



Community Resources

March 2022

Crisis & Advocacy Services:

24/7 Crisis Line - If a student needs crisis intervention or stabilization from a **Designated Crisis Responder**; please have them call **1-888-910-0416**. The family will be helped by Volunteers of America and then forward to KMHS Designated Crisis Responders (DCR)

Text 24/6 Crisis Line- If a student needs crisis intervention or stabilization they can text or direct message (DM) Volunteers of America at <http://www.imhurting.org/> and 1-800-747-8654

Child Protective Services (CPS) - If you suspect child abuse or neglect please (a) call Child Protective Services at **1-888-713-6115** to report; and (b) complete an in-district CPS reporting form and submit to School Building Administrator.

Coffee Oasis Services – 24/7 support and crisis response line. TEXT the word “help” to 360.377.5560. Drop-In Centers are located in Port Orchard, Bremerton, Poulsbo, and Kingston open 2-5 pm Monday-Friday and late night Friday 6-9pm. The youth specific center in Bremerton is for ages 16-20 and is open 9pm-8am 365 days/year. Contact 360.602.0408. <https://thecoffeeoasis.com/wp-content/uploads/2020/03/Hitchhikers-Guide-to-Kitsap-PDF-2.16.20.pdf>

Prepares – Pregnancy & Parenting Support – Baby Boutique providing newborn to size 6 clothing and diapers. Open Mondays 11:00 – 12:00. (360) 876-3035 St Gabriel Church 1150 Mitchell Ave

Kitsap Support Advocacy Counseling- Provides advocacy and therapy for victims and families who have experienced sexual assault or domestic violence. Has a 24/HR hotline for calls and text at 360-337-9773. If non-emergent call 360-876-3282

Scarlet Road- Comprehensive support services for survivors for sexual exploitation & sex trafficking. Has a 24/HR hotline for calls at 360-362-5143/ There office number is 360-850-9718

Mental Health Support:

Catholic Community Services (CCS) WISE –For new referrals or to contact your student’s current team; please call CCS at 360-792-2020;(They are seeing ALL their families in person unless family states otherwise)

Kitsap Mental Health Services (KMHS) WISE - If you have questions or need to get in contact with your students' WISE team call the WISE front desk number at 360-415-6697 (They are seeing families in person and in Zoom; Team and family preference)

KMHS Outpatient Services - If you have questions or need to get in contact with your students’ therapist. Please call KMHS Child and Family 360-479-4994

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Madrona Heights School-Based Health Center (Peninsula Community Health Services) – Located onsite in South Kitsap School District. Has medical, dental, mental health, and medication management services available Monday through Friday 8:00AM-4:00PM. Please call PCHS directly at (360) 377-3776 to set up appointment

Summit Health Management - Mental health services, psychiatrist, and medication management. They are in Gig Harbor & North Kitsap but offer telehealth and take all insurances 😊. Please call Sarah Martin at 253-858-7056 or email at admin@shmwa.com Website: shmwa.com

Charlie Health - Provides intensive outpatient therapy virtually for mental health and substance abuse for ages 12-24. They provide individual or family sessions. They are ONLY telehealth and take all insurances. Please call Laura at 406-624-7049 or call Leslie at 406-400-4325

Madrona Heights School Based Health Center (Located in district at Discovery & operated by Peninsula Community Health) - Any student or staff can be seen for medical and mental health care but also for substance abuse concerns. Please call **360-377-3776** to schedule an appointment and **walk-ins are also welcome.**

One Heart Wild- Provides mental health counseling, academic mentoring, community-based support for schools, and equine/animal assisted therapy. Services are Free or at reduce rates. Email Drea Bown at oneheartwild@gmail.com.

National Alliance on Mental Health (Kitsap County)- <https://www.namikitsap.org/resources.html>

Substance Use & Abuse Support

Madrona Heights School-Based Health Center (Operated by Peninsula Community Health) – Substance use/abuse services available. Please call PCHS directly at (360) 377-3776 to set up appointment

Summit Health (recovery issues)- They are in Gig Harbor & North Kitsap but offer telehealth and take all insurances 😊. Please call Sarah Martin at 253-858-7056 or email at admin@shmwa.com Website: shmwa.com

Agape - Mental health treatment, chemical dependency treatment for intensive outpatient, outpatient, individual & group counseling, and family counseling. They also work closely with Juvenile Court for court order services for youth and adults. Please call 360-373-1529. Website is: <https://www.agapekitsap.org/>

Coffee Oasis - Offer chemical dependency support for students ages 13-25 from a CDP. They do offer 24/7 support and crisis response line. TEXT the word “help” to 360.377.5560. If your student is needing assistance with chemical dependency please call 360-602-0408.

Military Support

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Military OneSource- Has information about mental health supports/counseling, resources for moving, deployment support, and etc. Visit Website: <https://www.militaryonesource.mil/>

Naval Base Kitsap School Liaison- Helps with supporting our military families through transferring to different schools, providing different community resources, and so much more. Please call Rebecca Mclenithan at 360-476-7460 or visit <https://kitsap.navylifepnw.com/programs/6aecb05b->

Health & Dental Support

Sixth Street Bremerton – Available free or sliding income scale income dental assistance. Insurance also accepted. Location: 616 6th ST Bremerton, WA; Phone: 360-478-2368

Linquist Dental Clinic- Clinic offer a sliding scale for children to receive dental assistance. Also accepts most insurance. Location: at 3102 Wheaton Way Bremerton; Phone: 360-377-0559

Peninsula Community Health Services- Specialized infant and child dental care. Sliding scale care available based on family income. Location: 2508 Wheaton Way; Phone: 360-377-3776

Violet Sees - Local organization that provides free eye glasses to families that can't afford it. They don't require medication information but want everyone to fill out this questionnaire:

<https://docs.google.com/forms/d/e/1FAIpQLSdS5IQwm2U8cauRNIdui0Nug7gGF2Ra4Vc6V3Xm8wR55wOGog/viewform> and if you have questions please contact Jen at JEN@VIOLETSEES.ORG

Shelters

Kitsap Rescue Mission - Homeless shelter and dayroom available at the Kitsap County Fairgrounds Pavilion during COVID. For more information call 360-373-3428

Salvation Army - Homeless shelter and dayroom at Bremerton Salvation Army during COVID. For more information call 360-373-5550

Coffee Oasis- Youth drop in centers in Port Orchard and Poulsbo from 12:00 to 5:00 pm Monday thru Friday. For more information call 360-377-5560

Food Bank

SK Helpline Food Bank - Open Monday through Friday at 12:00- 5:00pm at 1012 Mitchell Avenue in Port Orchard. For more information call 360-876-4089

LifeCare Food Bank- Open Saturdays from 9:00- 1:00pm in the lower level of Spirit of the Life Lutheran Church at 8730 Phillips Rd SE in Port Orchard. For more information call 360-867-5094

Salvation Army- Shelter, food bank, employment assistance, bill pay assistance, and rehab programs located at 832 6th St. Bremerton. For more information call 360-373-5550 or email Lance.Walters@usw.salvationarmy.org

St Vincent De Paul – Provides shelter, bill assistance and food. Locations in Bremerton and Port Orchard. For more information call 360-377-2929

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Life Care Community Services at Spirit of Life Lutheran Church- Address is A3901 SE Mullenix Rd Port Orchard Washington, 98367 Phone Number: 360-876-5094

Free Meal Sites

COVID Free Meals for Kitsap County - For more information visit

<https://www.bremertonwa.gov/DocumentCenter/View/8131/Free-Meals-in-Kitsap-County---Spring-2020-PDF> or contact Andrea Keller, SKSD School Social Worker at kellera@skschools.org

First Lutheran Church - SK Family Kitchen serves free meal during the last two weeks of the month on Monday, Tuesday, Thursday, and Fridays. Located at 2483 Mitchell Rd in Port Orchard. For more information call (360) 876-3901

First Christian Church of Port Orchard - Serves a free dinner the last Sunday of every month at 5:30PM. Location: 4885 SE Hovde Road, Port Orchard; For more information call (360) 876-8172

Care Kitchen - Serves free dinner meal every Wednesday night from 5:00-6:00pm. Location: 1780 Lincoln Ave in Port Orchard; This month the meal will be offered to go. For more information call 360-867-5595

Transportation

Kitsap Transit- Currently offering free transportation to anyone who has an appointment for their COVID Vaccine. Families can call at 360-479-7272 or 800-422-2877

Para Transit- Offers free transportations to appointments for families or individuals that have Medicaid. To Schedule a ride please call 360-377-7007 or 800-756-5438

Housing

Kitsap Community Resources (KCR) - Has put together a relief fund to aid residents facing financial hardships during COVID. KCR currently has temporary housing available if a family may become homeless OR going to lose their housing. Funds can be used to provide short-term assistance to feed a family, pay for housing & other types of support. Assistance provided to Veterans through the Veteran's Assistance Fund. KCR has several different locations but taking appointment only at the Bremerton location. For more information call 360-473-2056 or visit <https://www.kcr.org/>