

# The Badger Pause



## Snow Driving Safety Tips

by Cara Stone, Badger Pause Writer

If the sound of horns honking in the Berkshire Junior Senior High School when the last bell rings is any indication, you can see there are many students here that drive to and from school. As the snow falls on the roads and mesmerizing tunnels capture eyes, it's important to drive safely. Here is a composed list of snow driving safety tips.

**Try not to jerk your steering wheel.** Jerking your steering wheel on icy or snowy roads could very quickly turn into a visit to the ditch. Instead hold your wheel steady and take turns slower and more carefully than you do in the summer.

**Look where you want to go, not where you are going.** If your car does begin to slide, turn in the opposite direction. **DO NOT SLAM YOUR BRAKES!** This can and probably will cause you to spin out. Beware all wheel drive. It could actually make it more possible to spin out your vehicle.

**Decrease your speed.** It doesn't matter if the speed limit is 55, do not go 70 if the roads are slick. It is worth being late. Take the tardy.

**Watch as far ahead as you can.** Black ice is nearly invisible to drivers and can make a trip to the store a trip to the hospital. Snow can also make it difficult to see other vehicles in the distance so especially look out for the brightness of other headlights.

**Have supplies in your vehicle.** Even if you do drive safely, there is always the possibility of your vehicle breaking down. It is always a good idea to have a "safety bad" with you. Some ideas of what to have in it are jumper cables, a blanket, an extra sweater, flares, a flashlight, batteries, a phone charger, power box, a strong rope, matches, bottled water, seatbelt cutter, window breaker, and many other things you can think of.

## Senior 2022 Updates: The Last Semester of High School

by Brenna Hull, Badger Pause Writer

### Graduation Dates

Mark your calendars seniors, graduation practice is officially on May 20th at 9 am. This will be taking place in the gym of the new K-12 Berkshire school. Graduation will take place on May 22nd in the new big gym as well. Make sure to be working hard to pass your second semester classes and have school fees paid before graduation.

### Cap and Gown Orders

You're still able to purchase your caps and gowns on the josten's website. Go to Jostens.com, select Berkshire, click graduation, scroll and click show more, and then scroll down to the cap/gown icon. Order forms for Senior yard signs will be out sometime in February as well.

### Senior Shadow Project

Information was emailed to all seniors and their parents about your two options for the Senior Shadow Project on Friday, January 28th. Seniors have the choice between a one-week shadow experience outside the building or an alternative project that is completed while students remain in the building. Proposals for those doing the shadow project are due to Mrs. Riley-Farrow by Friday, March 11th and may be turned in digitally or in hard copy. Make sure that you read through both of the projects and make your choice now.

### Senior Yearbook info

Deadline for seniors to turn in their senior pictures to Mrs. Ryks is April 1st. They must be headshots with no outside props. Make sure your parents get those baby ads to Mrs. Ryks as well. They are free!

Keep working hard to finally meet the end of your high school career!



# BEHIND THE SCENES OF BERKSHIRE'S ATHLETIC TRAINER

You might know Todd Snyder as our school's athletic trainer but don't you wonder what Todd's life is actually like? I interviewed Todd for weeks on end about numerous topics from how Todd became interested in sports to how his grandpa was his biggest role model. Todd might seem like an ordinary guy from the outside looking in but, in fact, he's in some ways a larger than life character. I hope you enjoy this mini biography about Berkshire Athletics' secret weapon.

Todd was born May 2nd 1992. He went to Labrae High School and graduated in 2010. He played football, basketball and baseball in high school. Todd went on to the University of Akron and majored in athletic training. Currently his main interests are bowling, collecting sports memorabilia and playing with his Australian Shepherd. Todd also recently became a father last July. Congratulations to him and his beautiful wife, Taylor.



In Todd's own words, he wanted to become an athletic trainer because he "wanted a way to remain around athletics, because I have always loved sports," When Todd realized his dream was not coming true and he was not going to be the next LeBron James or Hine Ward, "I still wanted to be in sports". In his Senior year of baseball the school's trainer inspired Todd with the work she did.



In high school, however, Todd went through one of the toughest moments in his life. His grandpa died. Todd said, "I tried going through his things and I just couldn't do it." Todd's grandpa taught him accountability and never to lie. Todd and his grandpa were extremely close to each other. Just hearing him talk

about him was amazing to listen to all the stories. For example, when he was younger they would bet on NBA games like the Lakers and Pacers with Reggie Miller. His grandpa's death gave Todd the drive to want to be great like his grandpa.

Todd eventually graduated from Akron and then got his job at University Hospitals in 2015. It almost never happened, however, because of an unfortunate incident in college with a specific teacher.

Todd was in an athletic training program in college and was a student trainer with the girls soccer team. The head coach delayed the practice's start time because of weather and Todd was there with another student, so the professor said that they were able to go to Subway. When they came back from Subway the



practice had started. The coach asks the teacher why they left and she covers for herself, leaving Todd and the other student to blame. Since that day Todd hasn't spoken to that teacher.

I asked Todd one final question for this article. The question was "Why Berkshire?" He said because it is a strong community that shares values and traditions, always has a positive impact on the students, as well the ability to develop genuine relationships within a growing school that has major potential. Todd I thank you for an amazing time during the interviewing process and making it as easy as possible.

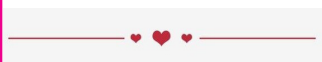
**By Maxwell Myers,  
Badger Pause Writer**

**"A strong community that shares values and traditions....."**

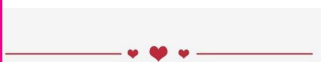
# A Heart-felt note

By Void Spanos Badger Pause Writer

Want to write someone a cute Valentine's day themed note? Well this is the perfect way. Here is a step by step guide on how to make a note that is a heart when you open it but looks like an envelope when it is closed.



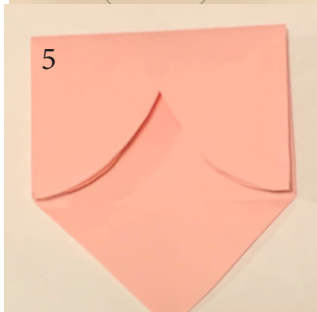
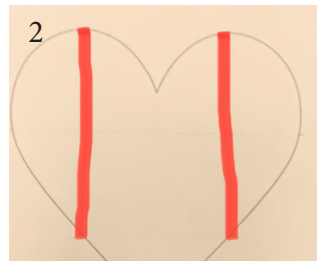
1. Cut out the shape of a heart and write your message near the middle of the heart.



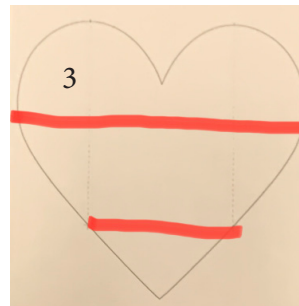
5. Fold the upper horizontal line inward.



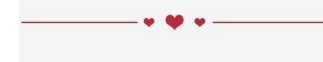
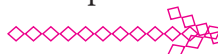
2. Fold along the following lines, making a crease, and then unfold.



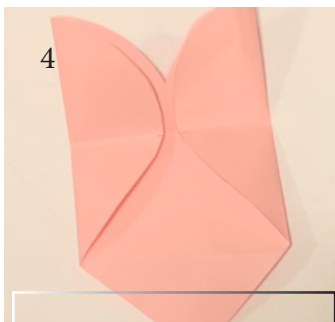
3. Fold along the following lines, making a crease, and then unfold.



6. Fold the bottom triangle up, and turn your envelope upside down. You did it! I'd suggest finishing it off with a sticker or piece of tape so it doesn't open.



4. Fold the vertical lines inward.



## Jornaling When You don't Have The Motivation or Focus Required to Journal



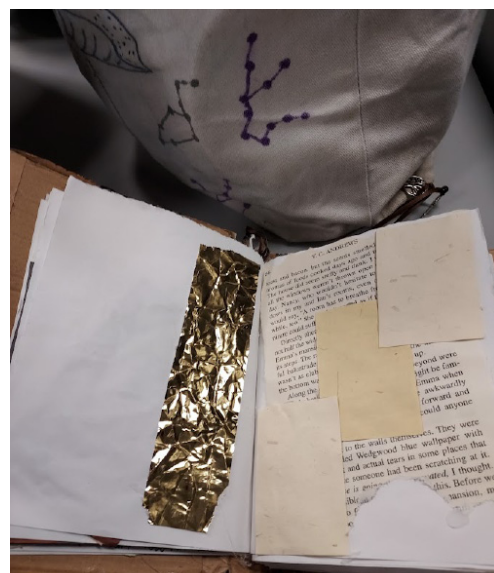
Diy Journal Cover

New year, new me? Yeah, that's not always true. Staying motivated, not just with resolutions but with life, can be a struggle. There are several ways that we can increase focus, and today I will be looking into journaling. How to start: maintain and make a journal look cool. If a physical journal isn't your thing there are several online options as well. You can journal on your phone or computer too.

First of all, start with a cool journal, something that you don't mind looking at daily. Here you have a few options, get a plain journal from Walmart and decorate it with stickers and paint, or find one that already has a design on the front. Etsy has a lot of nice hand made ones, or you could even make one yourself. There are plenty of tutorials online. Amazon has some jazzy ones as well. When shopping for a journal check for paper quality and preference. I prefer blank or dotted, but lined works better if you are just writing. I like the freedom to draw. If you have time and patience, collage pages are fun.

Things to write in it: This is where it gets difficult. You can do a daily check in of your mood and rant about what made you upset, if you are someone who doesn't like rules, and doesn't need a structure, this might work well for you. If you prefer more organization try graphs and charts, a general daily layout might do you well. There are plenty of examples on Pinterest. So if you need inspiration that's a good place to go. Find quotes you like and write your interpretations of them. There are also many ideas for daily journal topics online.

Most importantly, just write, write whatever you want when you feel like it. If you skip a day or two, it's not the end of the world. Jump back into it when you feel like it. If you get bored draw a picture, it doesn't have to be good just make something. Believe in yourself, you got this. I'm proud of you.



Page from Mia's journal

By Mia Pirichy Badger Pause Writer

Don't know where to travel for spring break? There are tons of incredible places to go from beaches to mountains and many different sightseeing opportunities. If you're looking for more exploring and adventuring with fewer crowds and more nature, many national parks are a great spot to head out to. If you are looking to relax and feel refreshed the beach is a wonderful place to visit with so many different ones to choose from.



Beaches are a great place to escape the cold, gray and snow of Northeast Ohio and enjoy your spring break. With so many to choose from you may not know where to go. Some of the most popular ones are in Florida. Naples is a beautiful place to travel to and enjoy the sun and lay back. Key West and Destin are also rated as top beaches in Florida. With the clear water and it always being sunny those are the spots to go to. If Florida seems to be too far, Myrtle Beach and Hilton Head, South Carolina are great places as well.

# Spring Break 2022 Ideas

by Summer White, Badger Pause Writer

Some National Parks that are a huge hit are the Yosemite National Park in California, Grand Canyon in Arizona, and Yellowstone National Park Wyoming.. If you aren't looking to travel as far, the Great Smoky Mountains in Tennessee is a wonderful place to travel to and have a wonderful time. It is the most visited National Park in the U.S and there are attractions from waterfalls, aquariums, and best of all the mountains.



## Build Your Own Love Poem

by Void Spanos, Badger Pause Writer

For this Valentine's day you should write someone special a love poem! Of course, writing poetry is hard, so here is a simple step by step guide to write an amazing love poem to win your someone special's heart. By following these steps you can get a 12-14 line poem that will fit them wonderfully.

Pick your opening from the following:

You've found your way into my heart. Indeed you are so smart.

You are so very pretty. And I do not say that out of pity.

Not to sound too sappy. But being around you makes me happy.

Pick one of the following and fill in your special someone's name in the blank:

\_\_\_\_\_, do you agree? That you are the one for me.

\_\_\_\_\_, I love your hair. And I want you to know how much I care.

Pick the one that fits with your special someone's eye color or the last one if you are not sure what their eye color is or if their eye color changes:

Not to sound too keen. But your eyes are such a pretty green.

Your eyes are such a pretty hue. A gorgeous shade of beautiful blue.

You deserve to wear a crown. Your eyes are such a pretty brown.

You are better than okay. And your eyes are such a pretty gray.

I love the way that your eyes look. It's like something out of a storybook.

Pick one or two of the following:

I know through and through. That I really love you.

I hope that I don't sound like a fool. But I think you're pretty cool.

I tell you with the utmost respect. I think you are perfect.

Your voice has a lovely sound. And I feel happy when you're around.

Pick one of these:

My love, there's one more thing I have to say. On this Valentine's Day

You are gorgeous, I must say. And on this Valentine's Day

To you I must say. On this Valentine's Day

To you, my dear, on this Valentine's Day. There's one more thing I have to say

Since it is Valentine's Day. There's one more thing I have to say

Use this as your last line:

I promise this is true. I really like you.

# Valentines Day Dating Ideas

Last minute date ideas? I got you guys. Make this Valentine's Day special for you and your partner with these easy, fun, and cute ideas.

by Brenna Hull,  
Badger Pause Writer

**Dinner date-** This is a pretty obvious one, but these moments are truly the most special. You and your partner can keep it casual or dress up and go out to eat wherever you agree. It doesn't have to be anything fancy. It's the little things. There are tons of nice restaurants in the Cleveland area, but if you want to stay close you can check out Square Bistro in Chardon and Warren's Spirited Kitchen in Burton.



**Indoor plan-** This valentine's day you can easily plan something indoors. During these times of covid it may be harder to find something to go out and do. You can cook together, decorate your room together or you can just sit on the couch, have popcorn and enjoy your favorite movies or tv shows.



**Ice Skating-** Ice skating isn't just a holiday activity. It's the perfect activity throughout winter, and a great way to celebrate Valentine's Day.

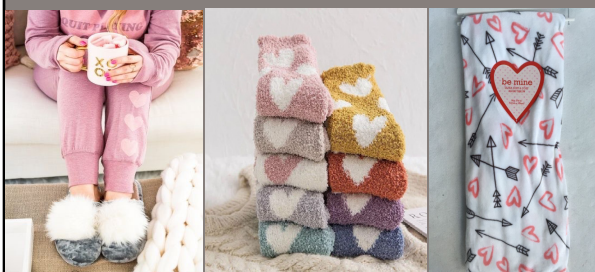


**Visit the Cleveland Art Museum-** The art museum in Cleveland is a great place to go and enjoy time with your partner. You can get in for free and walk around and enjoy all the unique and interesting artwork on display.



**If you're staying in the house:** I would wear some cozy pjs, fluffy socks, and of course have a blanket and slippers.

by Taylor Doehrman, Badger  
Pause Writer



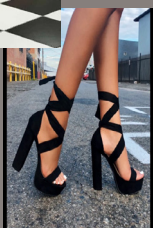
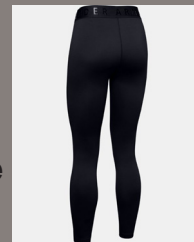
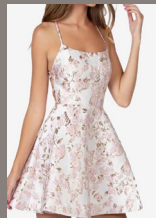
**If you are going out:** I would keep it casual. I would wear jeans or leggings with an oversized sweater, and some cute boots.

## Outfit Inspiration

*Our winter is very gruesome this year, so you want to look cute while being warm and cozy.*

**If you are going to a fancy dinner:** I would wear a cute pink or red dress, cute heels,

**If you are going to the store alone to buy yourself something:** I would wear leggings and a hoodie with a flannel.



# February Horoscopes

By Mia Pirichy  
Badger Pause Writer



**Aries+Sagittarius**

**Taurus+Cancer**

**Gemini +Libra**

**Cancer + Scorpio**

**Leo+Leo**

**Virgo +Pisces**

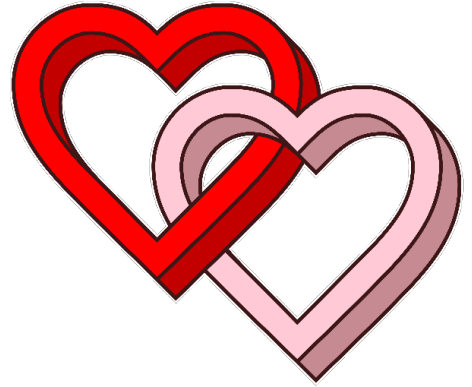
**Libra +Aries**

**Scorpio + Taurus**

**Sagittarius+Virgo**

**Capricorn+Leo**

**Pisces + Capricorn**



*This month has Zodiac Compatibility. Don't look too far into this, as long as your relationship is safe and consensual, signs don't matter.*

**ARIES** - Your best match is Sagittarius. You are able to match each other's strengths and passions. You are both aware of how important honesty is to you in a relationship. You have good communication and your emotional values align. You would have a very exciting relationship.

**TAURUS** - Your best match is definitely a Cancer. You guys just seem to have a super close, long lasting, bond. You have an unwritten sense of communication. You value each other's opinions and boundaries, each other's feelings come before people gain. You would have a very stable relationship.

**GEMINI** - You match well with a Libra. You would get along really well. You are good at forming emotionally secure relationships and have a strong sense of trust. Activities that allow you to push yourself, like bowling or laser tag, are a great bonding thing for you two.

**CANCER** - You would have a good relationship with a Scorpio. Your fiery energy matches each other perfectly. You have a nice balance of intimacy and communication, and are equally good at both. You have good trust and communication, just make sure to really listen to your partner, and you'll be a perfect pair

**LEO** - Your best match is Leo. You both value your self worth along with the worth of others. Knowing how to lift each other up makes your relationship very strong. You have good bonds and intimacy. Your emotions are very in tune and your values align.

**VIRGO** - You and Pisces make a terrific pair. Your values align and have a great connection on all levels. You would make a very romantic pair. Working together to avoid miscommunication may be a big part of your relationship. You both like to work towards similar goals together.

**LIBRA** - You'd fit well with an Aries. Emotionally and physically you have an amazing relationship, with matching ideals and strong communication. Remember to communicate in other aspects too. Overall, the two of you would make a great power couple.

**SCORPIO** - You and Taurus make an unstoppable pair. The bonds and humor you share are unlike any other. Your trust and communication is unparalleled. Although you may have different viewpoints on some subjects, this translates well into some interesting discussions.

**SAGITTARIUS** - A fun team up for you would be Virgo. You both have strong moral values and a good sense of boundaries and respect. You push each other to try new things, and work hard to challenge each other. Overall, this leads to a very fiery relationship.

**CAPRICORN** - For a very interesting relationship turn to Gemini. You would have a very fun and creative relationship where you both get to try new things and grow as people. You are both very intellectual and try to challenge each other.

**PISCES** Try being with a Capricorn. This may be an interesting pair, but you would have a very unique and uplifting relationship. Aside from a strong physical bond, you connect well emotionally as well. Listen to each other and find out what works best for you.



## Letter to You



By Cara Stone, Badger Pause Writer

When we worked at the haunt it was very fun. I was happy you were my ride home. It meant I got to be with you longer. But I'm focussing on the third week of October, the 16th.

I had come in late because of a band show. I honestly couldn't wait to get to work. Which is very weird. You were cold so I brought you a sweater. One that matched mine. I had also forgotten the bracelets I was going to give you. I guess that was a good thing.

The night was fun. We basically hung out the whole time since it was slow. The ride home was cozy. I didn't know yet what Snails House was but I knew the music you played was pretty. That's when I realized I forgot the bracelets. We decided I could run and get them and come back.

I remember being blinded by your headlights. I could see the rain reflecting off of them. Originally I had planned to get back in the passenger seat, but I saw the shadowy outline of you standing outside the car with your door open.

When I handed you the bracelet and explained how they match and they said Disuko for your music I was excited. I hoped you'd like them so much. Then you tossed it onto your passenger seat.

"That's amazing. I'm kissing you," you said.

I didn't even have time to register what you said. You took my face in your hands, hopped on your toes because you're short, and pressed your lips to mine. It wasn't for long but it was amazing.

Then you drove away and said you'd text me. I was bewildered and so happy. I went up to my room with a stupid happy smile on my face, played Floating on Clouds, and fell backward onto my bed.

It was my favorite day.

# The Valentine's Day Revenge

By Taylor Doehrman, Badger Pause Writer

Elizabeth and Sam were known to be the cutest couple in the whole high school, but one day a tragedy occurred.

There was a new girl in town, by the name of Olivia. Sam and Olivia had first block together; chemistry. Once Sam saw Olivia he was speechless. They were partnered up for a lab in which they combined sodium and water to make an explosion. Sam felt an explosion in his heart, and they too had created some "chemistry" (you get it). They got to know each other and Sam fell in love with this girl he had just met, but he knew he could never break Elizabeth's heart. It wasn't his fault; it's like cupid had shot him.

Throughout the day he was thinking of how he could break up with Elizabeth, and he thought of something that tooted her horn. After class Sam grabbed Olivia's hand right in front of Elizabeth. She was too stunned to speak. She ran to the bathroom sobbing, and Olivia was so confused. She chased after her to see what was the matter, and she realized what happened. Olivia explained to Elizabeth that she had no clue that she was a thing with Sam, and how she had just gotten here. So they created a plan. They made sure that the whole school knows how terrible Sam really was.

It was Valentine's Day, and Sam had asked both girls to be his valentine and both said yes. Sam became very suspicious because everyone was whispering about him, and when he went to the cafeteria he saw both girls celebrating Galentine's day. They both realized that they didn't need a man, but they needed a good friend in order to be happy. Sam spent Valentine's alone...

The End

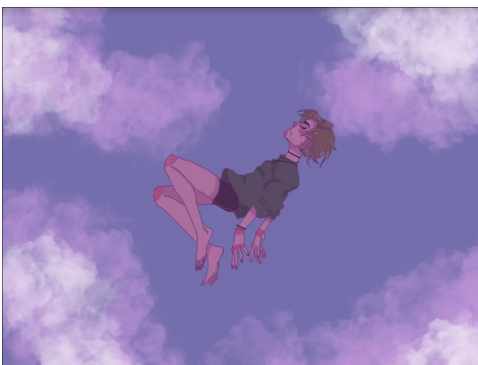


**FROM JUST WRITE/POWER OF THE PEN: PROMPT WAS  
“YOUR PROTAGONIST HAS A RARE AND EXTREME PHOBIA**

**“Shut”**

**By Void Spanos**

People have many different fears  
Some cower at a dog’s bark  
Some are petrified of Spiders  
Others are scared of the dark  
You could say I’m the opposite  
Unwilling to open my eyes  
Terrified to see the world  
And the vast , empty skies  
Instead, I’ll be safe  
With my eyes tightly closed  
Not like a fool  
Going around so exposed  
They say “open your eyes”  
See the sunshine and flowers  
But all I’ve ever seen  
Was crumbling towers  
What idiot wants vision ?  
It’s a terrible curse  
I envy the blind  
For they’ve never seen a hearse  
Some call me bitter  
Others don’t call me at all  
But I take comfort in knowing  
I’ll survive when they fall  
Like a Jack in the box  
Disaster does wait  
It is inevitable  
Far worse than fate  
So listen dear reader  
You must keep hidden  
It’s all you can do  
In a world so tragedy ridden  
There once was a time  
Before I did so  
Now I grieve forever  
And a heavy burden I tow  
Don’t turn your eyes to the heavens  
Give in to the fright  
Embrace the truth  
Shut your eyes tight  
It won’t be alright  
But you won’t know that  
If you can’t see  
From devastating knowledge  
You will be free



Madelyn (Beaux) Hull, grade 10  
Digital Illustration

**“Just Take It”**

**by Madelyn Tessean**

I just can’t do it. All of the times I try, nothing works. I sat down at my desk, rethinking how easy it was, yet I just couldn’t bring myself to do it. How can I be so scared of something that can’t hurt me? “Honey! Have you taken the pills yet? “My mom called from downstairs.”... Yeah..!” I said, tossing the 3 pills in the trash. I stood up, hands shaky from the fear. I grabbed my jacket and ran down the stairs, out the door.

The garden was my favorite place. No pills, no pressure, just green. I took a deep breath and closed my eyes. My mom said that the pills would help my fear. It can’t help if that is what I’m scared of. Then I heard a rustling from behind me. I quickly turned, only to see my mom. She looked upset.

“Hey, Mom.” I said, forcing a smile on my face.

“ I found these in your trash can.” She held out her hand to the same 3 pills I had thrown out. I frowned. “ You’ve been lying the whole time..?”

She looked at me with teary eyes. “ I’ve been trying.” She slammed her fist down on the counter in the kitchen. “ These have cost me fortunes! Just for you to throw them all in the trash? You are so ungrateful. At least I’m trying to help you.”

She stood up straight and opened the cupboard. Out of it , She took a syringe , the bottle of pills , and started to open the bottle. She took out 3, crushed them and put them into the syringe. She filled the syringe the rest of the way with water. “ It’s not that hard.” She said. Then she stabbed me with the syringe.

I could feel the liquid filling my body. “ Now you don’t have to worry!” She smiled. I was confused , then her smile turned into a cold frown. “ You won’t have to worry. Not if you aren’t alive.” She smiled as my eyes filled with the void of black as she disappeared from my sight.



Johnathan Murphy, Grade 10  
Digital Mosaic



Auddia Pringle, Grade 12- Won the “Let it Rain” Fundraiser so her umbrella will automatically advance in the top 25 umbrellas

*Gallery of  
Berkshire’s Artwork*



Tony Masters Grade 9  
Patriotic Artwork created for The Young American Creative Patriotic Art Contest  
Acrylic Paint



Danielle Lane 8  
Surreal Hand-  
scape Drawing  
colored pencil



Mylee Klem,  
Grade 11  
Semi-abstract  
Acrylic Painting