

Community Resources for Macon, MO

(Updated March 2021)

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Housing, Food, Clothing, & Shelter

Name	Phone	Address	Website	Description
American Red Cross (Central & Northern Missouri)	660-665-5686 (Kirksville office) 573-635-1132 (Columbia office)	315 S. Franklin St. Kirksville, MO 63501 1511 S. Providence Rd. Columbia, MO 65203	https://www.redcross.org/local/missouri/get-help.html	<ul style="list-style-type: none"> • Crisis intervention • Housing referrals • Food & shelter in emergency disaster situations • Help with military family contact
Better Living Center		106 Vine St. Macon, MO		<ul style="list-style-type: none"> • Free clothing and home items that have been donated • Mondays 10:00am-2:00pm • 3rd Tuesday of each month (Commodity Pick Up Day) 10:00am - 2:00pm
Family Life Fellowship Dream Center	660-263-0488	1614 E Highway 24 Moberly, MO	https://www.flfministries.com/flf-dream-center	<ul style="list-style-type: none"> • Food pantry, clothing ministry, and other community resources • Open to the public on Wednesdays from 10:00am-12:00pm, 1:30-4:00pm, 5:00-7:00pm • Closed every 5th Wednesday and on holidays • In order to receive free food, you will need a driver's license and proof of address if the address on your driver's license is not current
Macon County Department of Social Services / Macon County Division of Family Services	660-385-3191	1716-B Prospect Dr. Macon, MO	www.dss.mo.gov/	<ul style="list-style-type: none"> • Assists with food stamps, temporary aid to needy families (financial), energy assistance, services to families in crisis, etc. • Those inquiring about assistance should call 1-855-373-4636. The call-in center will assist with questions regarding coverage, concerns, or any questions.
Macon	660-395-3663	305 Sunset Hills Dr.	Macon County Ministries	<ul style="list-style-type: none"> • Monthly Food Pantry

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County Ministries		Macon, MO	Facebook page	<ul style="list-style-type: none"> ○ 3rd Tuesday of each month 12:00p.m.-6:00p.m. ○ Income-based--must bring proof of income ● Emergency Food Pantry: Open daily for 2 hours <ul style="list-style-type: none"> ○ Monday, Wednesday, Friday - 10:00am to 12:00pm ○ Tuesday, Thursday - 1:00pm to 3:00pm ○ Must be Macon County resident / Not income-based ○ Voucher required (provided by DFS or area churches) ● Food 4 Kids <ul style="list-style-type: none"> ○ Lunch in two local parks for 6 weeks in the summer after Summer School ● Buddy Packs <ul style="list-style-type: none"> ○ Weekend food during the school year for elementary students ○ Stacy Quinn or Kelly Hodge - 660-385-2118
Macon Housing Authority	660-385-5781	1404 S. Missouri St. #218 Macon, MO		<ul style="list-style-type: none"> ● Low-income housing ● Section 8 housing ● Youth Empowerment Enterprises for children in Section 8 housing
Macon Senior Center	660-385-6411	1404 S. Missouri St. #222 Macon, MO		<ul style="list-style-type: none"> ● Provides meals to senior citizens / disabled individuals as well as recreational activities ● Contact person - Christina Viers
NECAC	660-385-4616	907 St. Highway PP Macon, MO	www.necac.org	<ul style="list-style-type: none"> ● Section 8 housing ● Energy assistance ● Emergency assistance ● Weatherization ● Life Skills classes (Pre-employment, budgeting, energy conservation, building strong families) ● In-Home services ● Respite care for elderly

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Safe Passage Shelter	660-269-8999 800-616-3754 (toll-free hotline)	P.O. Box 456 Moberly, MO	http://www.safepassagemoberly.org/	<ul style="list-style-type: none"> • Offers emergency shelter and services for individuals and families who have experienced domestic and/or sexual abuse • All services are free and confidential • Arrangements can be made for male victims through motels
True North <i>(formerly The Shelter)</i>	800-548-2480 573-875-1370 (toll-free hotlines)	P.O. Box 1367 Columbia, MO	http://truenorthofcolumbia.org/	<ul style="list-style-type: none"> • Emergency shelter, advocacy, and hotline services for victims of domestic violence and sexual assault (and their children) • Also have some resources for men
Victims' Advocate <i>(Jamie Padgett)</i>	660-385-2175 660-651-0689	101 Washington Macon, MO	http://www.prosecutors.mo.gov/victims	<ul style="list-style-type: none"> • Assists victims in finding shelter, counseling, and assists with filing restraining orders • Located in the Prosecutor's Office
WIC	660-385-4711	Macon Co. Health Department 503 N. Missouri Macon, MO	http://health.mo.gov/living/families/wic/index.php	<ul style="list-style-type: none"> • Supplemental nutrition program that provides services to pregnant women, new mothers, infants, and children until their fifth birthday • Provides food vouchers and nutritional education

Counseling & Psychiatric Services *(including Residential Care)*

<u>Name</u>	<u>Phone</u>	<u>Address</u>	<u>Website</u>	<u>Description</u>
Access Crisis Intervention	800-356-5395 (toll-free hotline)		https://dmh.mo.gov/mental-illness/program-services/behavioral-health-crisis-hotline	<ul style="list-style-type: none"> • Access Crisis Intervention (ACI) provides access to services for individuals experiencing a behavioral health crisis. ACI will provide an opportunity for individuals to receive necessary behavioral health crisis services in an effort to reduce unnecessary interventions such as hospitalization or detentions. By calling the ACI hotline, individuals have access to behavioral health crisis services that are free and available

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				<p>to both youth and adults.</p> <ul style="list-style-type: none"> • All calls are strictly confidential. • ACI hotlines are staffed 24 hours a day, seven days a week by behavioral health professionals who are available to provide assistance. • Assistance may include phone contact, referrals to resources in the community, next day behavioral health appointments, or a mobile response. Mobile is defined as either going to the location of the crisis, or to another secure community location
<p>Burrell Behavioral Health</p>	<p>573-777-8330 (Columbia - Child & Adolescent Clinic)</p> <p>573-777-7500 (Columbia - Adult Clinic)</p> <p>660-263-7651 (Moberly)</p> <p>800-395-2132 (toll-free hotline)</p>	<p>3401 Berrywood Dr. Suite 203 Columbia, MO</p> <p>1805 E. Walnut Columbia, MO</p> <p>210 N. Williams St. Moberly, MO</p>	<p>http://www.burrellcenter.com/</p>	<ul style="list-style-type: none"> • Most services are for residents of Burrell's catchment area only (Boone and Randolph county) • Offers therapy and medication services to those outside of catchment area • Hours of operation in Moberly & Columbia are M-F 8:00a.m.-5:00p.m.
<p>CenterPointe Hospital</p>	<p>573-615-2001</p> <p>855-623-7016 (toll-free hotline)</p>	<p>1201 International Drive Columbia, MO 65202</p>	<p>https://centerpointehospitalcolumbia.com/</p>	<ul style="list-style-type: none"> • Private psychiatric hospital offering a wide range of treatment options including: <ul style="list-style-type: none"> ○ Inpatient Psychiatric Treatment for Adolescents and Adults ○ Detoxification for alcohol, opiates and benzodiazepines for adults and senior adults ○ Intensive Outpatient Program (3 days a week, 3 hours each day) for adults

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Clarity Healthcare	573-603-1460	141 Communications Dr. P.O. Box 151 Hannibal, MO	www.clarity-healthcare.org	<ul style="list-style-type: none"> • Dr. Katarzyna Derlukiewicz, Child and Adolescent Psychiatrist
Complete Family Medicine	660-665-7515	1611 S. Baltimore Kirksville, MO	https://cfmcares.com/	<ul style="list-style-type: none"> • Individual and couples therapy • Cash pay and private insurance • Accepts Medicaid
GROW Counseling Inc.	660-956-4278 660-988-9669	113 E. Washington, Suite 9 Kirksville, MO	www.gcimo.net	<ul style="list-style-type: none"> • Individual therapy including EMDR, DBT, Reiki meditation, and animal-assisted therapy • 24-hour crisis support • Sliding scale ranges and insurance
Health & Healing, LLC	660-395-0180	303 Weller St. Macon, MO		<ul style="list-style-type: none"> • Dee Huff, MSW, LCSW • Corrie Willis, RNBC< AP/MHCNS
Heartland Behavioral Health Services	417-667-2666 (office) 800-654-9605 (toll-free hotline)	1500 W. Ashland St. Nevada, MO	www.heartlandbehavioral.com	<ul style="list-style-type: none"> • Treats patients ages 4 through 17 in both acute as well as residential programs • Offers an array of therapeutic amenities aimed at strengthening emotional, cognitive, and social functioning while enhancing empathy and self-awareness to facilitate meaningful change
Lakeland Regional Hospital	877-783-3693 (toll-free hotline)	440 S. Market St. Springfield, MO	http://www.lakelandbehavioralhealth.com/	<ul style="list-style-type: none"> • Inpatient and residential psychiatric hospital and treatment center • Treats children, adolescents, teens, and seniors
Lighthouse Counseling Center	660-269-9577	510 S. Morley Moberly, MO	www.thelighthouse123.com	<ul style="list-style-type: none"> • Provides counseling for children, teenagers and adults, in individual, couples, and family therapy • Experienced therapist in helping individual with domestic violence, anger management, sexual abuse, trauma-based disorders, depression, ADHD, autism, fetal alcohol syndrome, adoption and foster care issues and attachment disorder. • Trauma-Focused Therapies available, including TF/CBT for children and Cognitive Processing Therapy for adults

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Mark Twain Behavioral Health	660-665-4612 (Kirksville) 660-395-9114 (Macon) 573-221-2120 (Hannibal) 800-356-5395 (crisis line)	105 Pfeiffer Ave. Kirksville, MO 309 N. Missouri Macon, MO 154 Forrest Dr. Hannibal, MO	www.mtbh.org	<ul style="list-style-type: none"> • Individual and family counseling for all ages • Psychiatric evaluations and medication management • Targeted Case Management for adults and children • Access Crisis Intervention - 24 hour crisis service
New Journey Counseling, LLC	660-395-0090	1119 S. Missouri Macon, MO		<ul style="list-style-type: none"> • Cindy Ayers, LPC • Provides mental health counseling to individuals and families
Northeast Missouri Health Council	(660) 627-3621	1410 Crown Drive Kirksville, MO 63501	https://www.nemohealthcouncil.com/northeast-behavioral-health	<ul style="list-style-type: none"> • Psychological evaluations and counseling • Do not deny access to services due to an ability to pay and offer discounted fees to patients who qualify • 8am-12pm & 1pm-5pm
Preferred Family Healthcare	660-665-1962 (Kirksville) 800-964-7118 (toll-free)	900 E. LaHarpe St. Kirksville, MO	www.pfh.org/cprc/	<ul style="list-style-type: none"> • Provide assessment, diagnosis, therapy, and medication management • Substance abuse treatment services for adolescents and adults • Employment services for individuals with disabilities • Do not deny access to services due to an ability to pay and offer discounted fees to patients who qualify
Renew Counseling	660-619-9319	312 W. Washington Kirksville, MO	https://renewcounseling.us	<ul style="list-style-type: none"> • Individual therapy for depression, anxiety, trauma, PTSD, relationships, and other concerns • Offers a sliding scale to help with costs

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Research Psychiatric Center	816-444-8161 816-235-8162 (Crisis Line)	2323 E. 63rd St. Kansas City, MO	http://researchpsychiatricenter.com/	<ul style="list-style-type: none"> • Specializes in helping adolescents (ages 12-19) and their loved ones through difficult times, behavioral problems, depression, anxiety, substance abuse, or mood disorders • Hospital-based services include short-term, acute care inpatient hospitalization as well as day treatment programs • Provides comprehensive treatment for anxiety, depression, bipolar disorder, suicidal/homicidal thoughts, emotional distress, self-esteem issues, acute psychosis, and more
Royal Oaks Hospital	800-456-2634 (Referral) 660-647-2182 (Business)	Windsor, MO	http://compasshealthnetwork.org/about-us/royal-oaks-hospital/	<ul style="list-style-type: none"> • Full continuum of behavioral health care including children, adolescents, and adult psychiatric services and dual diagnosis treatment • Also offers residential care
Shiloh Christian Children's Ranch	573-588-2191	P.O. Box 606 Shelbina, MO	www.shilohranch.org	<ul style="list-style-type: none"> • Provides residential care for abused, neglected, and at-risk children in a Christian home setting • Locations in Clarence, MO & Kahoka, MO
Still Specialty Clinic	660-665-0202	1001 E. Jefferson Kirksville, MO		<ul style="list-style-type: none"> • Psychological evaluations of adults and children • Specialist in ADHD and children with behavioral problems • Counseling for children, adults, families, and marital counseling • Monday through Friday 9:00a.m.-7:00p.m./ Some Saturdays • Rebecca Still, Licensed Psychologist • Laura Still, Licensed Clinical Social Worker
Thompson Center for Autism and Neurodevelop	573-844-6052	University of MO 205 Portland St. Columbia, MO	www.thompsoncenter.missouri.edu	<ul style="list-style-type: none"> • Offers a range of health, educational, and behavioral services in one location for individuals with autism and other developmental concerns

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-mental Disorders				<ul style="list-style-type: none">• Professionals from different disciplines strive to deliver family-centered care that is comprehensive and coordinated
Tish Tubbergen	660-665-7805	117 E. Washington Kirksville, MO		<ul style="list-style-type: none">• General counseling/psychotherapy, depression, anxiety, and substance abuse

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Health Care & Assistance

Name	Phone	Address	Website	Description
Alzheimer's Association	573-443-8665 800-272-3900 (24/7 Helpline)	2609 E Broadway #119 Columbia, MO 65201	https://www.alz.org/greatermissouri	<ul style="list-style-type: none"> • The Alzheimer's Association 24/7 Helpline operates 24 hours a day, seven days a week, in more than 200 languages. • Family support groups • One-on-one assistance that will enable you to better understand the disease, manage care and make more informed decisions regarding services and treatments • Provide access to informational material in our mission to assist you in understanding the services we provide and how you can best access them
American Cancer Society	573-221-4660 800-227-2345 (toll-free)	714 Broadway Suite 2 Hannibal, MO	www.cancer.org	<ul style="list-style-type: none"> • Educational programs and support groups • Transportation / medical reimbursement programs
Chariton Valley Association	660-665-1111	1905 S. High Street Kirksville, MO	http://www.charitonvalley.org/	<ul style="list-style-type: none"> • Provides respite care for children with physical and mental disabilities • Provides job discovery and preparation for individuals with physical and mental disabilities
Clarity Healthcare	573-603-1460	141 Communications Dr. P.O. Box 151 Hannibal, MO	www.clarity-healthcare.org	<ul style="list-style-type: none"> • Primary and preventative care, family medicine, dental care, behavioral health, women's health, dietary counseling, and more • Accepts medicare and insurance • Offers discounted fee structure based on federal poverty guidelines for individuals and families who qualify if they do not have medical or dental coverage
Community	660-258-1050	Brookfield, MO		<ul style="list-style-type: none"> • Offers a sliding scale fee schedule

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Medical Associates				<ul style="list-style-type: none"> Mon.-Sat. 10:00a.m. - 8:00p.m. and Sun. 1:00-6:00p.m.
Complete Family Medicine <i>Kirkville Urgent Care</i>	660-665-7575	1611 S. Baltimore Kirkville, MO	https://cfmcares.com/	<ul style="list-style-type: none"> Walk-in and Urgent Care Clinic Open 8:00a.m. - 8:00 p.m. (7 days/week, 365 days/year) Reserve a spot online at https://cfmcares.com/
Complete Family Medicine <i>Macon Urgent Care</i>	660-395-7575	1206 N. Missouri Macon, MO	https://cfmcares.com/	<ul style="list-style-type: none"> Walk-in and Urgent Care Clinic Open 8:00a.m. - 8:00 p.m. (7 days/week, 365 days/year) Reserve a spot online at https://cfmcares.com/
Complete Family Medicine <i>Moberly Urgent Care</i>	660-372-9595	1600 N. Morley Suite A120A Moberly, MO	https://cfmcares.com/	<ul style="list-style-type: none"> Walk-in and Urgent Care Clinic Open 8:00a.m. - 8:00 p.m. (7 days/week, 365 days/year) Reserve a spot online at https://cfmcares.com/
Elks Mobile Dental Program	816-404-6904 (Home office) 573-690-6003 (for an appointment)	Truman Medical Center Lakewood 7900 Lees Summit Rd. Kansas City, MO	http://www.elksmobiledental.org/	<ul style="list-style-type: none"> John Dane, DDS, Director Self-propelled "bus" equipped to provide a full range of dental services, such as x-rays, fillings, extractions, cleaning, and other treatments Services provided at no cost to eligible patients, including children and adults who have developmental or intellectual disabilities and individuals in extreme financial distress (must be referred by the local Elk's Lodge) Macon Elks Lodge #999: 212 N. Rollins St., Macon, MO
International Eye Care Center	660-665-6262	1702 N. Baltimore Kirkville, MO	http://www.iec2020.com/location/s/kirkville-mo-international-eye-care-center/	<ul style="list-style-type: none"> Offers routine eye exams and surgical procedures
LifeLine - Pregnancy Help	660-665-5688	1515 N. New St. Kirkville, MO	http://lifelinepregnancyhelp.org/	<ul style="list-style-type: none"> Offers pregnancy tests, ultrasounds, pregnancy counseling, etc.

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Clinic				<ul style="list-style-type: none"> All services confidential and free of charge
Lions Club <i>(Vision Care Assistance)</i>	660-385-3161 (Brian Winters)		http://www.lionsclubs.org/EN/how-we-serve/health/sight/index.php	<ul style="list-style-type: none"> Assistance with paying for glasses and eye exams
Macon County Health Department	660-385-4711	Macon, MO	www.maconmohealth.org	<ul style="list-style-type: none"> Women and Children health checks, contraception, STD testing WIC program - serves pregnant women and children (5 years and younger); provides food vouchers and nutritional education
Medicare Information	800-390-3330 (toll-free)		https://www.medicare.gov/	
Mid-Missouri Eye Center	660-263-0404	630 N. Morley St. Suite 101 Moberly, MO	https://www.midmissourieyecom/	<ul style="list-style-type: none"> Optometrists who accept Medicaid - A. Rashed Nizam, MD Specializing in eye surgeries M-Th 8:00a.m.-5:00p.m.
MO HealthNet (Medicaid)	888-275-5908		https://mydss.mo.gov/healthcare	<ul style="list-style-type: none"> Income guidelines: No cost or low-cost health insurance for families Benefits include doctor's visits, hospital stays, prescriptions, and other medical issues. Contact local Family Support Division office or call 888-275-5908
Eye Care Optical	660-263-3142	715 N. Morley St. Moberly, MO		<ul style="list-style-type: none"> Optometrists who accept Medicaid - Norris Preston, OD
Moberly Regional Medical Center	660-263-8400	1515 Union Ave. Moberly, MO	http://www.moberlyregionalmedicalcenter.com/	<ul style="list-style-type: none"> Provides essential healthcare and hospital services
Moberly Rural Health Clinic	660-263-9095	1501 Union Ave. Suites A & B Moberly, MO	https://www.moberlyphysicians.com/our-locations/moberly-rural-health-clinic-2636	<ul style="list-style-type: none"> Monday, Thursday, Friday: 7:30 a.m. - 5 p.m. Tuesday, Wednesday: 7:30 a.m. - 7 p.m.

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NECAC	660-385-4616	907 Highway PP Suite A Macon, MO	www.necac.org	<ul style="list-style-type: none"> • Provides in-home nursing and respite care
Northeast Missouri Health Council	660-665-5757	1416 Crown Dr. Kirksville, MO	www.nmhcinc.org	<ul style="list-style-type: none"> • Comprehensive, not-for-profit health center • Services include: <ul style="list-style-type: none"> ○ Family health ○ Pediatrics ○ Behavioral health ○ Dental ○ Diabetes and nutrition ○ OB/GYN
Northeast Missouri Pediatrics	660-627-2229	402 W. Jefferson Kirksville, MO	https://www.nemohealthcouncil.com/northeast-pediatrics	<ul style="list-style-type: none"> • Try to work patients in on the same day as contacted • Offers a sliding scale fee schedule • M-F 8:00a.m. - 12:00p.m. and 1:00p.m. - 5:00p.m.
The People's Clinic	660-699-2240	101 N. Center St. Clarence, MO	https://peoplesfamilyclinic.com/	<ul style="list-style-type: none"> • Nurse Practitioner clinic • Take Medicare & Medicaid and most healthcare plans
Randolph County Health Department	660-263-6643	423 E. Logan St. PO Box 488 Moberly, MO	http://randolphcountyhealth.org/	<ul style="list-style-type: none"> • Dentists who accept Medicaid
Samaritan Hospital	660-385-8700	1205 N. Missouri Macon, MO	www.samaritanhospital.net	
Total Family Health Care	660-385-8900	1201 N. Rutherford Macon, MO	http://www.smhmo.org/total_family_health_care.aspx	<ul style="list-style-type: none"> • Comprehensive primary care services, including adult and pediatric care, preventative care, evaluation and treatment of acute and chronic illnesses, wellness checks, men's and women's health care, on-site lab services, immunizations, school sports physicals and DOT physicals • M,W,Th,F 7:30a.m. - 5:00p.m.

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				<ul style="list-style-type: none"> • T 7:30a.m. - 6:30p.m. • Walk-in clinic available M-F 8:30a.m. - 4:00p.m.
University of Missouri Health Care	573-882-4141	1 Hospital Dr. Columbia, MO	http://www.muhealth.org/	<ul style="list-style-type: none"> • Health Connect: After hours (answered by nurses) 573-844-2401
Wal-Mart Vision Center	660-627-9119	2206 N. Baltimore Kirksville, MO	http://www.walmart.com/cp/1078944	<ul style="list-style-type: none"> • Optometrists who accept Medicaid • Accepts MO-CARE for hardware, but not visits
Wal-Mart Vision Center	660-263-5885	1301 E. Highway 24 #G Moberly, MO	http://www.walmart.com/cp/1078944	<ul style="list-style-type: none"> • Optometrists who accept Medicaid • Accepts MO-CARE for hardware, but not visits
Wilbert E. Stock, OD	660-665-3564	864 College Park Pl. Kirksville, MO		<ul style="list-style-type: none"> • Optometrists who accept Medicaid • Accepts MO Healthnet and MO-CARE

Alcohol & Drug Treatment

Name	Phone	Address	Website	Description
Alcoholics Anonymous	660-665-1150	(various meeting locations)	www.aa.org	
ESCAPE	660-263-7552 573-441-0120	Moberly, MO Columbia, MO	www.satop.net	<ul style="list-style-type: none"> • Outpatient certified treatment (at highest certified level for 25 years) • Provides SATOP in Moberly and Columbia
Preferred Family Health Care, Inc.	660-665-1962	900 E. LaHarpe P.O. Box 767 Kirksville, MO	www.pfh.org	<ul style="list-style-type: none"> • Offers inpatient and outpatient substance abuse treatment for adults and adolescents, at SATOP • Numerous other sites / locations

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	660-263-1113	1715 A. S. Morley Moberly, MO		
Turning Point Recovery Center	573-248-1196	146 Communications Dr. Hannibal, MO 63401	www.turningpointrc.org	<ul style="list-style-type: none"> • Detox program open 24 hours a day, 7 days a week; clients may come for treatment at any time • Outpatient and residential treatment programs

Physical & Developmental Disabilities

Name	Phone	Address	Website	Description
Bridges Community Support Services	3660-827-7517	1807 W. Broadway Sedalia, MO	www.bridgescss.com	<ul style="list-style-type: none"> • Provides support to people with disabilities in managing the tasks of daily living • Tasks of dialing living, Traumatic Brain Injuries • Locations in St. Louis, Springfield, Sedalia, and Maplewood
County Connections	660-385-6336	204 Crescent Macon, MO	http://www.mccddc.com/county-connections.html	<ul style="list-style-type: none"> • Targeted case management for individuals with developmental disabilities • Assist clients in accessing comprehensive medical, social, educational, and other specialized services • May be able to help with independent living skills development, personal assistance, community employment, respite, environmental adaptations, and specialized medical equipment • Clients are usually referred through the Regional Center but they are also willing to help with the referral process
Judevine Center for Autism	660-202-1155	705C E. LaHarpe Kirksville, MO	http://judevine.org/	<ul style="list-style-type: none"> • Assessment/diagnosis, behavior therapy, in-home training, social groups, respite care, and speech language therapy

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Kirksville Satellite Regional Office	660-785-2500 800-621-6082 (toll-free)	1702 E. LaHarpe Kirksville, MO	https://dmh.mo.gov/dev-disabilities/regional-offices/central	<ul style="list-style-type: none"> • Offers crisis intervention, case management, advocacy, home and community-based waivers, Missouri Family Directed Support Program, MOAIDD • Provides services for individuals with autism • Helps with funding for families so those with developmental disabilities can live at home
Learning Opportunities Quality Work	660-385-6325	204 Crescent Dr. Macon, MO	www.loqw.com	<ul style="list-style-type: none"> • Employment services and community • Helps with daily living skills, respite care, personal attendants, socialization, and community skills development group
Macon Diversified Industries / Sheltered Workshop	660-385-3111	1103 Enterprise Rd. Macon, MO	http://macondiversified.com/	<ul style="list-style-type: none"> • Works with local businesses to employ handicapped individuals • Facility including a recycling business and a second-hand store
MPACT (Missouri Parents Act)	800-743-7634	7421 Mexico Rd. Suite 200 St. Peters, MO	http://missouriparentsact.org/	<ul style="list-style-type: none"> • Statewide parent training and information center that services parents of children with all disabilities • Primary goal is to assist parents in their advocacy efforts for their child's educational rights and services
Special Olympics Missouri (Central)	573-256-6367	305 Special Olympics Dr, Jefferson City, MO 65101	http://somo.org	<ul style="list-style-type: none"> • Provides sports training and competition for sporting events • Available for people with disabilities ages 8 or older
Vocational Rehabilitation	660-785-2550 877-222-8962 (toll-free)	1612 N. Osteopathy, Suite B, Kirksville, MO	https://dese.mo.gov/adult-learning-rehabilitation-services/vocational-rehabilitation	<ul style="list-style-type: none"> • Provides help obtaining and maintaining employment for people with disabilities • Part of the Department of Elementary and Secondary Education and is supported by federal and state funds

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Employment & Job Training

Name	Phone	Address	Website	Description
GAMM, Inc.	660-385-6570	Lakeview Towers 1404 S. Missouri Suite 221 Macon, MO	www.gamminc.org	<ul style="list-style-type: none"> • Works with low-income clients who also have another limiting factor in life (i.e. teen pregnancy, disability, etc.) • Helps find employment and provides job-training • Contact: Barbara Peavler (cell 660-342-7389)
Macon Area Career Center <i>(Adult Education Classes)</i>	660-385-2158	702 N. Missouri Macon, MO	http://www.macon.k12.mo.us/schools/adult_education	<ul style="list-style-type: none"> • Broad range of opportunities including computers, crafts, child development, CNA, CDA, and other special interest classes • Contact: Lydia McClellan (660-385-2158 x367)
Missouri Adult Education and Literacy	660-395-8060	408 Bles Industrial Dr., Macon, MO	https://www.maconael.com/	<ul style="list-style-type: none"> • Provides free services such as GED classes, K-12 tutoring, ESL classes, college preparation classes, counseling to enroll in local college classes, basic literacy skills, and job readiness training • GED classes are held in Macon, Shelbina, Brookfield, and Monroe City • Contact: flc@cvalley.net
Senior Community Service Employment Program	573-886-8988	3610 Buttonwood Dr. Columbia, MO	www.ser-national.org	<ul style="list-style-type: none"> • Assists people 55+ who are unemployed and meet income guidelines • Paid training program funded by the Dept. of Labor to help learn new skills and hopefully gain employment

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Eating Disorders

Name	Phone	Address	Website	Description
Aneesh Tosh, M.D.	573-882-6921	MU Women's & Children's Hospital 404 N. Keene St. Columbia, MO	http://www.muhealth.org/providers/profile/aneesh-tosh/	<ul style="list-style-type: none"> Specializes in child health and adolescent medicine
Castlewood Treatment Center	877-628-1193 (Intake) 314-807-3065 (after-hours)	800 Holland Rd. St. Louis, MO 1260 St. Paul Rd. Ballwin, MO	http://www.castlewoodtc.com/	<ul style="list-style-type: none"> Offers inpatient / residential and intensive outpatient treatment options
McCallum Place	800-828-8158 (toll-free) 844-311-9144 (after-hours)	3215 Wingate Ct. Suite 100 Columbia, MO 12140 Nall Ave. Suite 315 Overland Park, KS 231 W. Lockwood Ave., Suite 201 St. Louis, MO	https://www.mccallumplace.com/	<ul style="list-style-type: none"> Offers residential / inpatient and outpatient treatment options

Pregnancy & Parenting Resources

Name	Phone	Address	Website	Description
Child Care Aware (Central	866-892-3228 (toll-free)	1000 Executive Parkway Drive,	http://mo.childcareaware.org/	<ul style="list-style-type: none"> Free service that helps parents find childcare Helps child care providers with licensing issues

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<i>Missouri)</i>		Suite 103 St. Louis, MO 63141		<ul style="list-style-type: none"> and education • Can work with parents individually to identify services for special needs
Life Line <i>(Pregnancy Help Clinic)</i>	660-665-5688	1515 N. New St. Kirksville, MO	http://lifelinepregnancyhelp.org/	<ul style="list-style-type: none"> • Offers pregnancy tests, ultrasounds, pregnancy counseling, etc. • All services confidential and free of charge
Ray of Hope <i>(Pregnancy Resource Center)</i>	660-395-8099	309 N. Missouri, Suite B Macon, MO		<ul style="list-style-type: none"> • A faith-based, nonprofit ministry that offers an “Earn as You Learn” curriculum for expectant mothers • Items available include clothing, cribs, diapers, supplies, etc.
ParentLink	800-552-8522 (toll-free) 585-FAMILY1 (Text)	4800 Santana Cir. Columbia, MO	http://parentlink.missouri.edu/	<ul style="list-style-type: none"> • Facebook: ParentLink WarmLine • Visit with professionals who can assist you in thinking through solutions to your parenting concerns. WarmLine professionals have Masters’ Degrees in human service fields such as Human Development and Family Studies, Social Work, and Education and Counseling Psychology. • Can answer calls from families and providers who speak any language. • Provides sound parenting information (ParentLink’s loan service has over 1,000 different titles of parenting materials such as books, curricula, audiotapes, and videotapes.) • Obtain community service and other resource information
Parents as Teachers	660-385-7601	702 N. Missouri	Facebook page: https://www.facebook.com/PATmaconmo/	<ul style="list-style-type: none"> • Parent Educator: Jordan Simons • An early childhood parent education and family support program designed to help all parents give their children the best possible start in life.

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Childcare and Preschool Programs

Name	Phone	Address	Website	Description
Child Care Aware (Central Missouri)	573-445-5437 800-243-9685 (toll-free)	105 E. Ash St. Columbia, MO	http://mo.childcareaware.org/ http://mo.childcareaware.org/central-region/	<ul style="list-style-type: none"> • Free service that helps parents find childcare • Helps child care providers with licensing issues and education • Can work with parents individually to identify services for special needs
Community Child Development Center	660-395-0134	815 St. Highway PP Macon, MO	http://www.maconccdc.org/	<ul style="list-style-type: none"> • The center is licensed to serve children birth to age six. • Open year-round (except for designated holidays) from 6:00a.m. - 6:00p.m. Monday through Friday
First Steps (Northeast System Point of Entry)	660-665-8860	2416 S. Franklin, Suite C Kirksville, MO	https://www.mofirststeps.com/ https://dese.mo.gov/special-education/first-steps	<ul style="list-style-type: none"> • Special education early intervention system for children birth to age three
Lil' Tykes Preschool	660-395-0141	55 S. Rubey St. Macon, MO	Facebook page: https://www.facebook.com/LilTykesDaycareLlc/	<ul style="list-style-type: none"> • Serves children 6 weeks to 12 years old • Open 6:00a.m. - 6:00p.m. • \$85/week (under 2 years old), \$75/week (over 2 years old)
Macon County Head Start (Douglas Community Services)	660-385-5318	1307 Maffry Ave. Macon, MO	http://www.douglassonline.org/headstart/index.html	<ul style="list-style-type: none"> • Promotes school readiness for children birth to 5 years old • Preschool for low-income families with children ages 3-5 years old

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MACTEC Preschool	660-385-2158	702 N. Missouri Macon, MO		<ul style="list-style-type: none"> • Serves children ages 3-5 • MACTEC Early Childhood students serve as student teachers, keeping the teacher/student ratio very low • Open Tuesday through Thursday, 8:15a.m. - 11:00 a.m. and 11:30a.m. - 2:15p.m., or all day • \$100/semester (half-day), \$200/semester (full-day) • Transportation is available for \$75/semester
Tiger Cubs (Early Childhood Special Education Preschool)	660-385-3864	702 N. Missouri Macon, MO		<ul style="list-style-type: none"> • Teacher: Selena Teter • Preschool program for students with a disability aged 3-5 years old • New referrals accepted or transition from First Steps • Offer ½ day or itinerant services
Tri-County Christian Preschool	660-385-7188	604 HBC Rd. Macon, MO	https://www.tricountychristianschool.org/daycare	<ul style="list-style-type: none"> • Daycare and preschool • Aftercare daycare for students preschool through elementary until 5:30p.m.

Transportation

Name	Phone	Address	Website	Description
ModivCare	866-269-5927	Missouri	https://modivcare.com/	<ul style="list-style-type: none"> • Non-emergency transport (a division of Missouri HealthNet) • Must be Medicaid-eligible • Must call at least 5 days before the appointment date • Has vehicles that are both wheelchair and stretcher-equipped (no medical assistance while en route)

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				<ul style="list-style-type: none"> Reservation hours: Monday - Friday 8:00a.m. - 5:00p.m.
OATS Public Transportation	660-415-0901 800-654-6287 (toll-free)	3006 Jims Rd. Macon, MO	https://www.oatstransit.org/macon	<ul style="list-style-type: none"> Provides free transportation to Medicaid-eligible persons Non-Medicaid persons can ride for a small fee Wheelchair-equipped

Activities, Organizations, Camps, Education & Miscellaneous

<u>Name</u>	<u>Phone</u>	<u>Address</u>	<u>Website</u>	<u>Description</u>
Boy Scouts of America <i>(Great Rivers Council)</i>	573-449-2561	1203 Fay Street Columbia, MO	https://grcbsa.org/	<ul style="list-style-type: none"> Available to young men and women ages 6-20 Provides youth character development, citizenship training, self-reliance and personal growth in physical, mental and spiritual fitness through participation in a wide range of outdoor activities, educational programs, and, at older age levels, career-oriented programs in partnership with community organizations
Camp Barnabas	417-476-2565	901 Texas Trail Purdy, MO 1380 Eternity Lane Shell Knob, MO	www.campbarnabas.org	<ul style="list-style-type: none"> Christian camp for kids and teens ages 7-17 with life-threatening illnesses and disabilities
Girl Scouts of Eastern Missouri	314-592-2300 800-727-4475 (toll-free)	2300 Ball Dr. St. Louis, MO	www.girlscoutsem.org	<ul style="list-style-type: none"> Available to all girls ages 5-18 Assistance fund available to remove financial barriers

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Legal Aid Services of Eastern Missouri	314-534-4200 800-444-0514 (toll-free)	801 Broadway Hannibal, MO	https://lsem.org/hannibal-branch-office/ www.lsem.org	<ul style="list-style-type: none"> • Considers cases involved in divorce and custody, landlord / tenant disputes, social security denials, Medicaid / food stamp denials, orders of protection • Consider consumer collection / debt issues
Long Branch YMCA	660-385-1818	1304 S. Missouri Macon, MO	www.ymcamacon.org	<ul style="list-style-type: none"> • Various child and adult physical activities and programs • Indoor walking track, gymnasium, fitness center with cardio and strength training equipment
Macon County Dept. of Health Care and Senior Services	660-385-5763	1716 Prospect Dr. #C Macon, MO	www.dss.mo.gov/ http://health.mo.gov/	<ul style="list-style-type: none"> • In-home services for elderly and disabled individuals including personal care and housekeeping, abuse / neglect investigation, or exploitation of elderly or disabled individuals
Macon County Division of Social Services (Family Support Division)	660-385-3191	1716 Prospect Dr. #B Macon, MO	www.dss.mo.gov/ http://dss.mo.gov/fsd/	<ul style="list-style-type: none"> • Can help with food stamps, health care, child care, child support, and other needs
Northeast Missouri Area Agency on Aging	660-665-4682 800-664-6338 (toll-free)	815 N. Osteopathy Kirksville, MO	http://www.nemoaaa.com/	<ul style="list-style-type: none"> • Provides information on senior transportation, long-term care facilities, etc.
University of MO Extension Center	660-385-2173	404 N. Missouri Suites AB Macon, MO	https://extension.missouri.edu/counties/macon	<ul style="list-style-type: none"> • Offers services for agriculture, business and workforce, children and teens, 4-H, community development, environmental quality, family life, home and garden, nutrition and health, and public policy

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				<ul style="list-style-type: none"> Workshops available on: family strengths, communications, managing stress, child self-care, positive discipline, balancing responsibility, parenting, and self-esteem
Wonderland Camp	573-392-1000	18591 Miller Circle Rocky Mount, MO	http://www.wonderlandcamp.org/	<ul style="list-style-type: none"> Provides a fun, educational and safe summer camp experience for campers with disabilities ages 6 and up Provides a respite from daily caregiving

Macon Community Numbers

Name	Phone	Address
Emergency	911	1205 N. Missouri Macon, MO
Macon Area Chamber of Commerce	660-385-2811	119 N. Rollins St. Macon, MO
Macon City Offices	660-385-6421	106 W. Bourke St. Macon, MO
Macon County Assessor Office	660-385-2416	101 E. Washington St. #3 Macon, MO
Macon County Associate Circuit Clerk	660-385-3713	101 E. Washington #2 Macon, MO
Macon County Clerk	660-385-2913	101 E. Washington St. #1 Macon, MO
Macon County Juvenile Office	660-385-2715	101 E. Washington St. #F

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		Macon, MO
Macon County Probation & Parole	660-385-5731	1718 Prospect Dr. Macon, MO
Macon County Public Water Supply	660-385-6457	28890 US Highway 63 Macon, MO
Macon County Sheriff's Office	660-385-2062	101 W. Sheridan St. Macon, MO
Macon County Social Services	660-385-3191	1716 Prospect Dr. #B Macon, MO
Macon Economic Development Office	660-385-5627	902 N. Missouri Macon, MO
Macon Electric Cooperative	660-385-3157	31571 US Highway Business 36 Macon, MO
Macon Fire Department	660-385-6436	201 Jackson St. Macon, MO
Macon Fower Memorial Airport	660-385-6208	1001 Patton St. Macon, MO
Macon License Bureau	660-385-3416	210 N. Rubey St. Macon, MO
Macon Municipal Utilities	660-385-3173 660-385-2722 (Emergency)	404 Vine St. Macon, MO
Macon Police Department	660-385-2195	301 E. Bourke St. Macon, MO
Macon Post Office	660-385-2816	105 Duff St. Macon, MO

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Macon Public Library	660-385-3314	210 N. Rutherford Macon, MO
Missouri State Highway Patrol: Troop B	660-385-2132	308 Pine Crest Dr. Macon, MO
For more information on available community resources, call 211 (or 1-800-427-4626). This service is available 24 hours/day through United Way. www.211missouri.org		

Hotline Numbers

Name	Phone
AIDS Hotline	800-342-AIDS
Al-Anon for families of Alcoholics	800-344-2666
Alcohol and Drug Helpline	800-662-4357
American Suicide Foundation	800-273-TALK
Anorexia and Bulimia Crisis	800-227-4785
Ask a Nurse	800-TRI-CARE
Be Sober Hotline	800-BESOBBER
Bereavement & Grief Recovery Hotline	800-445-4808
Center for Missing & Exploited Children	800-843-5678

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Child Abuse and Neglect Hotline	800-392-3738 (Missouri) 800-4-A-CHILD (National)
Children's Wish Foundation	880-323-9474
Crisis Line for the Handicapped	888-288-4762
Elderly Abuse & Neglect Hotline	800-392-0210
LGBT National Hotline	888-843-4564
Missouri One-Call / DIG-RITE	800-344-7483
National Alliance on Mental Health (NAMI) HelpLine	1-800-950-NAMI (6264)
National Alliance on Mental Health (NAMI) Text Line	Text NAMI to 741-741
Missouri School Violence Hotline	866-748-7047
National Domestic Violence Hotline	800-799-SAFE
National Parent Helpline	855-427-2736
National Runaway Hotline	800-RUNAWAY
National Sexual Assault Hotline	800-656-HOPE
National Sexually Transmitted Disease Hotline	800-227-8922
National Substance Abuse Hotline	800-662-HELP
National Suicide Prevention Lifeline	800-273-TALK (8255)
Planned Parenthood Hotline	800-230-PLAN

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Poison Control	800-222-1222
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Miscellaneous Information

Name	Website
Missouri Case Net	https://www.courts.mo.gov/casenet/base/welcome.do
Missouri Sex Offender Registry	http://www.mshp.dps.mo.gov/MSHPWeb/PatrolDivisions/CRID/SOR/SORPage.html
National Sex Offender Registry	https://www.nsopw.gov/Home
Teen Health & Wellness Hotlines <i>(comprehensive list of hotlines & resources)</i>	http://www.teenhealthandwellness.com/static/hotlines