

# VezaHealth. YourHealth.



Let VezaHealth help you navigate the healthcare industry, any confusing medical conditions, or chronic health issues. VezaHealth is offered at no cost to plan participants.

*\*Participation with VezaHealth is voluntary and does not constitute the establishment of a patient/physician relationship. All medical decision making is the sole responsibility of the participant and his/her treating providers.*



## FREE

For **all** participants of your health plan, including employees and dependents.



## Expert Advice

Connect with a specialist to ensure you have the best treatment plan in place.



## No "wrong" reason to call

Call for any reason. We can help navigate the healthcare world and your health plan.



## Personalized

You will be connected with Nicole, the RN dedicated to serving your health plan. Nicole also understands your plan benefits.



262-227-1886



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[www.VezaHealth.com](http://www.VezaHealth.com)



## Meet your **RN**.

Nicole Budik, RN is the dedicated VezaHealth nurse available to your health plan and its participants. Prior to joining VezaHealth, Nicole worked with patients of all ages in multiple medical and surgical specialties. She is a certified Health Coach and certified Nutrition Coach. Her goal is to guide and educate you to become healthier versions of yourselves and restore your overall health and wellbeing. In her free time, Nicole enjoys camping, fishing, hiking, biking, and being outdoors with her children and boyfriend.



Reach out today to discuss health, wellness, or medical concerns!