

Hitchcock ISD School Health Advisory Council Meeting held on December 14, 2022

The meeting was called to order.

Members in attendance: Sue Taylor (parent), Melissa Arnold, Calvin Harp, Drewann Perales LVN, Russell Mawby and Karen Peterson RN (faculty).

Minutes reviewed from October 5, 2022 meeting.

Explained to the new staff that the purpose of SHAC is to assist the district in ensuring that local community values are reflected in the district's health education instruction.

Topics for Discussion - Eight components of coordinated school health should be the priority focus area for the SHAC: 1 - Nutrition Services, 2 - Health Services, 3 - Healthy & Safe School Environment, 4 - Counseling & Mental health Services, 5 - Staff Wellness Promotion, 6 - Parent & Community Involvement, 7 - Physical Education and 8 - Health Education.

Staff reported that the students are purchasing some of the drinks and snacks available at lunch.

Suggested to discuss with HISD PD regarding an assembly for students on the topic of Vaping Awareness.

"It's Time Texas Community Challenge" is open for enrollment. The app can be downloaded. Pending swag to give to those that have signed up. So far about 10 have enrolled. The ITT Challenge is a free 8 week, statewide competition in which Texas communities compete to see which communities can demonstrate the greatest commitment to healthy living. The Challenge kicks off January 9th and runs through March 5th. Each person will receive points for healthy eating, physical activity and water consumption. There will be recognition for winning individuals, schools and communities. The program is App-based participation. There is the ability to refer friends, family and coworkers within the app.

A community parade and Hometown Christmas event was held December 10th with good school and community involvement.

The Candy Bash was held at the High School on Halloween. There were about 12 booths set up in the main hallway. There was a good crowd of children and parents in attendance..

Future Meeting Dates are scheduled for 1:00 PM on December 14, 2022, February 1, 2023 and March 29, 2023.

Meeting was adjourned.