

Student Name: _____ Student Upcoming Grade _____

**PE Waiver Request
Islander Middle School**

Physical education is an important part of school. The physical health of every student is important to the Islander staff. Islander realizes, however, that many students benefit from physical activity outside of school through organized sports and other physical activities and therefore may not need additional physical activity during their school day. These students can waive the trimester physical education requirement for 7th and 8th grade students.

If you would like your student to waive the required IMS physical education requirement, please complete the form below and turn it in with your student's registration worksheet.

Directed Sport Activity: _____

Organization: _____

Time of Year (Fall, Winter, Spring) _____

Frequency of Activity (daily, weekly, etc.) _____

Duration per session _____

Parent Signature: _____

Student Signature: _____