

<i>Policy</i>	<i>Title</i> HEALTH EDUCATION	<i>Code</i> IHAM
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HOLLISTON

The School Committee believes that the greatest opportunity for effective health education lies within the public schools because of their potential to reach children at the age when positive, lifelong health habits are best engendered and because the schools are equipped to provide qualified personnel to conduct health education programs.

The School Committee is committed to a sound, comprehensive, research-based health education program as an integral part of each student's general education. The health and sex education programs shall align with MA Department of Elementary and Secondary Education (DESE) State Curriculum Frameworks. Holliston Public Schools (HPS) follows additional guidance and best practices, as provided by DESE and that reflect the values of the school district.

The health and sex education programs will emphasize a contemporary approach to the presentation of health information, skills, and the knowledge necessary for students to understand and appreciate the functioning and proper care of the human body. Students also will be presented with information regarding complex social, physical and mental health problems, which they might encounter in society. In an effort to help students make intelligent choices on alternative behavior of serious personal consequence, health and sex education will examine the potential health hazards of social, physical and mental problems existing in the larger school-community environment.

In order to promote a relevant, dynamic approach to the instruction of health and sex education, the School Committee will continue to stress the need for curricular, personnel, and financial commitments that are necessary to assure the high quality of the district's health education program.

First Reading:	October 13, 2022
Second Reading:	October 27, 2022
Third Reading:	
Policy Adopted:	October 27, 2022
Legal References:	M.G.L. 71:1
Policy Cross Reference:	IHAMA
Procedure Reference:	