

Jan. 2023



Dakota Valley Gr. 4-5 School Lunch Menu

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|----------|
| <p><i>Nutritional Information available by clicking the interactive menu button on the DV Schools "Child Nutrition" homepage</i></p> | | | 4 Beef Stroganoff w/Dinner roll Mozzarella Sticks w/Marinara Fruit, Yogurt & Cheese Platter Broccoli | 5 Cheese Burger Macaroni Skillet w/Garlic Breadstick Pop Corn Chicken w/Garlic Breadstick Fruit, Yogurt & Cheese Platter | 6 Cheese or Pepperoni Pizza Scalloped Potatoes & Ham Fruit, Yogurt & Cheese Platter | |
| <p>Alternative Entrees Always Available: Hot Dog Deli Meat Round <i>(options vary each day)</i></p> | 9 Pizza Pasta Bake w/Breadstick Chicken Nugs w/Breadstick Crispy Chicken Shaker w/ Flatbread Fruit, Yogurt & Cheese Platter Carrots | 10 Turkey and Gravy w/Dinner Roll Baked Pork Fritter Crispy Chicken Deli Wrap Fruit, Yogurt & Cheese Platter | 11 Soft Shell Beef Tacos Fish Nuggets w/Breadstick Ham & Turkey Shaker w/Flatbread Fruit, Yogurt & Cheese Platter | 12 Chicken Ranch pasta w/ Breadstick Corn Dog Fruit, yogurt and Cheese Platter | 13 Cheese or Pepperoni Pizza Chicken Burrito Supreme Baked Tator tots w/Dinner roll Fruit, Yogurt & Cheese Platter | |
| <p>Fruit & Veggie Bar Always Available</p> | 16 Hot Pepperoni Sub Cheeseburger Crispy Chicken Shaker w/ Flatbread | 17 Beef Taco in a Bag Crispy Chicken Sandwich Grilled Chicken Deli Wrap Fiesta Corn Chocolate Chip Cookie | 18 Goulash Mozzarella Sticks w/Marinara Fruit, Yogurt & Cheese Platter Mixed Vegetables | 19 Grilled Cheese w/Tomato Soup Popcorn Chicken w/Dinner roll Fruit, Yogurt & Cheese Platter Baked Beans | 20 Cheese or Pepperoni Pizza Burrito Supreme Fruit, Yogurt & Cheese Platter Baked Tator tots | |
| <p>1% Unflavored and Chocolate Skim Milk Always Available</p> | 23 Italian Dunkers w/Marinara Egg and Cheese Biscuit Fruit, Yogurt & Cheese Platter Green Beans | 24 Loaded Hash Browns w/Dinner roll Grilled Chicken Sandwich Fruit, Yogurt & Cheese Platter Steamed Broccoli | 25 Super Nachos BBQ Rib Sandwich Fruit, Yogurt & Cheese Platter Zesty Black Beans | 26 Macaroni & Cheese Grilled Chicken Deli Wrap Yogurt & Cheese Platter Peas | 27 Cheese or Pepperoni Pizza Glazed Chicken over Rice Fruit, Yogurt & Cheese Platter Steamed Carrots | |
| | 30 Pizza pinweheels Mini Corn Dogs Fruit, Yougurt & Cheese Platter Peas | 31 Chicken & Noodles w/Dinner Roll Country Fried Steak Fruit, Yogurt and Cheese Platter Mashed Potatoes w/Gravy | | | | |

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