



JANUARY | 2023

JMES LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 NO CLASSES	3 Chicken Quesadilla Refried Beans Churro Fruit	4 Pizza Hut Salad Chips Fruit	5 Lasagna Roll Up Roll w/ Butter Green Beans Fruit	6 Cheeseburger Crinkle Fries Cooked Carrots Fruit
9 Grilled Cheese w/ Pretzel Bun Green Beans Popcorn Poppers Fruit	10 Egg and Cheese Breakfast Sandwich Sausage Links Hashbrown's Fruit	11 Papa John's Salad Goldfish Cracker's Fruit	12 Ham and Cheese Pocket Sweet Potato Fries Broccoli Fruit	13 Pizza Cruncher's Corn Scooby Snack Fruit
16 M.L.K. Observance Day No Classes	17 Hot Dogs Smiley Fries Peas Fruit	18 Gionino's Side Salad Scooby Snacks Fruit	19 Sweet and Sour Chicken Fried Rice Broccoli Fruit	20 Fish Sticks Side of Mac and Cheese Cooked Carrots Fruit
23 Chicken Nuggets Smile Fries Corn Fruit	24 Pulled Pork Sandwich Baked Beans Fries Fruit	25 Papa John's Salad Tortilla Chips Fruit	26 Pierogie's and Ham Broccoli Cookie Fruit	27 Meatball Sub Curly Fries Carrots Fruit
30 Hot Dog/ WG Bun Crinkle Fries Corn Fruit	31 Popcorn Chicken Warm Pretzel w/ Nacho Cheese Green Beans Fruit	1	2	3

Breakfast - \$1.50

Reduced - .30

Lunch - \$2.60

Reduced -.30

Milk - .50

(served with every meal)

Extra Milk, Water
Bottles, and Snacks
available to purchase.

Entrée Substitutions
PB&J Uncrustables,
Yogurt and String
Cheese, or Salad.

No Charging Allowed for
JMES Students.

Menu is subject to
change.

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