

Breakfast Meal Pattern Requirements
Milk: 8 oz.
Fruit or Veg: 1c/8oz.
Grain: 2oz.

Lunch Meal Pattern Requirements
Milk: 8 oz.
Fruit: 1c/8oz
Veg: 1c/8oz.
Grain: 2oz.
Protein: 2oz.

*All infant/toddler meals will contain only hot/soft vegetables.

Allergy meals will not contain whole eggs, dairy, and items listed below.

Food products do not contain Peanuts, Tree Nuts, Fish, and Shellfish.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 2	January 3	January 4	January 5	January 6
No School	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Patty Sandwich on a WW bun, Carrots, Pears, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: WW Spaghetti & Meatballs, Broccoli, Mandarin Oranges, Milk	Breakfast: Corn Muffins, Apple Slices, Milk Lunch: Arroz con Verduras, Habichuela guisada y Pollo, Applesauce, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
January 9	January 10	January 11	January 12	January 13
Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Sliced Ham & Cheese Sandwich on WW bread, Salad, Peaches, Milk	Breakfast: French Toast Bagles, Orange, Milk Lunch: Baked Ziti w/Chicken and mozz cheese, Broccoli, Pears, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Nuggets, Mixed Mediterranean Veg, WW Dinner Roll, Mandarin Oranges, Milk	Breakfast: Pancakes, Apple Slices, Milk Lunch: Burritos, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
January 16	January 17	January 18	January 19	January 20
No School	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: American Chop Suey, Carrots, Pears, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Cheeseburgers, WW Bun, Crinkle Fries, Mandarin Oranges, Milk	Breakfast: Breakfast Buns, Apple Slices, Milk Lunch: Fajitas, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
January 23	January 24	January 25	January 26	January 27
Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Fingers, Sweet Potato Fries, Mix Veg, Peaches, Milk	Breakfast: Pancakes, Orange, Milk Lunch: Sliced Turkey & Cheese Sandwich on WW bread, Corn & BB Salad, Pears, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: WW Spaghetti & Meatballs, Broccoli, Mandarin Oranges, Milk	Breakfast: Muffin Tops, Apple Slices, Milk Lunch: Taco Salad, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
January 30	January 31	JANUARY 2022		
Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk	Breakfast: Banana Bread, Orange, Milk Lunch: Baked Ziti w/Chicken and mozz cheese, Broccoli, Pears, Milk			