

4.40 Performance | 8516 Cleveland Ave NW | (330)-826-1593

# Youth Winter Clinic

## Ages 6-8 years old

This 6-week program will include speed technique, acceleration, change of direction, agility, coordination, conditioning, and competitive games.

**Start Date: Friday, January 6th**

**Training Time: 5:00pm-6:00pm**

**Training Length: 6 weeks**

**Please email [info@440performance.com](mailto:info@440performance.com) to sign up!**

“The opinions, products, activities and/or services of this organization are neither sponsored nor endorsed by the school district.”