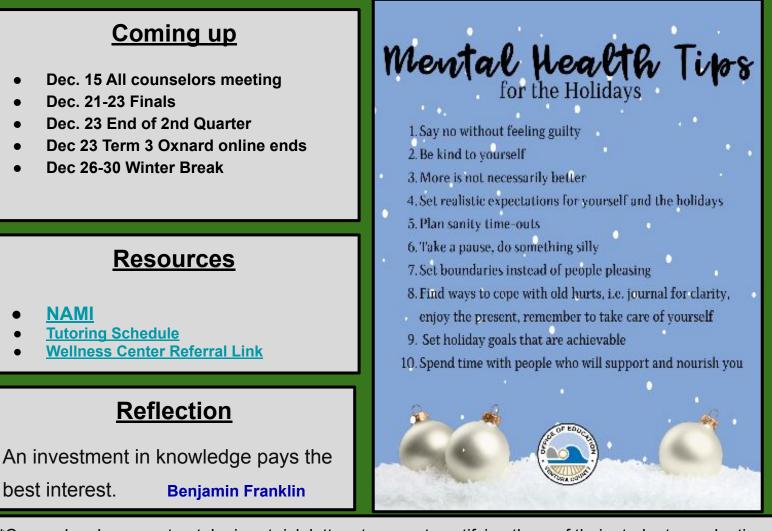


Rio Mesa High School Counselor Newsletter



Counseling Department At-A-Glance

The Rio Mesa High School counselors are here to assist students in achieving success in all aspects of their lives, Academic, Social Emotional, and College and Career. We encourage students to come in to ask questions, seek information, and get to know the counselors. We are here to provide individual guidance on academic, personal, extracurricular, and post-secondary options. Counseling office hours are: 8:00-3:40 pm on regular school days.



*Counselors have sent out Junior at risk letters to parents notifying them of their students graduation status. Counselors are planning incoming 9th grade visits at our local feeder schools. Our incoming 9th grade Parent nights will be February 9 and March 1st 2023. 5:30-7pm.

Holidays are approaching and students may need additional support during this time!

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IB Career-Related Programme

ingrid.brennan@oxnardunion.org

Naw - Rom &

Ingrid Brennan

Chas - D & AVID Carri McDevitt <u>carri.mcdevitt@oxnardunion.org</u>

Ron - Z Sylvia Gomez <u>sylvia.gomez@oxnardunion.org</u>

Counselors:

E - Lamp Cristella Arriaga <u>cristela.arriaga@oxnardunion.org</u>

Categorical Programs (ELD, Foster, Migrant Ed., Exchange Students) Christian Zuniga christian.zuniga@oxnardunion.org

Lamq - Nav & IB Diploma Programme Kristene Kenney kristene.kenney@oxnardunion.org Guidance Tech: Yesenia Ambriz yesenia.ambriz@o xnardunion.org

Academic Intervention Counselor (9th & 10th Grade) Chari Farias <u>chari.farias@oxnardunion.org</u>