportive.

Q: What do you hope to bring to the WP community?

A: Honestly, I'm a very fun bubbly person so I'm hoping to build on the positive school culture here with some more school spirit, have more cheerful things happening throughout the year, maybe more events around holiday time. Definitely looking to continue to build a positive culture just working with staff members and administration to ensure that our families are happy, our students are happy, and staff members are happy.

Q: Tell us about yourself. What do you enjoy outside of school?



Ms. Shewbarran can be located in North House Office

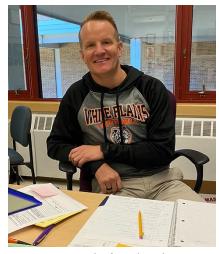
A: I actually am coming from the NYC department of education, I was an AP (assistant Principal) for three years. Two years in Long Island City HS and one year in Harlem, and I transitioned over here. About me: I'm very outgoing as you can see, [and] I can be loud at times. I like to go out on the weekends to just golf, (like top golf type of golfing not actual golf), and I really love hanging out with my family. And I got married this summer.

Q Q: What's your favorite part of your job so far?

A: My favorite part of this job is building relationships with students so far. I haven't met as many students as of yet, but I'm getting to learn so much more about students in this building, and students are getting to know me; I feel like sometimes it's great to have that mentor figure in your life or someone you can just openly talk to, so I really enjoy that students are feeling comfortable and able to just come and talk to me if something's on their mind.

Q: What are you looking forward to for the 2022-2023 school year?

A: I'm looking forward to getting to know students in this building a lot more. I want students to know who I am. I know I'm brand new, and I know it's a large school, but I try to build positive relationships,



Dr. Maguire can be found in the new East House offices in lower C building

and that's what I'm looking forward to, to continuously build positive relationships where we can just support our students, ensure they're succeeding for their future as well.

Q: For student activities, what will you be overseeing?

A: I'm overseeing the clubs, groups, etc. I'll also lead events. I'll be working with everyone else [on events] like the senior sunrise. So, I'm the go-to person, Ms. Adamiak is also the go-to person; she's always in student activities. If I'm not in student activities, I am here (in North House).

Dr. Maguire:

Q: What drew you to work at WPHS?

A: What drew me to work at White Plains was that I was looking to make a move to New York. I moved from Massachusetts, [and] I have a lot of family and friends in the area. I really like Westchester County and White Plains. I was really looking to get a role to work more directly with students. So, this position and this school certainly allowed me to do that. I was drawn, as well, by the level of diversity at this school.

Continued on page 7

PSAT Day Provides Seniors with Valuable College Essay Writing Assistance

Sophia Alexandrou

As college application deadlines are quickly approaching, seniors across the country are agonizing over perfecting one of the most important writing pieces they will ever create: the Common App essay. While fitting one's identity into a 500-word essay can be a daunting task, it becomes a bit more manageable with accessible outside help. This past Wednesday, October 12, White Plains High School seniors gathered in the library during the PSAT to receive help with these essays.

Most of those who attended this workshop were assigned an English teacher to read over their essay and provide suggestions for improvement. For those struggling to begin their essays, there was a section of the workshop dedicated to brainstorming ideas. Students were also welcomed to stay longer to edit their articles while engaging in productive discussion with other students. One senior said, "This whole college application process has been a lot of work and really stressful but having things like this makes it a lot easier. It makes me feel like I'll be able to submit an application I'm proud of."

While applying to college can be an intimidating process, it is nice to know that White Plains High School has our backs.

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Congressional Races Heat Up as the Midterm ElectionsApproach

By Sophia Alexandrou

November 8, 2022, marks Election Day for the Midterm Elections and citizens from across the country will return to the polls to decide the future make-up of Congress. According to a survey conducted by Pew Research Center, the top issues that will be directing the decisions of voters are the economy (77% of participants), gun policy (62%), violent crime (60%), and health care (60%), in addition to the recent Supreme Court overturning of Roe v. Wade (56%). Of course, voters' attitudes towards President Biden's administration, which has a 41% approval rating, will also be a significant factor. This election includes several close and crucial races and will provide an idea of the outcome of the 2024 presidential election.

Senate

The Senate currently holds a 50-50 Democratic majority with Vice President Harris being the tiebreaker. There are 35 seats up for election this year. According to The Cook Political Report, 10 of these seats are in competitive races with four leaning Democrat, three leaning Republican, and three proper toss-ups. Here are some of the most crucial Senate races that will determine the future of the Democrats' thin majority in this chamber.

Georgia: The race between incumbent Sen. Raphael Warnock (D) and Herschel Walker (R) is perhaps the closest race in this election. Georgians voted for President Biden by a slim margin (.23%) in the



2020 presidential election and by a recent poll done by FiveThirtyEight, Warnock (47.3% to 45.2%) is expected to walk away with the victory, keeping his seat in the

Nevada: The race between incumbent Sen. Catherine Cortez Masto (D) and former state Attorney General Adam Laxalt (R) is anyone's game until election day. Nevadans voted for President Biden in the 2020 presidential election by a 2.39% margin, and Republicans have not won a presidential election here since 2004 or a Senate race since 2012. Another recent poll by FiveThirtyEight predicts that Masto will take this race with a 44.2% lead over Laxalt's 43.5%.

Wisconsin: Another close race presents itself in Wisconsin between two-term incumbent Sen. Rob Johnson (R) and Lt. Gov. Mandela Barnes (D). Wisconsinites voted for President Biden by a narrow .62% margin in the 2020 presidential election. FiveThirtyEight predicts a victory for Johnson, leading Barnes 48.6% to 46.7%.

House of Representatives

After the 2020 election, the Democrats maintained a 222-213 majority in the House of Representatives. In addition, after the redistricting and apportionment following the 2020 census, six states (Colorado, Texas, Montana, North Carolina, Florida, and Oregon) have gained seats and seven states (New York, Ohio, Illinois, Pennsylvania, California, Michigan, and West Virginia) have lost seats. As a result, there are 8 districts in which incumbents are running against each other. In six of those, incumbents of the same party went against each other in the primaries and in the other two, incumbents of opposite parties are running against each other in the general election. Of the 435 races for the House, Ballotpedia

Colorado 8th District: Barbara Kirkmeyer (R) goes against Yadira Caraveo (D) in a close race in the swing state of Colora-do. Neither of these candidates have been in office in the House before. In the 2020 presidential election, this district voted for President Biden by a 4% margin. In a recent poll by The Economist, it is predicted that

has recognized 36 of those as battleground.

Here are some of the most crucial races in

Kirkmeyer will walk away with the victory with a 57% chance of winning (Caraveo with a 43% chance).

Ohio 9th District: In another swing state, incumbent Marcy Kaptur (D) is running against J.R. Majewski (R). In a calculation by Daily Kos, they found that following the redistricting, former President Trump would have won this district with 50.6% of the vote in the 2020 presidential election. The Economist predicts a win for Kaptur with a 58% chance of winning (Majewski with a 42% chance).

Pennsylvania 8th District: In this swing state, incumbent Matt Cartwright (D) and Jim Bognet (R) are running against each other in another close race. Following redistricting, Daily Kos found that in the 2020 presidential election, former President Trump would have won this district with 50.9% of the vote. The Economist predicts a narrow victory for Cartwright with a 51% chance of winning (Bognet with a 49%

The majority that the Democrats hold in both chambers is incredibly vulnerable. For those 18 and above, make sure to register to vote and show up to the polls on November 8, so you can have a voice in who represents you. Make sure to check your state's voting guidelines as well. For those 16-17, you can pre-register to vote for when you turn 18. In addition, for those too young to vote, continue staying as politically involved as you can through watching the polls and encouraging those who can vote to do so. The partisan future of Congress is in the hands

THE ORANGE

White Plains High School

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Recent Supreme Court Cases Explained

By: Nadav Wigodsky

this election.

Earlier this month, the Supreme Court began a new term. The term welcomes Justice Ketanji Jackson to the court as well as the public, who can hear arguments in person for the first time in two years. The previous term controversially overturned Roe V Wade and restricted the EPA's authority to regulate emissions. The new term will hear its own set of controversial cases. These are some of the major cases on the docket this season.

Voting Rights and Election Procedures

Case: Merrill v. Milligan

In 2021, the state of Alabama created a redistricting plan of its nine house seats based on 2020 census data. The plan packed the majority of Black residents into a single district, thereby limiting their voting power. This was challenged as discriminatory by civil rights organizations as a violation of the Voting Rights Act, which prohibits discriminatory voting practices and protects. The outcome of this case will have a major impact on voting rights and could further limit the power of the Voting Rights Act.

Affirmative Action in College Admissions

Cases: Students for Fair Admissions Inc. v. University of North Carolina and Students for Fair Admissions Inc. v. President & Fellows of Harvard College

These cases challenge the constitutionality of affirmative action in college admissions. Affirmative action allows universities to consider race in their admissions process to promote campus diversity. The cases allege that the universities' affirmative action policies discriminate against Asian Americans in favor of other racial groups. This case's outcome could cause a major shift in the college admissions process.

Environmental Regulations

Case: Sackett v. Environmental Protection

This case concerns the authority of the Environmental Protection Agency (EPA) to regulate wetlands under the Clean Water Act, which protects waterways from pollution. The court's ruling will clarify which wetlands are considered "waters of the United States," and are therefore subject to federal regulation. The outcome will have an impact on the government's ability to control water pollution.

The Orange presents the

Adorable Pet Contest



Send us a picture of your pet, along with your name, your pet's name, and a sentence or two that tells us why your pet should be named the

Most Adorable Pet of 2022.

Please send pic and information to

Theorangewphs@gmail.com

Entries must be received by December 1st

ALL STUDENTS AND STAFF ARE ENCOURAGED TO PARTICIPATE!

Student Emiliano Juarez Proves That You Can Never Be Too Young to Make a Difference

By Eva Mandelbaum



Emiliano (far left) attributes his success to his parents and family.

At 16, WPHS junior Emiliano Juarez has done more advocacy work than most people do in their entire lifetime. He's a normal high school teen: he participates in many clubs, plays in the school's Mariachi Band, and loves hanging out with his friends. But in addition to all of this, he is working tirelessly to enact true change at a national level.

Emiliano's advocacy path all began when his mom signed him up for a program about youth advocacy and social justice called the Westchester County Youth Councils (WCYC) before 6th grade, in 2017. "Not knowing what those terms meant, I did not think that it would be the best fit for me, however, the decision to attend the first meeting paved the way for me to make lasting and impactful change within my community," he said. From discussing societal issues including food insecurity with local politicians and state legislatures, the WCYC has given him "leadership, public speaking skills, and the ability to advocate for [himself]."

In November 2021, a few years after joining the WCYC, Emiliano applied to participate in a Youth Collaboratory through Citizen University, a Seattle-based organization dedicated to building a culture of powerful, responsible citizenship across the country. He was accepted as one of 21 students from around the United States to participate in this program, which has given him the opportunity to meet with other powerful leaders to discuss and enact true change at both a local and national level.

"The Youth Collaboratory has impacted me in ways that I cannot even describe," he said. "This year-long experience has truly changed the trajectory of where I am heading, and how I will bring my life-experience into college and the workforce. As I opened my acceptance letter into the Youth Collaboratory on Friday, December 17th, 2021, in my last period class, I was ecstatic. I was so happy that day, and I knew that I would take full advantage of the opportunities that lay ahead for me, however, I would not know that I would have come this far in just one single year. I mention the day I was accepted because it truly made me feel different than anything I had ever experienced before; these people accepted me because I have the potential to do positive things in my life. They gave me the resources and the tools to make that hap-

Emiliano also became involved in the National Civic Collaboratory (also through Citizen University), a group of civic catalysts from around the country working to make a difference in the communities they serve and to, ultimately, build democracy. As a result of this program, he was afforded the opportunity to implement a 'power project' within his own community. Partnering with the WCYC and the White Plains Public Library, Emiliano gathered students from across Westchester County to discuss, learn about, and develop a community service project regarding gun violence around the country.

The group met with the policy team at Sandy Hook Promise to learn about ways to educate their own community about gun violence. They also met with Sari Kaufman, a Parkland school survivor, founder of the MyVote Project, and co-organizer of the March for Our Lives Movement. "She gave

us important insight to how gun violence has impacted the people around her and how bipartisan support is essential in re

forming today's gun laws for curbing the gun violence crisis. Through earlier efforts with the WCYC and speaking with local elected officials for program funding, we were able to secure \$10,000 for youth engagement projects, and \$20,000 for anti-violence projects in Westchester County," he explained.

This past July, Emiliano received the opportunity to speak at a Youth Advisory Council for the Reagan Institute Summit on Education in Washington, D.C. as a student panel member. Student speakers gave insight and feedback as youth representatives about the current state of education around the country and in their communities to an audience of adult leaders. During the summit, Emiliano shared his insightful thoughts and opinions on a variety of topics ranging from the impacts of COVID and student mental health to his definition of success.

The summit gave him the opportunity to use his voice to make a true difference. "I'm very glad that I was able to represent first-generation voices on the stage that day as a Hispanic American of Mexican descent. I learned a lot from the panels that day, and I'm so glad I was able to speak in front of such important people who heard my voice and opinion," he shared.

Emiliano partially attributes his success to his parents and family, his biggest inspiration. "As busy as they are, they manage to find time to keep up with everything that I do and are the biggest supporters in my life. Through the hardships they endured as Mexican immigrants, they endured adapting to a new environment and speaking a new language. It is my turn to give back, and to ultimately make them proud. They truly are my biggest inspiration," he said.

In addition to his support system, Emiliano shared that the local and school communities have guided him on his advocacy journey. From the connections he's made through the WCYC to the high school's diversity in clubs, he believes that "Simply being involved with one small community gathering can one day spark your interest in other hobbies you may not have known you had."

As advice to his fellow students and other young change-makers and advocates, he emphasized that it's imperative to "Get involved with your local youth council, or diversity and equity committees at school. Get out there. Get your name out there. Show demonstrated interest in an advocacy group through writing an email to that advisor/adult. Once you start attending these meetings/groups, you will learn more about not only yourself, but what you may be interested in."

If we learn anything from this inspiring high schooler, it's to advocate for yourself and your rights. Start at a local level and see where that leads you. Just reach out.

Reach out to leaders in your life, or even reach out to Emiliano himself (his email is emilianojuarez090906@yahoo.com, and he is happy to answer any questions).

WPHS Unveils New Freshman Seminar for the Class of 2026

By Brandon Archer and Maddie Steptoe

As upperclassmen may know, there have been many recent changes to White Plains High School. One of the more notable changes is to the schedule on Tuesdays.

For the first time, White Plains High School has something called "Freshman Seminar." As Freshmen, we can tell you how our first seminar went and why it now exists.

Seminars exist for Freshmen to build better bonds with peers and school counselors on their team (Tigers or Dubset). We are both on Dubset. Each group meets every other Tuesday with their house administrators and counselors. The first seminar was during second period. Next seminar, the Tigers will have it during third period, and the timing of seminar will continue to change throughout the year. Over the past two weeks, students did a "Kahoot!" game about the core rules of the school and Principal Martinez, and the top three students won a prize. Afterward, we looked at a presentation of the administration, counselors, and who's in which house.

We've both experienced Freshmen seminar and have different opinions on it. Here are Madison's thoughts:

"I thought it was important for the first day to get to know the staff and to test our knowledge with a fun game. For the first time being on team Dubset, I thought it wasn't so bad. But in my opinion, it can use a couple of changes." "First, the schedule for Tuesday's Seminar. On the days of Seminar, there is a different schedule with different bells. Also, seminar is during a different period every week, which can get confusing from time to time. It can also be puzzling for upperclassmen who aren't in Seminar. The different schedule shortens up the periods by a few minutes which leaves about 20 minutes for the presentation. The shortened class times can get really mixed up and sometimes you don't know when the period ends and when to pack up if you don't have the schedule. Besides these two flaws, I think that Seminar is a nice new addition to the Freshmen in the future."

Brandon had a different viewpoint about the seminar:

"I believe that Freshman Seminar was a good idea. I believe this for two reasons. I thought it was important that everyone in the building got to know the adults they will be talking to for the next four years at White Plains High School. I also thought it was a good idea because I got to see and talk to some friends that are not in any of my classes this year."

Upperclassmen have not really weighed in on the advantages of having extra time for classes that run during the Freshman Seminar periods. Senior Alex Salonich did point out that he really enjoys when seminar falls during first period.

"Extra sleep is always welcome," proclaimed Alex with a big smile.



Dr. Maguire, Mr. Russo, and Ms. Murrell speak to freshman students during the first seminar day.

Customized School Supplies Help Level the Playing Field for the Vision Impaired

By Nuala Stanghellini

Your calculator may not look that interesting, but did you know that some calculators can talk to you and have Braille on them? Perhaps you didn't know that there are reference tables out there that have large font and colored diagrams. Maybe you didn't realize that large print worksheets and textbooks were available. Well, as much as your brain may implode from these revelations, it's true! The tools mentioned above exist, and many more accessible things do as well. While I do not speak for the vision impairment community, these aspects provide helpful options for this community.

Oh science class: the bane of many people's existences. It's tough, and the reference tables are chock full of hieroglyphs on atoms and rocks. The graphs are difficult for many to read, but even more so for someone with low vision. This is where our first superb modification comes into play! The science reference tables can be gorgeously color coded for someone who needs higher contrast, and the font can be made larger for someone in need of bigger font. The periodic table can also have Braille thanks to the American Printing House (APH). It ends up looking a bit like an art collage to outside viewers, but for the person looking for the information, it is a huge life saver, especially during Regents exams.

On the subject of STEM, we all know the constant clicking of calculator buttons, and the infinite scrolling through the stat tables, and staring at those pixelated lines. Focusing on these small lines can be quite a difficult task for some, and it's sometimes helpful to have a talking calculator. The APH

also makes calculators that by plugging in headphones, reads aloud everything you input. Hook up a pair of headphones or earbuds, and your math test involves sight and sound. It may also help to turn the brightness down a little bit on a TI – 84 plus graphing calculator. Hitting the second button, followed by the down or up arrow, will lower and raise the brightness to your standards. Gone are the days of blasting yourself in the face with calculator light while you find the slope of a line at three AM!

Finally, when all else fails, it's best to turn to our friends: the magnifiers! Whether big or small, video magnifiers are quite useful. These video magnifiers usually have a camera pointing at a tray in front of the magnifier. Then, the camera will register whatever is placed under it, and the image will be projected on a screen. Many magnifiers enable users to zoom in or out on the picture, or change the contrast to other settings like white or yellow text on a black background, yellow text on a blue background, or green text and black background! Some of these magnifiers are smaller, and the camera is part of the magnifier itself. These smaller magnifiers are handheld magnifiers that slide across text or can be held up to view an object! So amazing right?

Big or small, low tech or high tech, all of these tools help the vision impairment community thrive at school. Hopefully, this article provided you with a brief introduction to the many ways the vision impairment community navigates their life and schoolwork

The Try Guys Controversy Fully Explained ger thread on the subject with the Reddit post included, as well as additional eviand Ned have both unfollowed each other, members a members a members and Ned have both unfollowed each other, members a members and Ned have both unfollowed each other, members a members and Ned have both unfollowed each other, members and Ned have both unfollowed each other.



Disgraced Try Guy Ned Fuller

The Try Guys, an iconic quartet whose popularity stems from their commitment to "trying" things and documenting it on their YouTube channel for millions of their fans to see, recently announced its decision to no longer work with one of the original four founding members, Ned Fulmer, amidst controversy in the workplace. The controversy stems from Fulmer cheating on his wife, Ariel, with a video documenting his infidelity going viral on the internet. The news came as a shock to fans of the group, as Ned's entire brand image comes from his alleged commitment to being a "family man" who loves his wife and children dearly.

"As a result of a thorough internal review, we do not see a path forward together. We thank you for your support as we navigate this change," read the post on the Official Try Guys Group Instagram, dated September 27th, 2022. Other Try Guys social media accounts also changed their profile pictures from a group shot of all four members to that of the Try Guys Company Logo.

But how and when did the news come out? And what correlation does it have to Fulmer's professional life and work with the Try Guys?

The Reddit Post

On September 26th, 2022, screenshots reemerged from Reddit user @hamilton390, who had posted them earlier in the month before deleting them, claiming that Ned Fulmer had done "something bad," and when asked for proof, provided video evidence of Ned and a coworker, Alexandria Herring, kissing and touching each other at a club. This evidence by itself may not have been enough to incriminate Fulmer, but another user also came forward around this time to state that they'd seen both Herring and Fulmer at a concert earlier in that same

Twitter user @camitwomeyy posted a lon-

dence and speculation that cast doubt on what was going on behind the scenes. ' So this all started when fans began noticing that Ned has not been present in some of the recent Try Guys projects. Ned does not appear in the past three videos or intros. He also was not in the past three podcast episodes," the thread starts by saying. Accompanying this tweet is a screenshot of the Try Guys YouTube channel, which shows the thumbnails of their recent videos with Ned noticeably absent from all of them. "Typically, the guys have an intro to their vids where all four guys appear but, in recent videos, this has been replaced. Only Eugene, Zach, and Keith appear in the new tracksuit ads at the beginning of the videos. Despite Ned attending the pho-

The full thread details further evidence of Ned's absence from the Try Guys recent content and ends by saying that the Reddit user from before (@hamilton390) has already talked to Ned's wife, Ariel, about the evidence of Ned cheating. @hamilton390 also claims to be Alexandria Herring's fiancé, Will Thayer, who has made his Instagram account private and unfollowed his now ex-fiancée.

An even more extensive list of evidence was posted by @nedfulmerexpose on September 27th. This list adds that Ariel was ..not in the last two episodes of 'You Can Sit With Us' (a podcast run by the Try Guys' wives)..." and that "...Ned and Alex did not appear in 'Keith Eats Everything at a Vegas Buffet'" video.

Though the Reddit post has now been deleted, the damage has been done. Besides the official statement from the Try Guys, both Ned and Ariel took to social media to

"Family should have always been my priority, but I lost focus and had a consensual workplace relationship. I'm sorry for any pain that my actions may have caused to the guys and the fans but most of all to Ariel. The only thing that matters right now is my marriage and my children, and that's where I am going to focus my attention," wrote Ned, thus dispelling any doubts as to whether or not the affair actually happened. In the post, both the Try Guys and Ariel were tagged.

"Nothing is more important to me and Ned than our family, and all we request right now is that you respect our privacy for the sake of our kids," Ariel posted on her own socials. The couple has two young children together: Wesley, born in 2018, and Finn, born in 2020.

Alexandria Herring herself, the coworker who was caught with Ned in the now infamous video circulating the internet, has not however, and comments on her Instagram posts have now been limited.

Will Thayer, meanwhile, was featured in a friend's Instagram post from September 25th, 2022 (a day before the Reddit post by @hamilton390) drinking champagne at a grill in Hollywood. The caption under the photo read, "Ma bois (sic) back in town. If ya know you know." Supposedly, it's meant to be a reference to Thayer's separation from Herring.

While Thayer and Herring may be done for good, Ned and Ariel were seen together on Šeptember 28th, 2022, both still wearing their wedding rings despite Ariel removing the title of "wife" from her bio. While Ariel was not looking at the camera, Ned was smiling when the photo was taken. He has also not removed the title of "...@ arielfulmer's husband" from his own social media bio.

"I'm A Wife Guy"

As despicable as Ned's cheating may be, many were confused by the Try Ğuys decision to no longer work with him. After all, what does someone's personal life have to do with the work they produce for a public platform? As it turns out, everything. At least, that is the case for Ned.

A "wife guy" is defined by Wikipedia to be ...a man whose fame is owed to the content he posts about his wife. The term has been applied more broadly to men who use their wife to upgrade their social standing or public persona." This definition is perhaps a bit too forgiving and normal to truly encompass what this relatively new phenomenon is. A more accurate definition, stated by an article in The New York Times, is that a wife guy is someone "...(who) is sexually attracted to his wife, and he talks about it as if he were some kind of hero... he married a woman, and now that is his personality.

Is Ned a wife guy, then? By this definition, technically, yes, he is. Besides his work with the Try Guys, Ned has also used his wife and children for social media posts, such as one from August 12th, 2022, which shows Ned and his wife posing in front of a giant heart with the caption, "Feeling grateful that I get to spend this special time with all my loves." Another now poorly-aged post shows Ned and Ariel embracing, with a longer caption thanking Ariel for all her support, as well as promotion for a movie documenting the Try Guys journey. Ned and Ariel also run a parenting podcast to-

Of course, with Ned's cheating now coming to light, this image of Ned being a devoted husband and father is effectively shattered. As it turns out, this is fatal for the brand image; the Try Guys have traditionally always been a wholesome, feel-good

"Victoria's Secret" by Jax. This song is all

over YouTube and TikTok. When you listen

to the lyrics, you'll realize that it's a pow-

erful song. It promotes the importance of

loving yourself and your body. Whatever

your hair type, skin color, or body type may

be, you are unique and beautiful no matter

what. People tend to try to be like everyone

type of group. Three of the four group members are married, and their wives reg-ularly make appearances on their channel. Combine that with the complication that is Alexandria Herring and her own close work with the group, and it's a perfect recipe for resentment and future disaster further down the line.

From a business point of view, it makes perfect sense for the Try Guys to cut Ned out. Of course, there's the added consideration of the Try Guys having known Ariel for such a long time (close to 10 years), possibly getting to be equally close to her as they have to Ned. With that in mind, from a human decency point of view, it's likely for the better that Ned is no longer with the group where he first met his future affair

What Now?

With Ned being cut from the group, the quartet has now become a trio. Some users have joked that this makes perfect logical sense, as the word "Try" from the name "Try Guys" could also double as "tri" to mean "three" for the members that are left. Others have also noted that it could be an opening for a position to hire another person to fill in the role that Fulmer has left behind, though Sam Gutelle from TubeFilter says that "...Yang, Habersberger, and Kornfeld are perfectly capable of trying things themselves."

In any case, the Internet is still shocked, angry, and struggling to process that this has even happened in the first place. Many people have grown up watching the Try Guys content and feel as if they know the group members on a personal level, making it difficult to fathom that one of them could do something like this. It also goes to show that appearances can be deceiving, especially on social media. An image someone portrays to the world through photos and videos is not necessarily the reality that goes on behind the scenes.

"The husband everyone needs," @naomi_ fernandes07 commented on a post from Ned's Instagram six weeks before the news of the affair was made public. "This comment didn't age well," @floramantis89 replied, followed by a crying emoji.

Movie Review: "The Invitation"

By Danielle Mitchell

If you've been looking for a thrilling horror movie, look no further. "The Invitation," a gory movie that you won't want to miss, was released on August 26th, 2022. It was directed by Jessica M. Thompson, who also directed "The Handmaid's Tale."

"The Invitation" opens with a woman locked in a room and being encouraged to eat. She manages to escape. Just before jumping to her death, she vows that, "This ends here, with me."

Then we meet Evelyn ("Game of Thrones" actress Natalie Emmanuel), the protagonist. We learn that Evelyn does not have any other family members alive except for her mother. Early on, her mother passes away. Later in the movie, she takes a DNA test to see if any of her other family members are still alive. The results find a longlost cousin (Oliver) who wants to meet up with her. He wants her to meet her family in England. "Everyone is dving to meet you," he says. Oliver is played by "Star Wars'"Hugh Skinner. He tells Evelyn there will be a wedding soon in London and convinces her to come.

After meeting the man who owns the mansion, the charming Walter Deville (played by Thomas Doherty, also in "Descendants") realizes that they have much in common. Evelyn forms a strong connection with Walter very quickly.

Her fantasy romance turns out to be her worst nightmare after she begins to realize that things are not what they seem. She says, "I want to go home" to which Walter replies, "This is your home."

Filled with thunder, lightning, horror, and eerie suspense, this is the movie to watch this Halloween. Get some popcorn, soda, candy, and a friend and enjoy this terrify-

Opinion: The Best Songs of 2022

By Maddie Steptoe

This year, many songs were released that have become big hits. From artists who haven't had a hit in a while to artists who are new to the industry, these are some of the songs that I have chosen as some of my alltime favorites. These songs should definitely be on everyone's playlist.

"About Damn Time" by Lizzo is a popular song that has a clear meaning, which is to love yourself and to not worry about what other people think or say about you. "Turn up the music, turn down the lights, I gotta feeling I'm gonna be alright." This shows that she wants to have fun and be herself with no one watching.

"As It Was " by Harry Styles is a tune that everyone knows the lyrics to is a really pretty and deep song. "You know it's not the same as it was," means that after two years of the world's instability due to the pandemic, things aren't as they were before. This song can also relate to situations that do not have to do with the pandemic. This song is ageless and timeless.

"Sunroof" by Nicky Youre & Dazy is one of my personal favorite summer songs. It's a catchy and upbeat song that can be listened to anytime, anywhere. It's a song made for all ages during the summertime. On long drives, blasting this song is so much fun and I highly recommend putting this on your

else, but you should be yourself and not like anyone else. "Fancy Like" by Walker Hayes is another one of my favorites. It's another summer song. For some of you, it may make you crave Applebees because it refers to it in the song. It's a mix of a country and a pop song.

Although Hayes is a country singer, "Fancy Like" is a pop song. Either way, it's a song that everyone should listen to at some point understanding that she feels defeated and fragmented. The book provides a fantastic

Review: "The Way I Used to Be" by Amber Smith By Alisha Ahmed with the people who she thought she could

"The Way I Used to Be" by Amber Smith is a heartbreaking book that chronicles the high school years of a girl named Eden, who must conceal a truth about herself that has torn her apart and altered the course of her entire life. Up until the night when her brother's best friend raped her, Eden had always been a girl who followed the rules. She was an angel child. After the traumatizing event, Eden has to overcome her personal struggles, deal

trust and find her way into surviving and trudging through high school.

Reading the book was an eye-opener and provided insight into how everyone reacts differently to devastating events. Eden appears to be an outgoing, carefree girl, but on the inside, she is struggling mentally. In her high school years, Eden has to deal with her friends betraying her, gossip being circulated about her, and her family not

illustration of how we usually interact and socialize with people who seem to be content and "normal," but are dealing with their battles individually. "The Way I Used To Be" is a novel every-

one should read because it teaches us to understand human beings who live with trauma. Smith crafts a book that keeps you riveted while you are reading, and by the end, you will feel as if you have been with Eden all along.











Pep Rally and Homecoming











CLUBS AND ORGANIZATIONS

Clubs Draw Many New Members at Informational Fair

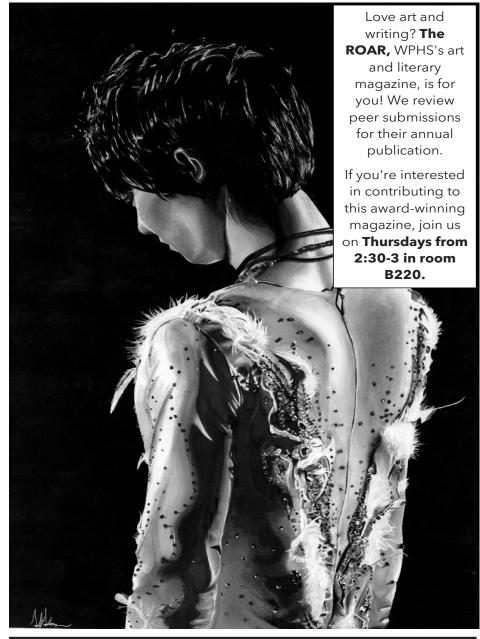
By Alisha Ahmed

Starting this year, on the last Thursday of every month, a new schedule will be put in effect with "Tiger Community Time" being held between third and fourth period. During this time, students can ask teachers for help with their schoolwork, socialize with friends, and attend the events that are being hosted by clubs. In September, the club fair was held during that time, and all of the school clubs had a showcase by the auditorium and the gym circle. Students had the opportunity to browse the tables at the club fair, learn more about the groups, and discover how to get involved. This was a great experience for all WPHS students to see what the school offers and how they can become involved with extracurriculars that align with their interests.

Although the club fair provided a great opportunity for students to join organizations and get involved at school, there were differing views on how it should be managed. The club fair looked to be a popular choice among students as a means to learn more about Tigertivities, but many students believed it could have been executed more effectively.

One eleventh grader said, "There were a lot of clubs which gave me many opportunities to try new things, but it was too crowded." Another eleventh grader stated, "I think the club fair was a great way to get a sense of the WPHS community and all of the opportunities the high school has to offer especially for freshmen, but it was a little chaotic since so many students crowded one space. I think if the next Tiger activity [day] is outside, it can be even more enjoyable for the WPHS community!" A freshman student added, "It was an easy way to join clubs, but the atmosphere was congested." The majority of students believed the club fair was a fine event, but that it was too crowded and difficult to navigate to all the tables.

Regardless of the club fair's setting, it was a success overall, as many clubs were able to present to their classmates. Additionally, students were able to explore all of the activities that our high school offers and were able to discover how they can become associated with the clubs that piqued their interest.



Theater Unlimited

By Olivia Perretto

Theatre Unlimited has struck again, ready to perform their rendition of William Shakespeare's "Much Ado About Nothing" after lots of hard work by the cast and crew. Come see them tell a centuries old story about love, comedy, misunderstanding, and character in the Little Theater Friday October 21st and Saturday the 22nd. Tickets will be sold at the door at a cost of five dollars for students and ten dollars for others. The cast and crew is made up of our very own WPHS students who have spent the last month perfecting their character and building this show from the ground up.

Theatre Unlimited is run by and for theatre enthusiasts with the goal of sharing the joy of theatre. It provides students with an interest in the performing arts the space to learn and grow no matter their previous experience. Every Friday after school, Theatre Unlimited meets in the Little Theater, speaking and team building skills. Stay plays classic theatre games like Zip Zap tuned for upcoming auditions to the win-Zop and Park Bench, shares acting, dancing, singing, and directing opportunities We hope to see you there. and, thanks to the hard work of the club of-

ficers, plans trips to see performances live. On October 15th Theatre Unlimited enjoyed a phenomenal trip to see 'The Prom' at our very own White Plains Performing Arts Center and had the opportunity to stay after the show to talk and ask questions of the cast/crew.

Theatre Unlimited also organizes several live performances students can participate in every year. There is a play every quarter of the school year, and one grand blowout musical. Last year's performance of "Little Shop of Horrors" was a town-wide success; the student populated cast, band, and crew stole the hearts of the audience with their show after months of rehearsal.

Come join us every Friday in the Little Theater for a fun opportunity to explore the performing arts. No experience necessary! Theatre Unlimited allows students to get involved in their community and learn essential theatre skills, as well as public ter play and spring musical this November!

Club ETL: Come Eat, Talk, and Learn

By Gaby Maldonado

This year, the WPHS club that was formerly known as Peer Impact is making a bigger mark by becoming Club ETL (Eat, Talk, Learn). With over 30 people attending the first meeting this past Tuesday, ETL had a successful turnout. During the first meeting, students participated in an icebreaker about personal characteristics after enjoying a tasty slice of pizza. People identified terms like humanity, wisdom, courage, justice, temperance, and transcendence while working and communicating with one an-

ETL is all about creating a space where people can make a more aware and engaging community. In the past, students have participated in discussions on topics like safe sex, personal values/self-esteem, pregnancy prevention, and more.

Now, ETL is working on fun and engaging holiday events and drives including a fundraiser that will be advocating for patients with Type 1 Diabetes. Students will also have the opportunity to participate in leadership positions by pitching their own project ideas to Ms. Manber, the club advisor, or the club officers.

Additionally, students can receive community service hours and deepen connections with others. There will also be plenty of snacks to enjoy during the meetings! ETL meets every Tuesday in Room E215 and to be a part of this exciting club, be sure to follow the Instagram @wphs_fun.etl and most importantly, join the Group Me with the link below to get alerts about upcoming projects and meetings. groupme.com/ join_group/89819063/8IY09Z3U



SCI-FI Club Has an Exciting Year Planned

By Andi El Saieh

For over a decade, the WPHS Sci-Fi club has been a space for students to come together and celebrate their favorite fandoms. Through movie-fundraisers and popcorn sales, the club has gone on field trips including the musical "Be More Chill" on Broadway, escape rooms, planetarium shows, amusement parks, planetarium shows, and the Palisades Mall. The Sci-Fi Club has also held many school events including a video game truck, after school movies, and holiday activities.

The Sci-Fi club has started 2022 strong. Instead of just meeting once a week, meetings this year are happening every Tuesday and Thursday in room B-121 after school to allow more students to be involved. Plans for our club this year include monthly fundraisers and two Smash Bro Tournaments in November and March.

Additionally, every Tiger Community Day our club will have B-121 as a "Movie and Chill" room open to all students.

Every month, we have a theme which our club activities revolve around:

- October: Monster/Horror month
- November: Mystery month
- December: Sci-fi throughout the years
- January: Heroes and Villains
- February: Fantasy
- March: Gaming
- April: Anime and Manga
- May: Cartoons and Comics



Key Club

By Alicia Garcia

The Key Club is partnering with the WP community to provide food for families in need for their "Thanksgiving in a Box" food drive. You can support their efforts in one of the following ways:

- Assemble and donate a box of food for a family of 6-8 people
- Donate non-perishable items such as large bags of rice, canned vegetables, boxed stuffing mix, boxed instant potatoes, cake mix, pasta, jarred tomato sauce, cookies, or juice.
- Donate a \$20 Stop and Shop or Shoprite gift card.



Items can be dropped off at the main office or in Room G103 any time before Novem-

If you have any questions about this food drive, please contact our advisor, Ms. Woodward. <u>lindawoodward@wpcsd.k12.</u>

CLUBS AND ORGANIZATIONS

Class of 2023









Class of 2025

By Emily Portillo

The Class of 2025 Student organization has entered this school year with lots of new goals to raise money for our class. We have begun with our first fundraiser: selling pretzels at the staff faculty meeting in collaboration with the class of 2024.

Members of the class also participated in the Making Strides walk at Manhattanville College on October 16th to raise awareness and money for breast cancer research. We walked two miles to show our support and to help build awareness about breast cancer and to give back to our community. We would like to thank our new members who joined us.

Our goal is to continue to raise money and get more people involved in student government. For people who are interested in taking a more active role in The Class of 2025 student government, come to our meetings on Thursdays in C-126 after school

Class of 2026

By Maeve Pochat and Mary Grace Ryan

The Class of 2026 is the new freshman class that consists of 12 co-officers. The Co-Presidents for the new class are Alejandro Reluzco and Eliana Lieber and the Co-Vice Presidents are Kimberly Tandazo and Dania Tandazo. The Co-Treasurers are Sophie Mercer and Maeve Pochat and the Co-Secretaries are Nate Bartlett and Asher Nerenberg. The GO Representatives are Miles Ingram and Michael Mark and the Social Media Representatives are Leeana Hall-Willis and Layla Vergaray.

Our class is advised by Ms. Marchetti and Coach Gil. Although all officer positions are taken, there are still plenty of ways to get involved. We are starting by doing the Halloween Trunk-or-Treat for WPHS seniors. We are hoping to get merchandise for our class and fundraise for our future years at White Plains High School. We meet in room B216 every Tuesday from 2:35 to 3:00. We hope to see you there!

Class of 2024



By Leah Dennis

As the new school year is already flying by, the Class of 2024 officers are excited to get things going! The junior class elected their officers last month, and the results are Eva Mandelbaum as President, Elizabeth Quinones and Salma Cannone as Co-vice Presidents, Emiliano Juarez as GO Representative, Leah Dennis as Secretary, and Amber Lau as Treasurer.

Keep in mind that even if you are not an officer, there are still many ways to get involved! To get updates on Remind, students can join with the code @wphs2024. A number of students stopped by at the club fair stand, to buy "DUBSET" bracelets and temporary paw print tattoos, as well as to sign up for a student government committee. These include the fundraising committee, which will work on merchandise and bracelet sales, the junior prom committee, and the coffee committee to prepare and deliver orders for teachers.

Looking ahead, there will be events like the Double Good popcorn fundraiser this November. More information will be out soon.

Some things to be excited about later this year for the junior class are the Powder Puff football game (juniors vs. seniors) and the Junior Prom. Make sure to stay updated by joining the Remind and keeping an eye out for class updates on The Orange website!

Latino Coalition

By Daniel Reynoso and Nayaris Lasso

The Latino Coalition Club is comprised of multilingual students and staff who focus on giving back to the community in any small way that we can. We are very excited about the start of our club meetings and our work for this school year. We would love to have new members that will help us achieve our goals for this next year.

As a member of our club, you will have community service opportunities and will be able to help newly arrived students from Latin America adapt to their new environ-

Some of the projects that we did last year were:

- Assembled backpacks with school supplies for newly registered White Plains students
- Fundraised by hosting a Gingerbread House competition
- Collected and donated diapers to families in need
- Volunteered at El Centro Hispano food distributions
- Helped new students on their first day of school

If you would like to know more about our club and what else we have done, please don't hesitate to speak with any of the representatives of the club. We would love to help you in any way we can. To join the Latino Coalition Club please enter @latinocoa on Remind. Our meetings start at 2:45 PM in room A216. Our next meetings are on the following dates: October 26th, November 9th and 22nd.

Mariachi Band

By: Emiliano Juarez

Mariachi Juvenil Los Tigres, a group of talented musicians promoting a fun, engaging, and inviting experience to partake in learning the beautiful musical style of Mariachi, is looking forward to a great school year.

Recently, the Mariachi Juvenil Los Tigres received our own mariachi trajes de charro, a type of Mexican clothing that accompanies many mariachis around the world. In October, we performed at White Plains Hospital and Church Street Elementary School in celebration of Hispanic Heritage Month. We also received a visit from Mariachi Solmixteco and the founder of the WPHS Mariachi. We played mariachi classics like Cieltio Lindo, Des Colores, and Son De La Negra. We have many plans for this school year, including raising money for mariachi trajes, trips, and new instruments for students to play. We also hope to play for many more local events in celebration of traditional Mexican holidays such as Dia De Los Muertos, and Dia De Los Tres Reyes Magos

We hope to expand our presence online via social media including on Instagram and TikTok, and we hope to host a mole competition for local businesses next year. We are very excited for this academic school year, and we can't wait to inform you about all of our success at the end of the year!

Introducing our officers: Emiliano Juarez & Pamela Guevara (Co-Presidents), Nashaly Dove & Angel Bahamon (Co-Vice Presidents), Guadalupe Ibañez & Benny Rosas (Co-Secretaries), Matthew Salinger & Lucas Rhode (Co-Treasurers), Jhenny Vicente (Traje Manager).

All are welcome to join Mariachi, regardless of experience! We have students playing a wide range of instruments including violins, flutes, trumpets, guitarron (bass), vihuelas, guitars, and vocals (singers).

Join us in D110 every Tuesday after school, from 2:45-3:45 PM, and follow us on Instagram @wphsmariachi!

French Club

By Olivia Perretto

Salut WPHS! The French club is excited about its upcoming Broadway trip to see "Phantom of the Opera." The club will enjoy this classic French musical live, ending the night with the holiday tradition of watching the Christmas tree lighting.

The French club at WPHS explores the Francophone world, its culture, traditions, and language. Every Monday after school in A218 with late busses available, the French club meets and participates in a variety of activities inspired by French culture, such as playing traditional French board and card games, listening to French music, making and selling French food, watching French media, and learning about French history. Since COVID-19 restrictions started to relax midway through last year, the French club was able to raise funds at multiple school events selling hand-made bracelets, create holiday cards for people in nursing homes, volunteer at Ridgeway elementary school's arts and crafts event, and go to NYC to see 'Aladdin' on Broadway.

The French club's first meeting was October 3rd this year, complete with its famous croissants and a variety of icebreakers and bonding activities. After several productive meetings and a successful election, the members thought creatively about a full year of publicizing Francophone culture in White Plains High School. Things in store include touring a Francophone bakery, movie days, fashion icons, and DIY French food recipes. The French club offers numerous opportunities for students to get involved in their community, be a good influence to younger students, and participate in fun team-building activities that create an accepting environment for students year after year. Participation in the club also offers the opportunity to obtain leadership and public speaking skills and to perform community service.

Come join us October 27th in the College and Career Center as our French club presents a treat for the holidays. Prizes are available! Merci beaucoup et bonne journée!

WPHS Welcomes Two New House Administraors

From Page One

Q: What do you enjoy outside of school?

A: I love to play soccer. I also coached soccer for many, many years so I love to participate in those kinds of activities inside

and outside of work. I love to travel a lot. I've been fortunate enough with work and personal life to travel all around the world, so I've been to China and Costa Rica and all over Europe [and] South America. I've been doing a lot of that and traveling with students. That has been a lot of fun so I try to continue to travel as much as I can.

Q: Where's your favorite place to travel?

A: My favorite city is London. I just love London. I've also been Italy a few times. I love Florence and Rome and Venice as

Q: What were your favorite things in high school?

A: When I was in high school, I was a soccer player, and I was also a member of the jazz band and so I play the saxophone (mostly alto and tenor). My favorite subject in school was history which got me to become a history teacher.

Q: What's your favorite part of your job so far?

Connecting with students. Every single day you're connecting with new and different students you either haven't met yet or you made a connection with and trying to

support them through their day and their academics and all parts of their school life so that's the best part of the job.

Q: What are you looking forward to for the 2022-2023 school year?

A: Really just getting to know everybody, navigate the school, learn about as many activities and programs as I can and really just connect with as many students and faculty and families as I possibly can this school year.

Q: How can students reach you?

My door [is] always open. If students ever want to swing by, this is the new East House office, a lot of people don't know it exists yet and are just finding it, so meandering their way down here even just to say hello, I love, but I'm always out and about all over the building looking for students, connecting with students, making sure

people are in the right place where they need to be, so yeah door is always open. So either personal visit, or email, anytime.

Q: Any other thoughts to share with students?

A: Just that this is their high school. This is their school. They get to make their high school journey what they want to make it, and I think that White Plains High School offers so many different opportunities, activities, programs, even just the courses that they offer. The fact that you can take American Sign Language as a foreign language, those kinds of things. So, my advice to students is just to really [make the most of] their high school opportunities because this place offers so much.



Girls' Varsity Tennis Celebrates a Successful Season

By Amber Lau

WPHS's Girls Varsity Tennis Team had an awesome season! Led by Coach Tock and Co-Captains Ryan Krouskoff and Natasha Rappa, the team held a record of 14-1 and remained undefeated in their league. Not only were they League Champions, but they ended as the 3rd seed in their section. Due to their outstanding record, the team received a bye for the first round of sectionals and went straight to the Quarterfinals. Although the team was defeated by Nyack with an overall score of 3-4, they certainly didn't go down without a fight. They were only one individual match away from moving forward to the semifinals.

Looking back to a week prior to the team sectionals match, 5 girls were selected to participate in the individual tournament. Singles players Ryan Krouskoff, Natasha Rappa, and Malisa Trueblood, along with doubles team Delphine and Elloise Larosiliere all played in the first round of the individual tournament, with Ryan Krouskoff and the Larosiliere twins advancing to the next round.

All in all, this season has been quite memorable. The entire team has grown so much closer and has created such amazing bonds throughout the season on and off the courts. We already can't wait for next season!



Girls' Varsity Tennis is a Force to Be Reckoned With

By Natasha Rappa

White Plains Girls Varsity Tennis defeated their league schools (Ossining, Sleepy Hollow, Lakeland, and Walter Panas), cruising their way to the top. White Plains defeated Sleepy Hollow 6-1, and all the other opponents 7-0. The team has only lost one out of nine matches so far, with their match against Harrison breaking their undefeated streak of eight games!

They are still tough and ready to take on the rest of the matches, led by Coach Tock and captains Ryan Krouskoff (junior) and Natasha Rappa (senior). The stakes are much higher this year in terms of qualifying for sectionals, requiring more than just wins and great league standings, so the ultimate goal is to do better than last year. Since the season of Fall 2021 was pretty strong, the dedication and two hour practices are very crucial this year to reaching those seeds again.

Individual sectionals start about a week after the team tournament, so we are hoping to have some of our players qualify and represent White Plains. Our amazing doubles duo Elloise and Delphine Larosiliere (freshmen) and singles players Ryan Krouskoff and Natasha Rappa are in the running. Come out to support!

Varsity Softball Hires New Head Coach

White Plains brings in former assistant to continue softball's legendary legacy

By Peri Kahn



The 2022 varsity softball season wasn't just historic because the team made it the section finals, it was also the last season for former head coach Ted O'Donnell. Coach OD, as his players and most of White Plains knows him, was a talented softball coach who led one of New York State's best high school softball programs for over 25 years, bringing multiple teams to section finals and sending many girls to play at the college level.

Although last season marked the end of an era for White Plains softball, a new one is soon approaching with the hiring of new head coach, Chris Rowan. Coach Chris had been Coach OD's assistant coach for over 10 years and was the clear choice for Coach OD's successor. Besides working by Coach OD's side for many years, Coach Chris has years of experience in the travel softball industry, working with the Empire State Huskies and Lady Fury. On top of that, Coach Chris has his own business, CR23, where he provides hitting, fielding, and strength training to aspiring softball players. With talking to Coach Chris, he explained that this year is a crucial year for transitioning the program. With Coach OD leaving behind a significant legacy, there are obviously large shoes to fill, but Coach Chris has no doubt that he can accomplish this and more.

So, how bright is the future for White Plains softball? Hopefully with the leadership of returning players, the addition of new talent, and Coach Chris, the Tigers can finally bring home a Section 1 trophy.

Field Hockey Recap

By Saumya Sawant

The White Plains Varsity Field Hockey Team had a great start on Wednesday, August 31st, 2022 with a 7-0 win against Clarkstown North. Goals were made by Brianna Hanratty (senior), Emily Garceau (senior), Tamar Brumberg (senior), Sophia Emmert (senior), with assists by Ryleigh Falvey (senior), Alivia Alexander (senior), Sophia Emmert (senior), Courtney Austin (senior), and Stella Gould (senior). Goalie Saumya Sawant (junior) recorded a shutout with 1 save.

The Tigers' preseason started on August 22, where they were busy reviewing strategies, stick skills, as well as in-game play tactics. They hope to keep playing hard this season and bring home more Dubset wins.

Girls Varsity Swim and Dive Team Season Wrap-up

By Olivia Tuzel

As the October month comes to an end, so does the Girls Varsity Swim and Dive season; a bittersweet moment for many of the swimmers, coaches, and managers. From the sweltering days of August to now, the girls have progressed forth with masses of dedication and commitment-resulting in a fantastic season for the Tigers. For the seniors, these last couple of months stand as their final moments on the WPHS Girls Varsity Swim and Dive Team. Despite the saddening acknowledgement that this was their last swim year, they amazingly succeeded in leading the team and established a heartwarming bond that only the girls know how to describe.

At the center of it all stand our incredible coaches: Coach Gilmartin (head coach), Coach Eller, and Coach Fahey. These three individuals have continuously provided their support and encouragement. Alongside the managers, they had also been able to incorporate some fun and humor into daily swim life. It is unanimously agreed that the girls couldn't have asked for better bunch of people to be managed by.

With the final days of the season nearing, the coaches have their own response and reflections as to how this year went for the Girls Varsity Swim and Dive Team.

"I've been coaching for numerous years and this team has inspired me! Watching the improvement from August 24th to now has been a highlight," Coach Gil said. "I've been so impressed with the dedication and efforts that have been displayed during practices and meets. This is an amazing group of women, full of determination, empathy, and drive," she had also added. The other coaches had agreed that the improvements seen in the pool have been astounding. Coach Fahey had mentioned that in meets, she had "seen the great strides our swimmers have made in improving both their mechanics and their times."

The swim team's coaches had also made it known that the outcome of this season is definitely worth receiving recognition.

"I would give you all praise for stepping up whenever we needed to make changes due to either an injury or if any of you guys had to leave early due to a health emergency. I also give praise to how you all still stay positive," said Coach Eller. Complimenting Coach Eller's response, Coach Fahey wrote, "I am really proud of our swimmers fighting for each place to win points. That extra effort had resulted in many personal best times!"

Some of the seniors on the Girls Varsity Swim and Dive Team had been kind enough to tell us about their favorite experiences from being on the team.

"My favorite memory from being on the swim team would be the time that I was scheduled for three events for one meet. I was extremely nervous and after swimming the first two events, I felt that I didn't do my best," Sam Balbi had begun. "While I was getting on the diving block for the third event, I told Coach Gil that I didn't feel like that day was my day; and she said to me, 'Everyday is your day.' Coach told me to repeat the phrase like words of affirmation, and I thought it was a really sweet moment that gave me the confidence I needed."

Priya Kumar had written, "My favorite part, out of many, about being on this team is how close everyone is to each other. Our team is like a family. I look[ed] forward to the season every year and will miss the team and our amazing coach, Coach Gil."

To top it off, Jenny Deng brought up a simple yet heartfelt favorite moment from being a part of the swim team.

"One of my favorite parts about being on the swim team was when we would all share snacks. During a meet, when you're dying of hunger, someone would always have snacks to share and it makes it all worth it," Jenny wrote. "They are good snacks too! This really embodies the team spirit."

Aside from those sweet memories and moments, Coach Eller also spoke about how he loves when the girls "drop time" in events and put forth their very best during meets. The spirit and enthusiasm that is emitted by the swim team is adored by the coaches, making it "obvious that the team members are so supportive of each other."

The swim team sends a special thank you to the managers as well. Everyone is beyond grateful for our managers contributions and help, along with the light they had brought to daily practices and stressful meets.

We wish the seniors best of luck with the path that lies ahead of them, all of you will be missed! Coach Gil couldn't have said it better: "Our seniors have made this an amazing experience for all."



Boys' Swimming and Diving Looks Forward to a Great Season

By Riley Hendrickson

After an exciting season last winter, the boys' varsity swim and dive is back!

"I'm excited about the upcoming season, the team is committed, talented, and motivated. We have an incredibly strong group of seniors who will lead the team. Looking forward to a season of setting and accomplishing goals" says Coach Gilmartin.

The season officially starts on November 14, 2022. Practices are six days including Saturdays, which includes time in the pool, dry land training and weight room training.

The team is not only a commitment inside of school but also out. Team spirit is big on this team which is why they have multiple team bondings throughout the season. These are so they get closer together as a team. Senior Stefan Camaj says "I'm excited for this season because its going to be more competitive than last year. It's going to have a lot of team spirt and we are going to form a strong team bond. In order to get here we are going to need more people to build the team. I absolutely love this team and some of the best memories I've ever had was from swimming here. I'm going to

miss it so much." The seniors on this team are who lead the team to victories. With an abundance of seniors this year, the success rate will be high and the support on this team will go through the roof.

Coach Andre, the weight-room instructor also has high hopes for this upcoming season. Making customized workouts for each team, Coach Andre is a major part in their success, helping them gain strength and protection from injury. He explains how he wants to get the team more athletic and build a more competitive edge. On days they don't have weight training with him, they do dry land with Coach Eller.

Coach Eller says "I expect for the swimmers to really stride to make good choices and have good times. I hope they try their very best in the water and academically". Coach Eller is such an inspiration to many swimmers, building important relationships with them in order to help them succeed. Looking into the future, this team has so much support and goals for this 2022/23 season. Although it's a big responsibility and requires a lot of hard work, not only do you become a stronger swimmer, but you also feel what it's like to be a part of a strong team with lots of support. Go Tigers!