



JANUARY 3, 2023

Spice it Up!

The Discovery Kitchen theme for December was Spice It Up!

Spice It Up! is a celebration of international recipes that are proven to raise the bar of the spice rack empowering students to join in cooking with various spices that are sure to spice up any meal with their family and friends!



Happy New Year
2023

December is gone already, and so is 2022!

It felt like such a quick year, and a quick month, but we hope so much that each of you had time to rest, reflect, and celebrate the holidays with those you care for!

We are already looking ahead to 2023, and planning some exciting events and offerings in the cafes, but we also want to take some time to look back at 2022, and to remember all of the hard work that went into all we did this past year.

Thank you for allowing us to do what we do each day, and for supporting our school teams along the way! We are excited for a new year of serving up Happy and Healthy to our students!

Ben

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MOOD BOOST!!

It's well known that food affects physical well-being. Now, new evidence finds that food also affects mood and mental well-being. To help students identify how certain foods can make them feel, Chartwells has launched its next flagship program at Mood Boost!

Designed by chefs and dietitians for elementary students, this program features interactive experiences, tasty new menus and fun characters that focus on six moods, which foods can boost them and why!

Here is Chef Angie and Chef Chase doing a Mood Boost tasting with beets at KHS in December!!



Food, Food, Food!!

We LOVE to have fun with food! Here are some photos from new stations and recipes we rolled out in December!

A beautiful Nacho Bar, Quinoa Grain Bowl, and Tandoori Chicken were a few of the items students at Staples, BMS, and CMS tried!



Holiday Festivities at SHS

On December 22, we served up a bountiful holiday inspired lunch for students at SHS! Fresh baked ham, mashed potatoes, and yams were a few of the options we served! And a BIG thank you to our very own Principal Thomas for joining in the fun!!



Catering—Nutcracker Cast Party

On December 4 we catered the Nutcracker cast party! It has been a few years since we have done this event, and it felt great to be back serving these hard working and talented students!

Meet the Team!!

Dawn (Lead) and Leslie-KHS

Dawn and Leslie make up the fabulous lunch team at KHS!

They do an amazing job at engaging with the students, starting a sticker club, offering up daily jokes, and doing all they can to leave each student with a smile!

They are well loved by the KHS community, and for good reasons...thank you Dawn and Leslie!

