

What's on the Menu?

Rochester Community Schools: ATPS-ACE Breakfast Menu January 2023

A full student breakfast includes a choice of entrée supplying protein and grain, 1/2 cup fruit side, and 1% chocolate or white milk.

School Foodservice Information: Price \$1.50 PAID, \$.30 REDUCED*, FREE if qualified*
 A student must select a 1/2 cup fruit to make a complete meal or a la carte pricing will be applied.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
No School Holiday Recess	No School Holiday Recess	No School Holiday Recess	No School Holiday Recess	No School Holiday Recess
9	10	11	12	13
Benefit Bar 100% Fruit Juice	Whole Grain Mini Waffles w/ Syrup Fresh Whole Fruit	Chocolate Crescent Fruit Juice	Breakfast Egg and Bacon Pizza Cupped Fruit	WG Bagel w/ Cream Cheese 100% Fruit Juice
16	17	18	19	20
No School	Whole Grain Mini Waffles w/ Syrup Fresh Whole Fruit	WG Cinni- Mini Cupped Fruit	Chocolate Crescent Fruit Juice	WG Bagel w/ Cream Cheese 100% Fruit Juice
23	24	25	26	27
Benefit Bar 100% Fruit Juice	Whole Grain Mini Waffles w/ Syrup Fresh Whole Fruit	Chocolate Crescent Fruit Juice	Breakfast Egg and Bacon Pizza Cupped Fruit	WG Bagel w/ Cream Cheese 100% Fruit Juice
30	31			
*Menu subject to change due to product availability	Benefit Bar 100% Fruit Juice	Whole Grain Mini Waffles w/ Syrup Fresh Whole Fruit		

Questions or comments? Food Service Director Marsha Dziewit 248-726-4650
 Assistant Directors Tamara Brazelton 248-726-4601 or Marci Flaherty 248-726-4603
 Go to MyPlate.gov for online personal wellness resources for you and your family.

This institution is an equal opportunity provider.



