



Available Daily:
 Breaded Chicken Sandwich
 Hamburger or Cheeseburger
 Pizza: Cheese or Pepperoni
 Smucker's Uncrustable PBJ
Daily Milk Choices:
 1% White
 Skim Chocolate

Daily Fruit Selections:
 Fresh Fruit, Canned Fruit, and
 100% Fruit Juice
Daily Vegetable Selections:
 Fresh Baby Carrots, Side Salad,
 and Hot Vegetable Dujour

January 2023

MIHS | LUNCH MENU

Weekly Special

- Week of 1/2:**
 Turkey Chef Salad
 Ham & Cheddar Sub
- Week of 1/9:**
 Italian Ham Salad
 Turkey & Pepper Jack Sub
- Week of 1/16:**
 Cobb Salad
 Buffalo Chicken Wrap
- Week of 1/23:**
 House Salad
 Ham & Swiss Sub
- Week of 1/30:**
 Ham Chef Salad
 Turkey & Provolone Sub

MON	TUES	WED	THURS	FRI
2 NO SCHOOL	3 Cheese Dippers w/ Sauce Seasoned Green Beans	4 Bacon Cheeseburger Baked Beans <i>Specialty Line:</i> Chicken Bowl	5 Beef Nachos w/ Cheese Buttered Corn <i>Specialty Line: Pasta Bar</i>	6 Grilled Cheese Melt Tomato Soup <i>Specialty Line:</i> Chicken Bowl
9 Domino's Pizza	10 Chicken Tenders Mashed Potatoes Steamed Broccoli <i>Specialty Line: Taco</i>	11 Black Bean Chili Frito Bowl Steamed Carrots <i>Specialty Line:</i> Chicken Bowl	12 French Toast w/ Sausage Hashbrown <i>Specialty Line: Pasta Bar</i>	13 BBQ Rib Sandwich Baked Beans <i>Specialty Line:</i> Chicken Bowl
16 NO SCHOOL	17 Italian Meatball Sub Seasoned Green Beans <i>Specialty Line: Taco</i>	18 Black Bean Chili Frito Bowl Mixed Veggie Medley <i>Specialty Bar:</i> Chicken Bowl	19 Chicken Quesadilla Buttered Corn <i>Specialty Line: Pasta Bar</i>	20 Pierogies Steamed Carrots <i>Specialty Line:</i> Chicken Bowl
23 NO SCHOOL	24 Pasta w/ Meatballs (Marinara Available) Seasoned Green Beans <i>Specialty Line: Taco</i>	25 Black Bean Chili Frito Bowl Steamed Carrots <i>Specialty Line:</i> Chicken Bowl	26 Orange Chicken w/ Rice Steamed Broccoli <i>Specialty Line: Pasta Bar</i>	27 Smith's Hot Dog w/ Greek Sauce Buttered Corn <i>Specialty Line: Chicken Bowl</i>
30 Domino's Pizza	31 Mac-n-Cheese w/ Garlic Bread Seasoned Green Beans <i>Specialty Line: Taco</i>			

Menus are subject to change daily & without notice due to global supply chain shortages

Powering potential.

Limited Time Only:
 Black Bean Chili Frito Bowl
 Give it a try!
 Available on the Main Line:
 January 11th, 18th, 25th

Breakfast Menus
 are available on:
nutrilslice.com

All Lunches Must
 Include Choice of:
 Fruit and/or
 Vegetable
 And May Include:
 1% Low-Fat Milk



This institution is an equal opportunity providers

