



JANUARY 2023 OAK, TCHS, and DDSLC

Daily Milk Choice: Nonfat White Milk 1% Lowfat White Milk NonFat Chocolate Milk (Lunch)

•	Monday	Tuesday	Wednesday	• Thursday	• Friday
	HOLIDAY 2	HOLIDAY 3	HOLIDAY 4	HOLIDAY 5	HOLIDAY 6
•	NO SCHOOL	NO SCHOOL	<u>NO SCHOOL</u>	NO SCHOOL	NO SCHOOL
•	Cereal, Fruit, Milk Pepperoni Pizza Chicken Egg Rolls, Crispy Noodles, Fruit + Vegetables Milk	Muffin, Fruit, Milk Turkey Sandwich Chips and Cheddar Cups Fruit + Vegetables Milk	Concha, Fruit, Milk Chicken & Rice Bowl Beef Taquitos Fruit + Vegetables Milk	Breakfast Bar, Fruit, Milk 2 Beef Hot Dog Bean and Cheese Burrito Fruit + Vegetables Milk	Cereal Tuna Sandwich Grilled Cheese Sandwich Fruit + Vegetables Milk
	HOLIDAY NO SCHOOL	Poptart, Fruit, Milk Turkey Sandwich Chips and Cheddar Cups Fruit + Vegetables Milk	Apple Bites, Fruit, Milk 18 Chicken Corn Dog Chicken/Spicy Sandwich Fruit + Vegetables Milk	Donut, Fruit, Milk Cheese Quesadilla Cheese Beef Burger Fruit + Vegetables Milk	Cereal Tuna Sandwich Grilled Cheese Sandwich Fruit + Vegetables Milk
4	Cereal, Fruit, Milk Pepperoni Pizza Chicken Egg Rolls, Crispy Noodles, Fruit + Vegetables Milk	Muffin, Fruit, Milk Turkey Sandwich Chips and Cheddar Cups Fruit + Vegetables Milk	Concha, Fruit, Milk Chicken & Rice Bowl Beef Taquitos Fruit + Vegetables Milk	Breakfast Bar, Fruit, Mike6 Beef Hot Dog Bean and Cheese Burrito Fruit + Vegetables Milk	Cereal Tuna Sandwich Grilled Cheese Sandwich Fruit + Vegetables Milk
	Cereal, Fruit, Milk Pepperoni Pizza Beef Pasta and Roll Fruit + Vegetables Milk	Poptart, Fruit, Milk Turkey Sandwich Chips and Cheddar Cups Fruit + Vegetables Milk			

Questions? foodservices@tcusd.net This institution is an equal opportunity provider