

GLOBAL FLAVORS

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| <p>M Tacos Al Pastor
Bean & Cheese Tacos(v)
Turkey or Chicken Carnitas</p> <p>T Teriyaki Meatball Sub
Sweet & Sour Chick'n Sub(v)
Korean BBQ Chicken Sub</p> <p>W Chicken Tenders or Vegetarian
Chick'n Nuggets with Choice of
Sauce</p> <p>TH Chicken Alfredo Mac
Cheddar Mac & Cheese(v)
Tuscan Vegetable Mac(v)</p> <p>F Greek Meatball & Cheese Tot'chos
Mediterranean Veg & Cheese
Tot'chos(v)
Turkey or Chicken Gyro & Cheese
Tot'chos</p> | <p>Frijoles a la Charro
Chili Roasted Sweet Potatoes
Mexican Zucchini
Broccoli Lime Salad
Corn Elotes</p> <p>Spicy Asian Vegetable Blend
Roasted Broccoli
Soy-Roasted Potatoes
Ginger Carrot Salad
Steamed Edamame</p> <p>Low Country Green Beans
Vegetarian Baked Beans
Potato Wedges
Broccoli Florets
Citrus Glazed Carrots</p> <p>Broccoli & Red Peppers
Butternut Squash
Parmesan Green Beans
Basil Corn Salad
Italian Seasoned Chickpeas</p> <p>Roasted Chickpeas
Summer Squash
Oven-Roasted Broccoli
Chilled Peas
Moroccan Carrots</p> |
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SUPER FOODS

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| <p>M SMOOTHIE BOWLS
Very Berry • Sunshine • Tropical • Banana Berry</p> <p>T NOODLE BOWLS
Tokyo Teriyaki • Spicy Buffalo Chicken • The
Grecian • The Garden</p> <p>W WRAPS & FLATBREADS
Turkey Ham Cheddar Ranch • Classic Turkey Ham
& Cheese • The Mediterranean • The Garden</p> <p>TH SUPER SALADS
FIELD GREENS FOR SALADS NOT AVAILABLE</p> <p>F SMOOTHIE BOWLS
Very Berry • Sunshine • Tropical • Banana Berry</p> |
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PLANT-BASED, VEGETARIAN, NATURAL & MORE...
ALL THE INGREDIENTS YOU LOVE!



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| <p>M Broccoli Lime Salad
Corn Elotes
Variety of Fresh Fruit
Variety of Canned Fruit</p> <p>W Broccoli Florets
Citrus Glazed Carrots
Variety of Fresh Fruit
Variety of Canned Fruit</p> <p>F Chilled Peas
Moroccan Carrots
Variety of Fresh Fruit
Variety of Canned Fruit</p> | <p>T Ginger Carrot Salad
Steamed Edamame
Variety of Fresh Fruit
Variety of Canned Fruit</p> <p>TH Basil Corn Salad
Italian Seasoned
Chickpeas
Variety of Fresh Fruit
Variety of Canned Fruit</p> |
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EVERYDAY SELECTS

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| <p>M Crispy Chicken Sandwich
Cheeseburger
Chicken Corn Dog
All entrées served with Baked French Fries</p> <p>T Cheese Pizza(v)
Pepperoni Pizza
Buffalo Chicken Pizza
All entrées served with</p> <p>W Bean & Cheese Nachos
Beef & Cheese Nachos
Turkey Carnitas Nachos
All entrées served with Stewed Black Beans</p> <p>TH Chicken Nugget Basket
Fish 'n' Chips Basket
Herb Roasted Drumstick Basket
All entrées served with Seasoned Spiral Fries</p> <p>F Spicy Chicken Burger
Classic Cheeseburger
Crispy Chicken Sandwich</p> |
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SAUCE IT UP!

Add a kick to any dish with our featured sauces.

Music City Sauce
Signature Nashville Hot Sauce
with just the right kick of heat

MK Special Sauce
The perfect blend of mayonnaise
and ketchup

Spicy Cool Sauce
Spicy sriracha meets cool,
creamy mayonnaise

Spicy K Sauce
Classic ketchup — with a kick!

IN A HURRY?

DOWNLOAD THE
APP + DECIDE
YOUR LUNCH
IN ADVANCE!



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