

# SUMMER VACATION CARE PROGRAM

9 January – 30 January 2023



# MONDAY 09/01/2023

## BEACH BLAST

TIME	DESCRIPTION
7.00am	Children arrive: Indoor investigative play
	Quiet activities
8.00am	Team building and group games
	Sensory play
9.00am	Group discussion and news
9.30am	Group fitness
10.00am	Morning tea: Fruit platter and rice cakes
	Playground activities
11.00am	<b>Australian beach games!</b> <ul style="list-style-type: none"><li>• Back yard cricket</li><li>• "Beach" Volleyball</li><li>• Beach ball parachute toss</li><li>• Frisbee throw competition</li></ul>
	<b>Cooking:</b> Pikelets
12.30pm	Lunch time
1.00pm	Quiet time with mindful meditation and story time
1.30pm	Free time

TIME	DESCRIPTION
2.00pm	<b>Arts and Craft:</b> Pre-Kindy – Pre-Primary Year 1 – Year 2 Year 3+ All
	Shell turtles and crabs Jelly fish salt painting Colorful sand bottles Tye-Dye seashells
3.00pm	Afternoon tea: Fruit platter and Pikelets
4.00pm	Outdoor investigative play
5.00pm	Reflection/suggestion time
	Quiet activities
6.00pm	Children depart



# TUESDAY 10/01/2023

## SUPERHERO DAY - INCURSION FROM FIRE ENGINE FUN!

Bring bathers!

TIME	DESCRIPTION
7.00am	Children arrive: Indoor investigative play Quiet activities
8.00am	Team building and group games Sensory play
9.00am	Group discussion and news
9.30am	Morning tea: Fruit platter and biscuits Playground activities
10.00am	<b>Incursion from Fire Engine Fun!</b> Enjoy firing the water hose and riding in the truck on campus!
	<b>Cooking:</b> Vegetable fritters
12.30pm	Lunch time
1.00pm	Quiet time with mindful meditation and story time
1.30pm	Free time

TIME	DESCRIPTION
2.00pm	<b>Visit superhero stations around OSHC and complete the tasks!</b> <ul style="list-style-type: none"><li>• Captain America</li><li>• Spider Man</li><li>• Ant-Man</li><li>• Aqua man</li><li>• Flash</li></ul>
3.00pm	Afternoon tea: Fruit platter and mini veg frittatas
4.00pm	Outdoor investigative play
5.00pm	Reflection/suggestion time Quiet activities
6.00pm	Children depart



# WEDNESDAY 11/01/2023

## GAMES OF THE WORLD

TIME	DESCRIPTION	TIME	DESCRIPTION
7.00am	Children arrive: Indoor investigative play Quiet activities	12.30pm	Lunch time
8.00am	Team building and group games Sensory play	1.00pm	Quiet time with mindful meditation and story time
9.00am	Group discussion and news	1.30pm	Free time
9.30am	Group fitness	2.00pm	<b>Group Activities:</b> Create your own board game or join in on a kahoot quiz!
10.00am	Morning tea: Fruit platter and cheese and crackers Playground activities	3.00pm	Afternoon tea: Fruit platter and Vegetarian Quesadillas
11.00am	<b>Games around the world</b> Greece: Statues India: Cheetahs and cheetals Ghana: Pilolo USA: Red light green light China: Catch the dragon's tail	4.00pm	Outdoor investigative play
		5.00pm	Reflection/suggestion time
		6.00pm	Quiet activities Children depart

**Cooking:** Vegetarian Quesadillas



# THURSDAY 12/01/2023

## MESSY OLYMPICS

Bring a change of clothes!

TIME	DESCRIPTION
7.00am	Children arrive: Indoor investigative play Quiet activities
8.00am	Team building and group games Sensory play
9.00am	Group discussion and news
9.30am	Group fitness
10.00am	Morning tea: Fruit platter and corn chips Playground activities
11.00am	<b>Art and Craft:</b> Kindy – Pre-Primary      Fizzing cloud dough Year 1 – Year 3      Gak slime Year 4+      Balloon painting All      Textured paint creations  <b>Cooking:</b> Savory muffins

TIME	DESCRIPTION
12.30pm	Lunch time
1.00pm	Quiet time with mindful meditation and story time
1.30pm	Free time
2.00pm	<b>Group Activities:</b> <ul style="list-style-type: none"><li>• Egg toss</li><li>• Slippery tug-o-war</li><li>• Donut string competition</li><li>• Messy sensory guessing booth</li><li>• Mud painting</li></ul> Afternoon tea: Fruit platter and savory muffins
3.30pm	Outdoor investigative play
4.00pm	Reflection/suggestion time
5.00pm	Quiet activities
6.00pm	Children depart



# FRIDAY 13/01/2023

## HAWAIIAN LUAU

TIME	DESCRIPTION	TIME	DESCRIPTION
7.00am	Children arrive: Indoor investigative play Quiet activities	1.00pm	Quiet time with mindful meditation and story time
8.00am	Team building and group games Sensory play	1.30pm	Free time
9.00am	Group discussion and news	2.00pm	<b>Group activities:</b> <ul style="list-style-type: none"><li>• Learn the Hula dance</li><li>• Hula hoop contest</li><li>• Limbo competition</li></ul> Dress up and get a snap in our Luau themed photobooth!
9.30am	Group fitness		
10.00am	Morning tea: Fruit platter and rice cakes Playground activities		
11.00am	<b>Art and Craft:</b> Kindy – Pre-Primary      Create a streamer hula skirt Year 1 – 2                      Make a paper Lei Year 3+                         Create a paper bag Tiki mask All                                 Baking soda volcano	3.00pm	Afternoon tea: Fruit platter and Banana bread
		3.30pm	Outdoor investigative play
		4.00pm	<b>Movie time</b>
		5.00pm	Reflection/suggestion time
			Quiet activities
		6.00pm	Children depart
12.30pm	<b>Cooking:</b> Banana bread Lunch time		



# MONDAY 16/01/2023

## CRAZY RAINBOW MANIA

Crazy hair and socks day!

TIME	DESCRIPTION
7.00am	Children arrive: Indoor investigative play Quiet activities
8.00am	Team building and group games Sensory play
9.00am	Group discussion and news
9.45am	Group fitness
10.15am	Morning tea: Fruit and veg platter and assorted biscuits Playground activities
11.15am	<b>Rainbow experiments:</b> <ul style="list-style-type: none"><li>• Rainbow skittles</li><li>• Rainbow bubbles</li><li>• Creating rainbow reflections</li><li>• Make a rainbow volcano</li></ul>
12.30pm	<b>Cooking:</b> Raspberry and white chocolate muffins Lunch time

TIME	DESCRIPTION
1.00pm	Quiet time with mindful meditation
1.30pm	Free time
2.00pm	<b>Group activity:</b> Participate in a colour run!
3.00pm	Afternoon tea: fruit and veg platter, and raspberry and white chocolate muffins
3.30pm	Outdoor investigative play
5.00pm	Reflection/suggestion time
6.00pm	Quiet activities Children depart



# TUESDAY 17/01/2023

## OSHC CARNIVAL

TIME	DESCRIPTION
7.00am	Children arrive: Indoor investigative play Quiet activities
8.00am	Team building and group games Sensory play
9.00am	Group discussion and news
9.30am	Group fitness
10.00am	Morning tea: Fruit platter and cheese and crackers Playground activities
11.00am	<b>Carnival preparations!</b> Make a photobooth prop Make a carnival hat Washable tattoos Face painting
	<b>Cooking:</b> Muesli Bars
12.30pm	Lunch time
1.00pm	Quiet time with mindful meditation and story time
1.30pm	Free time

TIME	DESCRIPTION
2.00pm	<b>Group activities: Carnival games</b> <ul style="list-style-type: none"><li>• Fish cup</li><li>• Hoop toss</li><li>• Leap frog</li><li>• Spin a wheel</li><li>• Photobooth fun</li></ul>
3.30pm	Afternoon tea: Fruit and veg platter and muesli bars
4.00pm	Outdoor investigative play
5.00pm	Reflection/suggestion time Quiet activities
6.00pm	Children depart





# WEDNESDAY 18/01/2023

## FUN FITNESS - INCURSION FROM GYM BUS!

TIME	DESCRIPTION
7.00am	Children arrive: Indoor investigative play Quiet activities
8.00am	Team building and group games Sensory play
9.00am	Group discussion and news
9.30am	Morning tea: Fruit platter and corn chips Playground activities
10.00am	<b>Incursion from Gym Bus!</b> <b>Cooking:</b> Strawberry slice
12.30pm	Lunch time
1.00pm	Quiet time with mindful meditation and story time
1.30pm	Free time

TIME	DESCRIPTION
2.00pm	<b>Sport games!</b> <ul style="list-style-type: none"><li>• Basketball</li><li>• Volleyball</li><li>• Soccer</li><li>• Frisbee throw</li></ul>
3.00pm	Afternoon tea: Fruit platter and Cheese and Strawberry slice
4.00pm	Outdoor investigative play
5.00pm	Reflection/suggestion time Quiet activities
6.00pm	Children depart



# THURSDAY 19/01/2023

## GOING GREEN - ECO EXPLORERS

TIME	DESCRIPTION
7.00am	Children arrive: Indoor investigative play Quiet activities
8.00am	Team building and group games Sensory play
9.00am	Group discussion and news
9.30am	Group fitness
10.00am	Morning tea: Fruit platter and rice cakes Playground activities
11.00am	<b>Art and Craft:</b> Pre-Kindy – Pre-Primary Leaf stamping in dough Year 1 – Year 2 Create a nature mask Year 3+ Make a recycled bird house All Create a sign for our OSHC garden for the afternoon <b>Cooking:</b> Vegemite scrolls

TIME	DESCRIPTION
12.30pm	Lunch time
1.00pm	Quiet time with mindful meditation and story time
1.30pm	Free time
2.00pm	<b>Group Activities:</b> Help to plant an OSHC garden!
3.00pm	Afternoon tea: Fruit platter and vegemite scrolls
4.00pm	Outdoor investigative play
5.00pm	Reflection/suggestion time Quiet activities
6.00pm	Children depart



# FRIDAY 20/01/2023

## TIME TRAVELERS

TIME	DESCRIPTION
7.00am	Children arrive: Indoor investigative play Quiet activities
8.00am	Team building and group games Sensory play
9.00am	Group discussion and news
9.30am	Group fitness
10.00am	Morning tea: Fruit platter and rice cakes Playground activities
11.00am	<b>Group craft:</b> Invent a recycled time machine big enough to fit inside of!
	<b>Cooking:</b> Rocky Road
12.30pm	Lunch time
1.00pm	Quiet time with mindful meditation and story time
1.30pm	Free time

TIME	DESCRIPTION
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2.00pm	<b>Group scavenger hunt:</b> You've travelled back in time to many different eras: Use your detective skills to solve the tasks from each time period!
3.30pm	Afternoon tea: Fruit platter & Rocky Road
4.30pm	Movie time
5.00pm	Reflection/suggestion time Quiet activities
6.00pm	Children depart



# MONDAY 23/01/2023

## FANTASTIC FRUIT!

TIME	DESCRIPTION
7.00am	Children arrive: Indoor investigative play Quiet activities
8.00am	Team building and group games Sensory play
9.00am	Group discussion and news
9.30am	Group fitness
10.00am	Morning tea: Fruit platter and rice cakes Playground activities
11.00am	<b>Fruit themed games</b> <ul style="list-style-type: none"><li>• Fruit basket – find a chair!</li><li>• Fruit bingo</li><li>• Apple toss</li><li>• Fruit/vegetable sorting toss</li></ul> <b>Cooking:</b> Mini pizzas

TIME	DESCRIPTION
12.30pm	Lunch time
1.00pm	Quiet time with mindful meditation and story time
1.30pm	Free time
2.00pm	<b>Incursion from Boost Juice!</b> Sip on your cool fruit drink while playing group kahoot!
3.00pm	Afternoon tea: Fruit & Veggie platter and mini pizzas
4.00pm	Outdoor investigative play
5.00pm	Reflection/suggestion time Quiet activities
6.00pm	Children depart



# TUESDAY 24/01/2023

## FAIRY TALES & FICTION

Dress as your favourite fictional character!

TIME	DESCRIPTION	TIME	DESCRIPTION
7.00am	Children arrive: Indoor investigative play	12.30pm	Lunch time
	Quiet activities	1.00pm	Quiet time with mindful meditation and story time
8.00am	Team building and group games	1.30pm	Free time
	Sensory play	2.00pm	<b>Group Activities:</b>
9.00am	Group discussion and news		Create a recycled creation based on a fairy tale!
9.30am	Group fitness		• Castles, thrones, fairy houses, and more
10.00am	Morning tea: Fruit platter and rice cakes	3.00pm	Afternoon tea: Fruit & veggie platter and choc chip cookies
	Playground activities	4.00pm	Outdoor investigative play
11.00am	<b>Art and Craft:</b>	5.00pm	Reflection/suggestion time
	Fairy tales		Quiet activities
	Three little pigs – pig snout DIY	6.00pm	Children depart
	Snow white – create a magic mirror		
	The frog prince – create an origami leap frog		
	Fiction		
	Create a paper roll dragon with fire breathing		
	Design a paper plate monster mask		
	<b>Cooking:</b>		
	Choc chip cookies		



# WEDNESDAY 25/01/2023

## EXPLORING DOWN UNDER! CELEBRATE AUSTRALIA

TIME	DESCRIPTION
7.00am	Children arrive: Indoor investigative play Quiet activities
8.00am	Team building and group games Sensory play
9.00am	Group discussion and news
9.30am	Group fitness
10.00am	Morning tea: Fruit platter and rice cakes Playground activities
11.00am	<b>Outdoor Aussie style games:</b> <ul style="list-style-type: none"><li>• Sack race</li><li>• Thong (flip-flop) throw</li><li>• Back yard cricket</li><li>• Egg and spoon race</li></ul>

**Cooking:** Fairy bread

TIME	DESCRIPTION
12.30pm	Lunch time
1.00pm	Quiet time with mindful meditation and story time
1.30pm	Free time
2.00pm	<b>Group activity</b> <ul style="list-style-type: none"><li>• Create a canvas design to display at OSHC using aboriginal art colours and symbols!</li><li>• Take home an Australian themed goodie bag!</li></ul>
3.00pm	Afternoon tea: Fruit & veggie platter and fairy bread
4.00pm	Outdoor investigative play
5.00pm	Reflection/suggestion time
6.00pm	Quiet activities Children depart



# FRIDAY 27/01/2023

## THE GREAT OUTDOORS

TIME	DESCRIPTION
7.00am	Children arrive: Indoor investigative play Quiet activities
8.00am	Team building and group games Sensory play
9.00am	Group discussion and news
9.30am	Group fitness
10.00am	Morning tea: Fruit platter and rice cakes Playground activities
11.00am	<b>Group nature hike and scavenger hunt:</b> Collect sticks and materials along the way for hut building in the afternoon. <b>Cooking:</b> Choc chip cookies
12.30pm	Lunch time
1.00pm	Quiet time with mindful meditation and story time
1.30pm	Free time

TIME	DESCRIPTION
2.00pm	<b>Group Activities:</b> <ul style="list-style-type: none"><li>• Build a camping hut using collected materials.</li><li>• Learn different knot variations for ropes</li></ul>
2.30pm	Afternoon tea: Fruit & veggie platter, Choc Chip Cookies
3.00pm	Outdoor investigative play
4.00pm	<b>Movie time!</b>
5.00pm	Reflection/suggestion time Quiet activities
6.00pm	Children depart



# MONDAY 30/01/2023

## MIGHTY MIND

TIME	DESCRIPTION
7.00am	Children arrive: Indoor investigative play Quiet activities
8.00am	Team building and group games Sensory play
9.00am	Group discussion and news
9.30am	Group meditation
10.00am	Morning tea: Fruit platter and rice cakes Playground activities
11.00am	<b>Art and Craft:</b> Pre-Kindy – Pre-Primary Pearler bead templates Year 1 – Year 2 Water colour paintings Year 3+ Create a positive poster or accessory All Make a mindful breathing wand  <b>Cooking:</b> Cheese Quesadillas

TIME	DESCRIPTION
12.30pm	Lunch time
1.00pm	Quiet time with mindful meditation and story time
1.30pm	Free time
2.00pm	<b>Group Activities:</b> Mindful hike – check off your scavenger list along the way
2.30pm	Afternoon tea: Fruit & veggie platter and cheese quesadillas
3.00pm	Outdoor investigative play
4.00pm	Last day of the holidays: Movie time
5.00pm	Reflection/suggestion time Quiet activities
6.00pm	Children depart

