



# TOWN OF VERNON

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APPROVED 11/15/22

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**MINUTES**  
**REGULAR MEETING**  
**SENIOR CITIZEN'S ADVISORY BOARD**  
**135 Bolton Road**  
**Vernon, Connecticut**

**OCTOBER 25, 2022**

The October 25, 2022 meeting of the Senior Citizen's Advisory Board was held at the Vernon Senior Center, 135 Bolton Road, Vernon, Connecticut. The meeting was called to order by Chairman Edward Slattery at 10:02 AM. The following members were in attendance: Maryann Hopowiec, Pam Faircloth, Ron Kane, Janet DiTarando, Patty Noblet, Bob Audet and Nancy Sirois. Absent: Wes Shorts. Others in attendance: Bill Campbell, Director Maureen Gabriele and Recording Secretary Diane Wheelock.

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No one participated in Public Forum.

The minutes of the September 27, 2022 meeting were reviewed and a motion was made by Maryann Hopowiec and seconded by Bob Audet to approve the minutes as presented. The motion carried unanimously.

No **Secretary's Report**.

The **Treasurer's report** was presented by Patty Noblet. The new total amount available in the fund is \$41,860.27 (Including \$85.00 in interest). A motion was made by Janet DiTarando and seconded by Nancy Sirois to approve the report as presented. The motion carried unanimously.

No **Committee Report's**.

**Director Report** - Maureen Gabriele began her update by turning the floor over to Patty Noblet and Janet DiTarando to report on the Walking Club. Janet reported in all there are 40 participants signed up. Maureen Gabriele said that the Club will need to suspend outdoor walking through the bad weather months. The months of December and January will be suspended and the remaining winter months will be determined based on the weather. Suggestions were offered for alternatives by Board Members: the Buckland Hills Mall, Star Hill and the YMCA in Ellington.

The staff has investigated indoor Pickle Ball for the winter months, however, the ceiling will not accommodate the activity. In place of a location inside the Senior Center staff is working on partnering with the Parks and Recreation Department to provide this activity at Center 375 in the gym. Before this can happen, staffing will need to be secured for opening/closing and set up. We will keep you posted.

Select Physical Therapy is back at the Center on a regular basis. Tim will be here on Monday, Tuesday and Thursday and Ethan will be here on Fridays. Balance and Strength Classes will resume.

There will be three Medicare Programs for those still looking and researching for the plans that best suit their needs. Call the Center to make an appointment. Sue Ward is running a "Jam Session" beginning in November. Check out the newsletter for all the details.

The Coffee station is open from 9:30 AM to 2:30 PM every day. A \$.25 donation is requested.

Tax Season is just around the corner. We are looking for volunteers to assist Seniors with their taxes. Scheduling will begin for members in January watch the December and January newsletter for details.

Hiring new Kitchen help is still a challenge. We are working with Administration to try and find a suitable candidate to follow Leah. We will keep you posted.

The Senior Center Financials were distributed. A brief discussion took place.

ECHN is not available for flu clinics or boosters this year. We will work with the North Central District Health Department to get clinics started. More to come.

**Chairman's Report** - Chairman Slattery didn't have anything official to share but asked that the board keep the Bristol Officer's in our thoughts and the First Responders. He also reminded the members that they are all the Official Ambassador's for the Senior Center.

**Old Business** - Patty Noblet advised the board members that while walking on the Rockville Spur of the Rails to Trails it was noticed that there are no benches on which to rest. She was wondering if the Board would be interested in purchasing a bench for that section of the trails. A discussion took place. A motion was made by Janet DiTarando and seconded by Bob Audet to purchase a bench for the \$2300.00 from the endowment funds to be placed on the Rails to Trails - Rockville Spur. Said bench to have a plaque mounted with the following message: ***"Live life to the fullest, and make a difference along the way"***. The motion carried unanimously.

**New Business** - None

**Adjournment** - A motion was made by Janet DiTarando seconded by Nancy Sirois to adjourn. The motion carried unanimously.

The next meeting is November 15, 2022.

Respectfully submitted,



Diane Wheelock  
Recording Secretary