



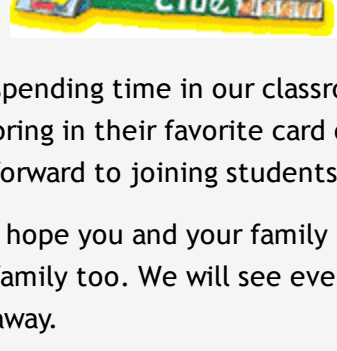
December 15, 2022

In this week's Bird's Word:

- Message from Mrs. Behnke: Game Day December 21
- Bird's Word - new archive
- From the District: Kindergarten Enrollment
- Flyers
- December and January lunch menus

Winter break is December 22 - January 2.

School resumes January 3rd.



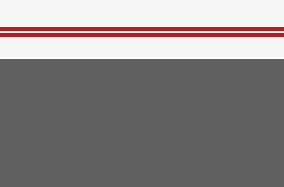
Message from Mrs. Behnke Game Day - December 21

One of our School Improvement goals is related to community building. There is no better way to build community than through play. Next Wednesday we will be spending time in our classrooms playing games together. Your children are welcome to bring in their favorite card or board game to play with their classmates. I am looking forward to joining students in a game or two.

I hope you and your family have a nice winter break. Have time to play together as a family too. We will see everyone back in the New Year - yes, 2023 is just a few days away.

Bird's Word archives

If you're interested in reading older issues of the Bird's Words they're now saved on our new website at [this link](#) under Falcon Heights, Stay Connected, Communications. Happy reading!



From the District

23-24 Kindergarten Enrollment & Option School Lottery

If your child will be five by September 1, here's some things you'll need to know about kindergarten in Roseville:

- PreK is an Early Childhood program so *all families will still have to go through the kindergarten enrollment process* regardless of PreK placement.
- Students always have a spot and transportation to/from their neighborhood school.
- If you live outside the Roseville attendance area, you can apply for open enrollment and you may need to complete a [23-24 Option School Lottery form](#).
- The 23-24 Option School Lottery is open now and closes January 27. Requests will be processed the week of January 31 and letters with next steps will be mailed the week of February 6.
- The Welcome to Kindergarten enrollment event will be held at all elementary schools (except for Harambee) on Thursday, February 16, 6-7:30pm; and at Harambee on Tuesday, March 14, 6-7:30pm.

Reach out to the Central Enrollment team at enrollment@isd623.org or 651-635-1626 with questions. We are so excited to meet your students!

Flyers

JANUARY & FEBRUARY YOUTH ENRICHMENT!

Watch for this next booklet in your child's backpack!

Registration is now open!

To register for new classes, field trips, and activities, visit isd623.ce.eleyo.com or call 651-604-3770!

COME SWIM IN THE NEW POOL!

Roseville Community Education is now offering open swim, lap swim, swim lessons, water exercise classes, and junior lifeguard courses in the new pool at Anpétu Téca Education Center! The water is always a warm 86 degrees. Come check it out!

Registration is NOW OPEN for sessions in January through March, 2023! To register and learn more, visit isd623.ce.eleyo.com, call 651-604-3770, visit us at 1910 County Rd B W in Roseville, or scan this QR code!

OPEN & LAP SWIM HOURS STARTING JANUARY 3, 2023

	Lap Swim	Open Swim
Mondays	11:00am-12:30pm	9:30-10:45am
Tuesdays	7:45-9:00am, 12:15-1:30pm	9:30-10:45am
Wednesdays	11:00am-12:30pm	---
Thursdays	7:45-9:00am, 12:15-1:30pm	9:30-10:45am
Fridays	11:00am-12:30pm	9:30-10:45am, 3:00-5:00pm

ADULT WATER EXERCISE CLASSES

Join us for H2O Joint Power, Water T.A.B.A.T.A., Swimnastics, Aqua Stretch & Tone, and H2O Cardio from January to May 2023! Register for one month, multiple months, or even just try out a one-time drop-in session! Aquatics exercise engages your full body to promote heart health, lung health, endurance, and muscle strength! The pool provides a gravity-reduced environment that is easy on the body and joints.

RED CROSS SWIM LESSONS

Roseville Community Education is offering Red Cross swim lessons for ages 5-14. These lessons increase your child's safety and confidence in the water. Swimming also provides children with an opportunity for fun and recreation! We offer the following levels: Beginner 1, Beginner 2, Advanced Beginner A, Advanced Beginner B, Intermediate, and Swimmer.

PRE-K & TOTS LESSONS

Help your toddler stay safe in the water and learn to swim! Choose between classes where a parent is in the water (ages 9 months - 5 years old) or child-only classes (ages 3 - 5 years old).

JUNIOR LIFEGUARD COURSE

This course is for youth ages 14+ who are able to swim proficiently and/or have passed all of the Red Cross swim levels. The course is designed to build a foundation of knowledge and skill for future lifeguards! This is both water-based and land-based learning. Learn First-Aid and CPR, rescue techniques, water safety, situational awareness, and personal health!

December Breakfast/Lunch Menu

DECEMBER LUNCH MENU

2			2	BBQ Turkey Cocktail Wieners S'mac 'N Cheese Coleslaw Mini Apple Wedges Chocolate Chip cookie	3	NO SCHOOL - TEACHER WORKSHOP			
5	Cheesy Mozzarella Bites MN Apple Wedges Italian Roasted Broccoli Marinara Sauce Build Your Own Parfait	6	Plant Based Taco Tortilla Cheesy Refried Beans Strawberries Build Your Own Parfait	7	Chicken Drumstick Whole Grain Biscuit Mashed Sweet Potatoes Blueberries Build Your Own Parfait	8	Bistro Box Beef Hotdog Whole grain bun Vegetarian Baked Beans Orange Wedges Build Your Own Parfait		
12	Cheesy Bread Dunker Steamed Broccoli Marinara Sauce Orange Wedges Soybutler Sandwich	13	Beef Sambusa Banis Iskukaris (Somali Style Rice) Steamed Green Beans Banana Soybutler Sandwich	14	Crispy Chicken Filet Whole Grain Hamburger Bun Crispy Straight Cut Fries Kiwi Soybutler Sandwich	15	Teriyaki Tofu Steamed Brown Rice Honey Sriracha Carrots Clementines Chocolate Mimi Soybutler Sandwich	9	Homemade Blueberry Muffin Square Colby Cheese Omelet Seasoned Breakfast Potatoes Grapes Build Your Own Parfait
19	Meatball Marinara Sub Sandwich Corn Kiwi Bagel and Chocolate Hummus	20	French Toast Sticks Chicken Sausage Patty Seasoned Breakfast Potatoes Cantaloupe Maple Syrup Bagel and Chocolate Hummus	21	Chief's Choice Steamed Carrots Assorted Fresh Fruit Kiwi Bagel and Chocolate Hummus	22	NO SCHOOL - TEACHER WORKSHOP	16	Macaroni and Cheese Green Peas Blueberries Soybutler Sandwich
26	NO SCHOOL - WINTER BREAK	27	NO SCHOOL - WINTER BREAK	28	NO SCHOOL - WINTER BREAK	29	NO SCHOOL - WINTER BREAK	23	NO SCHOOL - WINTER BREAK

JANUARY LUNCH MENU

2	NO SCHOOL	3	Chicken Alfredo Penne Pasta Garlic Toast Green Peas Bistro Box	4	Egg Roll Vegetable Fried Rice Shredded Carrots Clementines Bistro Box	5	Beef Hotdog Whole Grain Bun Vegetarian Baked Beans Banana Bistro Box	6	Cheeseburger Whole Grain Bun Corn Kiwi Bistro Box
9	Cheesy Mozzarella Bites Marinara Sauce Apple Wedges Italian Roasted Broccoli Build Your Own Parfait	10	Plant Based Taco Tortilla Cheesy Refried Beans Strawberries Build Your Own Parfait	11	Chicken Drumstick Whole Grain Biscuit Mashed Sweet Potatoes Blueberries Build Your Own Parfait	12	BBQ Shredded Pork Sandwich Roasted Purple Potatoes Clementines Build Your Own Parfait	13	Homemade Blueberry Muffin Square Colby Cheese Omelette Breakfast Potatoes Grapes Build Your Own Parfait
16	NO SCHOOL	17	Beef Sambusa Banis Iskukaris (Somali Style Rice) Steamed Green Beans Banana Soybutler Sandwich	18	Crispy Chicken Filet Hamburger Bun Crispy Straight Cut Fries Kiwi Soybutler Sandwich	19	Cheesy Chicken Enchilada Soup Round Tortilla Chips Steamed Broccoli Grapes Soybutler Sandwich	20	Macaroni and Cheese Green Peas Blueberries Soybutler Sandwich
23	Cheesy Bread Dunker Marinara Sauce Apple Wedges Roasted Broccoli & Cauliflower Bagel and Chocolate Hummus	24	French Toast Sticks Chicken Sausage Patty Seasoned Breakfast Potatoes Cantaloupe Bagel and Chocolate Hummus	25	Mandarin Orange Chicken Steamed Brown Rice Honey Sriracha Carrots Assorted Fresh Fruit Bagel and Chocolate Hummus	26	Turkey Bahn Mi Sandwich Pickled Vegetables Warm Cinnamon Mangos Bagel and Chocolate Hummus	27	Bolognese Meat Sauce Whole Grain Penne Pasta Garlic Toast Steamed Green Beans Fresh Peas Bagel and Chocolate Hummus
30	Stuffed Crust Cheese Pizza Steamed Carrots Grapes Bistro Box	31	Chicken Alfredo Whole Grain Penne Pasta Garlic Toast Green Peas Bistro Box						



Roseville Area Schools

Quality Teaching & Learning for All
...Equity in All We Do

Do you need help with school paperwork or communicating with school staff?
Contact one of our cultural liaisons.

Spanish: Si necesita ayuda con los formularios escolares, o tiene alguna pregunta sobre la educación de su hijo(a) por favor llame a:
Liz Gallegos (Anpétu Téca, BH, CP, EDG, EDW, FH) 651-703-4753 elizabeth.gallegos@isd623.org
Cecilia Martino (RAMS, RAHS, FAHS) 651-235-3426 cecilia.martino@isd623.org
Brandi Rojas-Acevedo (EC, ECSE, HAR, PCS, RAHS) 651-233-9126 brandi.rojas-acevedo@isd623.org
Veronica Martinez (LC) 651-724-6492 veronica.martinez@isd623.org

Hmong: Yog nej xav tau kev pab toog cov ntaub ntawv tuaj ntawm tsev kawm los xav txuas lus nrog cov neeg ua haujwm thov lu:
Maidar Lee (Anpétu Téca, RAHS, RAMS) 651-210-7821 maidar.lee@isd623.org

Karen: နမူနာပုံစံတစ်ခုစီအတွက် အောက်ဖော်ပြပါအဖွဲ့ဝင်တစ်ဦးကို ဝန်ထမ်းချုပ်အဖွဲ့သို့ ဆက်သွယ်ပေးပါ။
Mu Hser (EDG) 651-242-4081 mu.hser@isd623.org
Hsar Htoo (CP, RAHS, RAMS) 651-332-6929 hsar.htoo@isd623.org
Mya Phyu (ECSE, BH, EDG, FH, HAR, LC, PCS, FAHS) 651-307-4475 mya.phyu@isd623.org

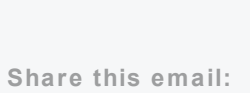
Somali: Hadii aad u bahantabay in laga caawiyo buxinta waraqaaha iskuulka iyo xiriirka mamulka fadlan lasoo xiriiix
Kowthar Ismail (Anpétu Téca, PCS, RAHS, RAMS) 651-322-0468 kowthar.ismail@isd623.org

Bhutanese: यदि तपाईंलाई विद्यालयको फारमहरूका लागि मद्दत चाहिए, वा तपाईंको बच्चाको शिक्षाको बारेमा कुनै प्रश्नहरू छन् भने, कृपया कल गर्नुहोस्।
Indira Kharel (CP, RAHS, RAMS) 651-307-7471 indira.kharel@isd623.org

African American:
Anthony Anderson (RAHS) 651-503-9319 anthony.anderson@isd623.org
James Hoskins (EDG) 651-726-4215 james.hoskins@isd623.org
Faustina Mullen (CP, HAR, RAMS) 651-239-2826 faustina.mullen@isd623.org

American Indian:
Gabriella Carroll - Program Coordinator 651-359-0572 gabriella.carroll@isd623.org
Savannah Carroll-Rojas - Liaison (BH, CP, EDG, HAR, PCS, RAHS) 651-332-6513 savannah.carroll-rojas@isd623.org

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