

# Senn-Thomas Middle School



## Intramural Program

### **Benefits to Students:**

- Intramural sports provide opportunities for our students to learn and grow in each sport. It also provides proper physical, mental, emotional, and social development
  - Increase in self-confidence, social relations, and stronger connections with peers
  - Development in skills for each sport
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**Baseball**-The purpose of this program is to develop skills that will help each student further learn the game of baseball. This is a program for all skill levels. This will be organized by High School coaches and players.

- October 17th - November weather permitting
  - 2:45-3:45
  - Tuesday/Thursday
  - All 6th, 7th, 8th grade STMS students are eligible to participate
  - Parent permission forms are required
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**Basketball**-The purpose of this program is to develop skills that will help each student learn the game of basketball. This program will give students the opportunity to learn the fundamentals of the game and prepare them for the 7th/8th grade teams at STMS. Students will have the opportunity to play in a league as a team in December and January if they choose to continue.

- October
  - 9:00am-11:00am
  - Saturdays
  - All 6th grade STMS students are eligible to participate
  - Parent permission forms are required
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**Cross Country/Track**-The purpose of this program is to develop the fundamentals and endurance to succeed in cross country/track. Students will also be able to develop the knowledge and skills necessary to participate in 7th and 8th grade cross country and track.

- Winter running club
  - Dates TBD
  - All 6th grade students are eligible to participate
  - Parent permission forms are required
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**Volleyball**-The purpose of this program is to develop skills that will help each student learn the game of volleyball. This program will give students the opportunity to learn the fundamentals of the game and prepare them for the 7th/8th grade teams at STMS. This will be organized by High School coaches and players.

- February
  - 2:45-3:45 pm
  - Tuesday/Thursdays
  - All 6th grade STMS students are eligible to participate
  - Parent permission forms are required
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**Flag Football**-The purpose of this program is to develop skills that will help each student learn the game of football. This program will give students the opportunity to learn the fundamentals of the game and prepare them for the 7th/8th grade teams at STMS. This will be organized by High School coaches and players.

- March
  - 2:45-3:45
  - Tuesday/Thursday
  - All 6th grade STMS students are eligible to participate
  - Parent permission forms are required
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**Softball**-The purpose of this program is to develop skills that will help each student further learn the game of softball. This is a program for all skill levels. This will be organized by High School coaches and players.

- April
  - 2:45-3:45
  - Tuesday/Thursday
  - All 6th, 7th, 8th grade STMS students are eligible to participate
  - Parent permission forms are required
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**Spirit**-The purpose of this program is to develop skills that will help each student learn how to cheer and dance. This program will give students the opportunity to learn the fundamentals of cheer/dance. This will be organized by High School coaches and players.

- November
  - 2:45-3:45
  - Monday/Wednesday
  - All 6-8th grade students at STMS are eligible to participate
  - Parent permission forms are required
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**Wrestling**-The purpose of this program is to develop skills that will help each student further learn the sport of wrestling. This is a program for all skill levels. This will be organized by High School coaches and players.

- May
- 6-7pm at Taylor Early Childhood
- Tuesdays/Thursdays
- All 6th grade students at STMS are eligible to participate
- Parent Permission forms are required

## STMS Intramural Sports Registration Form

Student Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Address: \_\_\_\_\_

Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Cell: \_\_\_\_\_

Please check all activities that your child is interested in:

- Baseball
- Basketball
- Winter running club
- Volleyball
- Flag Football
- Softball
- Spirit
- Wrestling

In registering my child(ren) for the STMS Intramural program, I agree to abide by the policies of the Dunklin R-5 School District. I will respect and support the efforts of the coordinators and coaches. I also acknowledge that my child(ren) has no medical condition that would affect his/her ability to participate in this program.

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_