

Position: Coach-Cross Country (6 Week Season)

Level: Middle School

Type: Athletic

Minimum Requirements:

- First Aid Certification
- EPI Training
- Glucagon Training
- Concussion Training

Required Knowledge, Skills & Abilities:

- District, state, national and league guidelines
- Understanding child growth and development
- Using assessment techniques and monitoring strategies to identify student/athlete's efforts, performance, strengths and weakness
- Effectively communicating with both students and adults
- Providing training and coaching to improve individual and team performance
- Providing leadership and vision for the program or sport

Responsibilities:

- Planning for daily/weekly time spent with students
- Providing supervision at all events, meetings, practices and competitions (this includes before and after practice/event, until all students are picked up)
- Ongoing and updated communication with students, parents and families
- Working directly with school administrator and Manager
- Implementing changes from district with students, other coaches, school administration
- Handing out, collecting and monitoring paperwork throughout the season
- Establishing locker room procedures and supervision
- Recruitment of program participants
- Reporting results, statistics, etc.

Equipment & Facilities:

- Maintaining an updated inventory of equipment (supplies, athletic equipment, etc)

Total number and description of events:

- Practice on all non-meet school days
- One pre-season meeting
- 3 meets
- District meet
- End-of-season celebration

