

Middle School Breakfast Menu

*Flinn MS follows Elementary Breakfast Menu

February 2023



Menu is subject to change without notice

Contains pork

Vegetarian

For details about ingredients and allergens, please visit [The Titan Family Portal](#) on our website

Milk: 1% white and fat free chocolate served daily.

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1. Muffin 2. Cereal & Graham Sides: Banana, 100% Juice & Milk	1. Breakfast Sandwich 2. Cereal Grahams Sides: Pears, 100% Juice, & Milk	1. Mini Cinnamon Waffles 2. Cereal & Graham Sides: Peaches, 100% Juice, & Milk
No School	1. Turkey Sausage Burrito 2. Breakfast Bar & Goldfish Sides: Apple Slices, 100% Juice & Milk	1. Pancake Breakfast Bowl 2. Breakfast Bar & Goldfish Sides: Banana, 100% Juice & Milk	1. Hard Boiled Egg & Muffin 2. Breakfast Bar & Goldfish Sides: Pears, 100% Juice, & Milk	1. Cinnamon Donut Holes 2. Breakfast Bar & Goldfish Sides: Pears, 100% Juice, & Milk
	1. Yogurt 2. Cereal & Cheese Stick Sides: Raisins, 100% Juice & Milk	1. Pancake Wrap 2. Cereal & Cheese Stick Sides: Apple Slices, 100% Juice & Milk	1. Breakfast Sandwich 2. Cereal & Cheese Stick Sides: Banana, 100% Juice & Milk	1. Yogurt Parfait 2. Cereal & Cheese Stick Sides: Pears, 100% Juice, & Milk
No School	1. Mini Banana Bread 2. Breakfast Bar Sides: Apple Slices, 100% Juice & Milk	1. Mini French Toast 2. Breakfast Bar Sides: Banana, 100% Juice & Milk	1. Turkey Sausage & Gravy Pizza 2. Breakfast Bar Sides: Pears, 100% Juice, & Milk	1. Glazed Donut 2. Breakfast Bar Sides: Peaches, 100% Juice, & Milk
	1. Cereal 2. Muffin & Cheese Cubes Sides: Raisins, 100% Juice & Milk	1. Cereal Bar 2. Muffin & Cheese Cubes Sides: Apple Slices, 100% Juice & Milk		