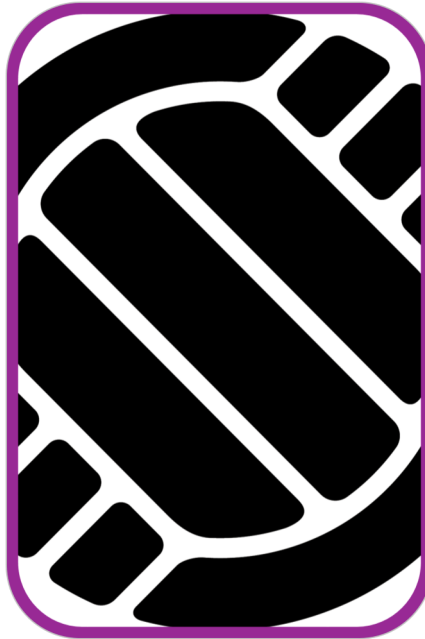




GET IN THE GAME



WINTER AND SPRING PROGRAMS



The York YMCA offers multiple programs for youth, teens and families. The sports programs offer a quality sports experiences for all skill levels, including practices and games, under the direction of qualified YMCA instructors.

Register early on the yorkymca.org website (click on "programs") or by returning the form (on the back of this flyer) to the York YMCA with payment. Financial assistance is available. Stop by the York YMCA front desk at least seven business days prior to the start of the program to ask for a financial assistance application. Email dmarkel@rosesymca.org with questions regarding any of the listed programs.

- WHEN:** First program begins January 2023
- WHERE:** York Branch YMCA
- WHO:** AGES 4 - TEEN, ALL SKILL LEVELS

The School District neither encourages nor discourages a student's participation in the activities described herein.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



INDOOR SOCCER LEAGUE (Ages 4-11)

In an instructional & recreational setting, youth will gain skill enhancement through practices and games.

Instruction will be held the first few Saturdays with games the remaining Saturdays. **Coed.**

Saturdays, February 11 - April 8.

Ages 4 - 5 at 9 a.m.

Ages 6 - 8 at 10 a.m.

Ages 9 - 11 at 11 a.m.

\$40/YMCA Members \$80/Non-Mbrs

SPRING BASKETBALL LEAGUE (Ages 4-11)

In an instructional & recreational setting, youth will gain skill enhancement through practices and games. Practices held the first few Saturdays with games the remaining Saturdays. **Coed.**

Ages 4 - 5's at 9 a.m.

Ages 6 - 8's at 10 a.m.

Ages 9 - 11's at 11 a.m.

*Times subject to a later time after the first day

Saturdays, **April 15 - June 10.**

\$40/YMCA Members

\$80/Non-Members

FENCING Did you know there is a fencing program for ages 10 through adults at the York YMCA?

Email kebleecker@comcast.net

ADULT AND TEEN PICK-UP DODGEBALL

Join us on Sundays from 3:30-4:45pm for recreational dodgeball play. For adults and teens. Adults and teens may attend without the other.

Daily drop-in fee of:

\$2/YMCA Members / \$5/Non-Members



GIRLS INTRAMURAL VOLLEYBALL

Ages 11-14. This program focuses on instruction in a recreational environment, with pick-up games incorporated toward the end of the session. Recommended for "beginners" or those looking to continue extra play. For those which have gone through a prior session, instruction will be based on returning participants also.

Mondays, 6:30-8pm

Winter Session: January 23 - March 20.

Spring Session: March 27 - May 22

6:30 p.m. - 8 p.m.

\$40/YMCA Members \$80/Non-Mbrs

SAFE KIDS TAE KWON DO Held at the York YMCA. Ages 6 years and older, Adults and Families Welcome! For more information or to register, call: 717-252-2824



EARLY DISMISSAL BASKETBALL TRAINING

From 1:30-4pm on four Wednesdays in the given month, participants will work on basketball skills in an instructional setting, led by an experienced basketball instructor. Participants must be able to dribble. Register per month or multiple months. Jan., Feb., Mar., Apr. For ages 6-8.

*For January, must register by Dec. 21, 2022

\$45/YMCA Members

\$90/Non-Members

Return this section, with payment, to the York YMCA. If applying for financial assistance, contact dmarkel@rosesymca.org

Child's Name: _____ Grade: _____ Birthdate: ____/____/____ Age: _____ Male Female

Parent(s) Name(s): _____

Address: _____ City: _____ State: _____ Zip: _____

Phone No.: _____ Email address: _____

Program: _____ Shirt Size: YS (6-8) YM (10-12) YL (14-16) Other (specify)_____

*Shirts for soccer and basketball league only.