

GLOBAL FLAVORS

M NO SCHOOL

T Teriyaki Chicken Burrito
Sweet 'n' Sour Chick'n Burrito(v)
Korean BBQ Chicken Burrito

W Pepperoni Flatbread
Three Cheese Flatbread
Herb Roasted Chicken Flatbread

TH Hand Rolled Beef Burrito
Hand Rolled Bean & Cheese Burrito(v)
Hand Rolled Tinga Chicken Burrito

F Greek Meatball Gyro
Falafel Gyro(v)
Greek Turkey or Chicken Gyro

Spicy Asian Vegetable Blend
Steamed Broccoli
Soy Roasted Potatoes
Ginger Carrot Salad
Steamed Edamame

Broccoli and Red Peppers
Butternut Squash
Parmesan Green Beans
Basil Corn Salad
Italian Seasoned Chickpeas

Frijoles a la Charro
Chili Roasted Sweet Potatoes
Mexican Zucchini
Broccoli Lime Salad
Corn Elotes

Roasted Chickpeas
Summer Squash
Oven Roasted Broccoli
Chilled Peas
Moroccan Carrots

SUPER FOODS

M WRAPS & FLATBREADS
NO SCHOOL

T SUPER SALADS
SALAD FIELD GREENS UNAVAILABLE

W SMOOTHIE BOWLS
Very Berry • Sunshine • Tropical • Banana Berry

TH GRAIN BOWLS
Tokyo Teriyaki • Spicy Buffalo Chicken • The Grecian • The Garden

F WRAPS & FLATBREADS
Turkey Ham Cheddar Ranch • Classic Turkey Ham & Cheese • The Mediterranean • Spicy Buffalo Chicken

**PLANT-BASED, VEGETARIAN, NATURAL & MORE...
ALL THE INGREDIENTS YOU LOVE!**



M NO SCHOOL

T Ginger Carrot Salad
Steamed Edamame
Variety of Fresh Fruit
Variety of Canned Fruit

W Basil Corn Salad
Italian Seasoned Chickpeas
Variety of Fresh Fruit
Variety of Canned Fruit

TH Broccoli Lime Salad
Corn Elotes
Variety of Fresh Fruit
Variety of Canned Fruit

F Chilled Peas
Moroccan Carrots
Variety of Fresh Fruit
Variety of Canned Fruit



EVERYDAY SELECTS

M NO SCHOOL

T Chicken Nugget Basket
Fish 'n' Chips Basket
Herb Roasted Drumstick Basket
All entrées served with Seasoned Spiral Fries

W Spicy Chicken Burger
Cheeseburger
BBQ Pork Rib Sandwich
All entrées served with Baked French Fries

TH Cheese Pizza
Pepperoni Pizza
Supreme Pizza

F Bean & Cheese Nachos
Beef & Cheese Nachos
Turkey or Chicken Carnitas Nachos
All entrees served with Stewed Black Beans

SAUCE IT UP!

Add a kick to any dish with our featured sauces.

Music City Sauce
Signature Nashville Hot Sauce with just the right kick of heat

MK Special Sauce
The perfect blend of mayonnaise and ketchup

Spicy Cool Sauce
Spicy sriracha meets cool, creamy mayonnaise

Spicy K Sauce
Classic ketchup — with a kick!

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.