Notice of School Health Advisory Council (SHAC) Meeting

Tomball ISD (Minutes)

The Tomball ISD School Health Advisory Council (SHAC) will host its first regular meeting of the year on Tuesday, December 6, 2022, beginning at 3:30 PM in the Board Room of the John P. Neubauer Administration Building, 310 S. Cherry St., Tomball, TX 77375.

The subjects to be discussed or considered are listed below. Items do not have to be taken in the order shown on this meeting notice:

1. Introductions

Reviewed the definition of SHAC. Everyone introduced themselves and indicated if they were an employee or a parent. - total of 4 employees and 10 parents. Also discussed future meetings-January 10, February 7, and April 11. June 12 will also be a meeting with a presentation to the Board at 5:30 pm. This meeting is conducted annually. SHAC will also be reviewing curriculum for new Health Modules in January.

2. Review SHAC Purpose and Legislative Requirements: Karen Graves, Director of Administrative Services

Mrs. Graves reviewed the legislative requirements for School Health Advisory Councils.

3. Review SHAC Bylaws: Karen Graves, Director of Administrative Services

Mrs. Graves discussed the primary components of the new Board-adopted bylaws for SHAC

4. Nominate SHAC Officers and Volunteers for Physical Fitness Subcommittee

Nominations were done today for officers and Physical Fitness Subcommittee members, but no official voting yet. Individuals interested in officer positions were as follows:

Chair: Rebecca Masciola Vice-Chair: Beth Isernhagen Secretary: Lori Goudeket Physical Fitness Subcommittee: Jen Oyen

 2022-2023 Initial Tasks Overview: Bob Thompson, Dean of Student Advancement and Cathy Pool, Director of Health Services

Cathy Pool spoke briefly about the Anti Vape Campaign to kick off in January. She asked for ideas and support for this campaign from the committee. Bob Thompson mentioned earlier in the meeting that SHAC would be reviewing Health Modules created to provide instruction relating primarily to restricted health content dealing with Human Sexuality, Dating Violence, and other restricted (parent opt-in) topics.

Questions asked at the end of the Meeting:

- *Q*: Who creates the agendas for SHAC?
 - A- The parent chair, co-chair, and staff coordinator create the agendas.
- Q: Do the parents have the right to bring up topics to discuss?
 - *A.* Yes, but according to the bylaws, topics must first be discussed and approved by the chair, vice-chair, or staff coordinator in order to be included on the agenda.

Q. Can we discuss concerns about recess?

A. Yes. Parents briefly spoke about concerns for recess (time, activities). A parent discussed some obstacles that campuses face pertaining to recess, such as the fact that teachers must also have their lunch and curriculum time.

Q. Who determines the recess time?

A. District determines recess time and currently asks elementary campuses to provide 20 minutes for recess.