



### Triennial Assessment Tool

Date of Assessment: 06/01/2021	Name of School District: Pelham City Schools Charter System	Number of Schools in District: 3	
<b>Nutrition Education Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Teach, encourage, and support healthy eating by students	Completed	3	
2. Positively Influence students' eating behaviors	Completed	3	
3. Continuing professional learning will be provided for all School Nutrition Staff Members	Completed	3	
4. Fruits, vegetable, whole grain products low-fat and fat-free dairy products healthy food preparation methods	Completed	3	
5. Each food service facility will have a least one school nutrition employee on site that is certified as a food safety manager (ServSafe) in compliance with federal and state laws and rules promulgated by the State.	Completed	3	
<b>Nutrition Promotion Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. The system and schools shall promote best practices in nutrition in compliance with federal and state requirements.	Completed	3	
2. Nutrition education will be evident in the school dining room through posters and bulletin board displays.	Completed	3	

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3. Nutrition education will involve sharing information with families and the broader community to positively impact students and the health of the community	Completed	3	
4. Students will be encouraged to start each day with a healthy breakfast. Child Nutrition Programs comply with federal, state and local requirements. Child Nutrition Programs are accessible to all children	Completed	3	
5. During the school day, schools will promote and encourage health food choices (Cafeteria, a la carte, classroom snacks, after school program snacks, and fundraising)	Completed	3	
<b>Physical Activity Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Recommend that all grades K-12 incorporate 30 minutes of daily physical education instruction, by a certified teacher, into their master schedule according to National Standard for Physical Education	Completed	3	
2. Students will be encouraged to be involved in physical activity in the community, school sponsored events, and extracurricular activities.	Completed	3	
3. Students in all grades will be given the opportunity annually to measure and evaluate their individual fitness level utilizing some type of research based method appropriate for their age and grade level.	Completed	3	With COVID-19 this school year 2020-2021. I not sure if they did the measure and evaluate their individual fitness. I know it has been done in the pass.
4. Instruction should encourage individual improvement so as not to discourage less	Completed	3	

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athletic students or those with lower fitness levels.			
5. Physical Education will include activities that will enhance learning and development of lifelong wellness practices.	Completed	3	
<b>Other School-Based Activities that Promote Student Wellness Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. School fundraising shall be encouraged to offer healthy food choices or non-food sales.	In Progress	3	
2. Encourage student participation in school extracurricular activities through student handbooks and school announcements. Recommend that health food choices must be available at these activities when food is sold.	In Progress	3	
3. Provide opportunity for school nurses to conduct screenings of student for health related issues such as hearing, vision, scoliosis, weight and height.	Completed	3	
4. Principles and /or school nurses build a school collection of health related media and information for parent, student, and teacher use.	Completed	3	
5. School Nurse facilitates annual training for first aid, cardio-pulmonary resuscitation (CPR) and other health related instruction for faculty and staff.	Completed	3	
<b>Nutrition Guidelines for All Foods and Beverages Sold to Students</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. All foods and beverages made available on school campuses during the school day, must	Completed	3	

comply with the USDA Dietary Guidelines for Americans.			
2. Encourage fundraising efforts and reward programs that are supportive of healthy eating habits by recommending teachers and principals offer healthy food sales and distribution.	Completed	3	
3. The Alliance for a Healthier Generation provides a set of tools to assist with implementation of Smart Snacks Available.	Completed	3	
4. To support healthy food choices and improve student health and well-being, all foods and beverages outside the reimbursable school meal programs that are sold to students on the school campus bring the school day will meet or exceed the USDA Smart Snacks nutrition.	Completed	3	
5. Nutritional information of all foods sold at school in the school nutrition program will be available upon request.	Completed	3	
<b>Nutrition Guidelines for All Foods and Beverages Not Sold to Students</b> <i>(i.e. classroom parties, foods given as reward).</i>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. The School Nutrition Program will ensure that reimbursable school meals meet the school nutrition program requirement and nutrition standards set forth under relevant federal and state regulations.	Completed	3	
2. The school should promote an overall school environment that encourages students to make healthy food choices.	Completed	3	

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3. Students meals will meet the USDA Nutrition Standards as well as provide sufficient choices, including new foods and foods prepared in new ways, to meet the taste preferences of diverse student populations.	Completed	3	
4. The School Nutrition Program will provide a choice of menus or items within required food selections in all schools where student may refuse food items offered	Completed	3	
5. To promote hydration, free, safe, unflavored drinking water will be available to all students throughout the school day and throughout every school campus. The District will make drinking water available where school meals are served during mealtimes.	Completed	3	
<b>Policies for Food and Beverage Marketing</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. If the Principal approves the sale of competitive foods( foods sold 30 minutes before the 1 <sup>st</sup> lunch and 30 minutes after the last lunch) at school:	Completed	3	
2. All income from the sale of such foods must accrue to the benefit of the nonprofit school food service; or the school or school organizations approved by the Principal. They must be sold in locations other than the entrances of the dining areas the dining areas themselves, serving areas and kitchen areas.	Completed	3	
3. The foods and beverages sold and served outside of the school meal programs will	Completed	3	

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meet the USDA Smart Snacks in School nutrition standards, at a minimum.			
4. Smart Snacks aim to improve student health and well-being, increase consumption of healthful foods during the school day, and create an environment that reinforces the development of healthy eating habits.	Completed	3	
5. These standards will apply in all locations and through all services where foods and beverages are sold, which may include, but are not limited to, a la carte options in cafeteria, vending machines, school stores, and snack or food carts.	Completed	3	
<b>Key</b>			
Completed	select if you have met this goal at all schools		
Partially Completed	select if one or more schools has met this goal		
In Progress	select if you are working on the goal, but none of the schools have met the goal		
Not Completed	select if you have not begun working on this goal		

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<b>Wellness Policy Leadership</b> <i>Name of school official(s) who are responsible to ensure compliance.</i>	<b>Title and School</b>	<b>Notes:</b>
1. Floyd Fort	Superintendent/CO	
2. Laron Smith	Asst. Superintendent/CO	
3. Talzonda Randall	Director, CO	
4.		
5.		
<b>Wellness Committee Involvement</b> <i>List of committee members names</i>	<b>Title and Organization</b>	<b>Notes:</b>
1. Mrs. Nicole Bulloch	Teacher/High	
2. Mr. Slaughter	Teacher/Middle	
3. Ms. Johnnetta Morgan	Nurse/Middle	
4. Mr. Patterson	Custodian/Middle	
5. Mr. Mohammad	Teacher/High	
6. Robin Stokes	PES Manager	

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<b>Public Notification</b> <i>Where it is posted i.e. webpage, handbook, etc.</i>	<b>How often it is updated/released:</b>	<b>Notes:</b>
1. Webpage	annually	
2.		
3.		
4.		
5.		

**Optional Summary Report of Triennial Assessment** *(include a summary of the extent to which schools are in compliance with the wellness policy, the extent to which the wellness policy compares to model wellness policies, and a description of the progress made in attaining the goals of the wellness policy):*