



# JANUARY | 2023

## JMMS/JMHS LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <b>NO CLASSES</b>	3 Pancakes & Sausage Hash Browns Yogurt Cup Choice of Fruit	4 Pizza Hut Fresh Salad Baby Carrots & Dip Chocolate Crackers Choice of Fruit	5 Cheeseburger Waffle Fries Baked Beans Choice of Fruit	6 Mac & Cheese Broccoli Punch Fruitable Goldfish Graham Choice of Fruit
9 Fiesta Refried Beans Sweet Corn Choice of Fruit	10 Spaghetti & Meatballs Green Beans Garlic Breadstick Choice of Fruit	11 Papa John's Pizza Fresh Salad Tropical Fruitable Granola Bar Choice of Fruit	12 Chicken & Waffles Star Tots Punch Fruitable Choice of Fruit	13 Philly Steak Sandwich with Mozzarella Steamed Carrots Crispy Fries Choice of Fruit
16 <b>M.L.K. Observance Day No Classes</b>	17 Corn Dog Baked Beans Crispy Fries Choice of Fruit	18 Gionino's Pizza Fresh Salad Baby Carrots & Dip Chocolate Chip Cookie Choice of Fruit	19 Chicken Sandwich Mashed Potatoes Gravy Corn Choice of Fruit	20 Mac & Cheese Broccoli Cheez-It's Gold Rush Fruitable Choice of Fruit
23 Chicken Nuggets Steamed Carrots French Fries Choice of Fruit	24 Grilled Cheese on a Pretzel Bun Tomato Soup Green Beans Choice of Fruit	25 Papa John's Pizza Fresh Salad Celery & BP Goldfish Crackers Choice of Fruit	26 Sweet & Sour Chicken Fried Rice Veggie Mix Choice of Fruit	27 BBQ Rib Sandwich Baked Beans Curly Fries Choice of Fruit
30 Cheese Max Sticks Marinara Sauce Cup Steamed Carrots Choice of Fruit	31 Loaded Nachos with Beef & Cheese Refried Beans Corn Choice of Fruit	1	2	3

Breakfast - \$1.50  
Reduced - .30

Lunch - \$3.10  
Reduced - .40

Milk - .50  
(served with every meal)

Daily Substitutions:  
A La Carte Item  
PB&J  
Salad with Pretzels

Soup & Salad Bar:  
Served every  
Tuesday & Wednesday

This Institution is an Equal  
Opportunity Provider.

\*Menu subject to change\*