

# January 2023

# John Marshall High School AFTER SCHOOL MENU

### Meal Prices

**Students**      **No Charge**  
**Adult**            **\$4.95 – Cash Only**

Milk choice available daily.

Chef Salads and Deli Subs available daily.

\*Indicates item may contain pork.

### **Allergy Information:**

This menu may contain one or more of the following ingredients: milk, eggs, peanuts, soybeans, tree nuts, and wheat.

~ Average gram (g) of carbohydrate  
Menu subject to change due to product availability and weather delays/cancellations.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 No School	3 Mini Corndogs~40g Baked Beans~3g Fruit/Vegetable Selection	4 Hamburger/ Cheeseburger~31g w/Potato Wedges~24g Fruit/Vegetable Selection	5 Crispy Chicken Tenders~30g w/Seasoned Fries~25g Fruit/Vegetable Selection	6
9 Breaded Chicken Sandwich~44g w/Crinkle Cut Fries~20g Fruit/Vegetable Selection	10 Cheese Stuffed Breadsticks~51g w/ Marinara Sauce~7g Fruit/Vegetable Selection	11 Boneless Chicken Wings~26g Fruit/Vegetable Selection	12 French Bread Pizza~30g w/Pizza Sauce~7g Fruit/Vegetable Selection	13
16 No School	17 Mini Corndogs~40g Baked Beans~3g Fruit/Vegetable Selection	18 Hamburger/ Cheeseburger~31g w/Potato Wedges~24g Fruit/Vegetable Selection	19 Crispy Chicken Tenders~30g w/Seasoned Fries~25g Fruit/Vegetable Selection	20
23 Breaded Chicken Sandwich~44g w/Crinkle Cut Fries~20g Fruit/Vegetable Selection	24 Cheese Stuffed Breadsticks~51g w/ Marinara Sauce~7g Fruit/Vegetable Selection	25 Boneless Chicken Wings~26g Fruit/Vegetable Selection	26 French Bread Pizza~30g w/Pizza Sauce~7g Fruit/Vegetable Selection	27 No School
30 Cheese or Pepperoni Pizza~35g Fruit/Vegetable Selection	31 Mini Corndogs~40g Baked Beans~3g Fruit/Vegetable Selection			