

Most importantly, we hope the words and art on these pages inspire people everywhere to see the infinite possibilities we all have with friendships. A friend can be the same and/or different from you in so many ways. Whether it be race, skin color, religion, gender, gender expression, hopes and dreams, age, nationality, abilities, interests, failures, or successes—all of these can be celebrated within friendships. The basic components of any wonderful relationship, from childhood to adulthood, are all founded in friendship.

So get out there and *make a friend!*

## Letter Activity

Showing gratitude for the things you have is important. It's especially important to show gratitude for the people you have in your life! Think of a friend who is special to you. Maybe you saw them today at school. Maybe you haven't seen them in a very long time. They might be an old friend, or a brand-new friend. Write them a handwritten letter that lets them know what their friendship means to you. Include a favorite memory and an idea for something to do the next time you see each other. You could also include a drawing or collage.

Ask a teacher or trusted adult to help you mail the letter to your friend!

