



Emerson High School

2022-2023

Session 3 Newsletter

Special points of interest:

- **NO SCHOOL**, Winter Break, 12/19-1/2
- **NO SCHOOL**, MLK Jr. Day, Mon., 1/16
- Summatives for Session 4, DUE Wed., 1/25
- Summative Workshops Thurs., 1/26 & Fri., 1/27
- End of 2nd Quarter, 1/27

SESSION 4

Starts: December 12

Ends: January 27

Emerson High School
10903 NE 53rd Street
Kirkland, WA 98033

Phone:
425-936-2300

Fax:
425-576-0567

Attendance Line:
425-936-2306

Website:
www.lwsd.org/EmHs



From the Principal

We've entered the quick sprint before Winter Break — 2 weeks to go! hope you are staying dry and warm during these wet and windy days.



As we approach the mid-year point, it is important to remind your student(s) to stay focused and productive at school. Many students have been placed on academic/attendance probation and while the social aspect of school is important, we exist to move students toward graduation and when/if they are not making adequate academic progress, it is time to reevaluate whether or not Emerson High School is the right fit.

If you're interested in a scheduled progress meeting with your student and their advisor, please contact them directly; staff emails are on the last page of the newsletter.



DAILY SCHEDULE 2022-23

8:00-8:55	1st Period
9:00-9:50	2nd Period
9:55-10:40	3rd Period
10:45-11:35	4th Period
11:35-12:05	LUNCH
12:10-1:00	5th Period
1:05-1:55	6th Period
2:00-2:50	7th Period

Wednesday Schedule

8:00-8:45	1st Period
8:50-9:35	2nd Period
9:40-10:25	4th Period
10:30-11:15	5th Period
11:15-11:40	LUNCH
11:45-12:30	6th Period
12:35-1:20	7th Period

LEARNING CENTER

Day Learning Center

8:00-9:55 AM Mon-Fri

Evening Learning Center

4:00-7:00 PM Tues & Thurs



Emerson High School ASB Leadership will be conducting the annual

Emerson Toy Drive

Runs Dec. 5th through Dec. 14th

We plan to donate the toys we collect to local families in need. Our goal is to collect 100 toys for families in our community who would not otherwise be able to purchase presents for their children. Please donate a new, unwrapped toy or gift card today!

There is a large collection box in the Emerson High School main office.

Please, no cash or checks. For more information email

Dan Kaufman at dakaufman@lwsd.org or Will Gardner at wgardner@lwsd.org.



**Emerson
Attendance Line
425-936-2306**

HOLIDAY WREATH FUNDRAISER RESULTS

Emerson High School sold 42 holiday items from Alpine Farms! Our net profit was **\$292.35!!**

Proceeds from the fundraiser will go to future EMHS ASB activities.

Thank you again for supporting EMHS ASB!!

ATTENDANCE

Parents/legal guardians are responsible for school attendance.

If you want to excuse your student PRIOR to an intended absence, you may pre arrange for the absence to be excused by calling the EMHS Attendance Line at 425-936-2306 or by emailing our Registrar, Sally Jenkins at sjenkins@lwsd.org. You may also use the Pre-arranged Absence Form which can be found on the EMHS webpage under the For Students/Families Tab or can be picked up in the main office.

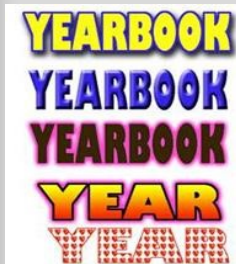
If your student was absent from any classes during a particular day, you will receive an automated attendance call after 6:45 PM on that day and a notification through **Parent Square**.

If you are excusing an absence which has ALREADY HAPPENED (within 48 hours of the absence):

- Leave a phone message on the EMHS Attendance Line at 425-936-2306;
- Send an email to our Registrar, Sally Jenkins at sjenkins@lwsd.org; or
- Respond to Parent Square attendance notification by leaving a note in Parent Square explaining the reason for the absence.

If you have any questions, please email Sally Jenkins or call at 425-936-2300.

Thank you!



2022-23 YEARBOOKS Went on sale starting in October

Emerson High School yearbooks **can only be purchased in the EMHS main office** (cash or check written to EMHS) or by mailing in a check.

No purchasing directly on the TreeRing Website.

Soft Cover \$25 Hard Cover \$30

REGISTRATION PACKETS

Registration packets will be handed out to your students the first week of school. We need to have current information each year including current residency address, parent emails, emergency contact information, etc.

If you have not seen and/or signed the required forms in the packet, please ask your student or call us to obtain another packet. Please return the required forms from the packet as soon as possible so your student's record will be up to date.

Your student is NOT considered registered at EMHS until this registration packet is returned complete.

STUDENT CLASS FEES

Don't forget that If your child is taking an Art or Foods course, there are fees which are due each semester!

Please make checks payable to Emerson High School. You are also able to pay fees with a credit card online through Family Access for a small fee.

Art 1 or Studio Art \$25.00 Art Independent Study \$25.00

Culinary Arts 1 & 2 \$10.00

Scholarships for paying class fees are available. Contact your child's teacher, Wendy the counselor, or Mary in the main office at mosness@lwsd.org

WINTER WEATHER TIPS FOR STUDENT METRO RIDERS

Winter weather in this area can make travel very unpredictable. Many LWSD students rely on Metro to get them to and from school. Metro would like you to be reminded of possible delays, route changes or cancellations because of winter weather.

When waiting for a bus in these conditions, the best place to catch the bus is along a major arterial. Wait at the top or bottom of hills, and wait back from the curb. Please remember that Metro buses may be more crowded than usual and not always on schedule, so dress warmly and be prepared for delays.

You can sign up for Transit Alerts! It's easy and free to sign up for email or text alerts about King County Metro service. Alerts can be tailored to your favorite route (s).

Visit the link for sign up:

<https://kingcounty.gov/depts/transportation/metro/alerts-updates/signup.aspx>



**You can reach
Wendy:**

wsimmons@lwsd.org

**Mondays through
Fridays
7:45-4:15 pm**

Please feel free to
contact me to
schedule a meeting
to talk with you
and/or your
student at
(425) 936-2300 or
wsimmons@lwsd.org

**You can reach
Crysta:**

c-ccady@lwsd.org

**Mondays 9:30-2:30
Tuesdays 9:30-3:00
Thursdays 10:00-
2:30
Fridays 9:30-3:00**

I can be reached
at (425) 517-1375
where a message
can be left or
c-ccady@lwsd.org or
crystac@youtheastside.org
eservices.org

Counselor Corner

Page 4

Words from Wendy & Crysta

Hello Emerson Students and Families! Happy November!

Below are some resources for families to manage stress during the upcoming holiday season, as well as supporting your child with their mental health and for supporting adults in the home. As always we are happy to support in any way we can and highlight some resources.

Information on taking care of mental health during the holiday season:

[Stress, depression and the holidays: Tips for coping - Mayo Clinic](#)

Wonderful articles on supporting your child's mental health at home:

[Helping at Home: Tips for Parents | Mental Health America \(mhanational.org\)](#)

[Mental Health Resource Hub - Seattle Children's \(seattlechildrens.org\)](#)

[Mental Health Resources For Parents of Adolescents and Young Adults – SAHM \(adolescenthealth.org\)](#)

Resource Highlight: Washington Weather, Daylight Savings, and Mental Health: [The winter blues | Counseling Center \(washington.edu\)](#)

Financial & Mixed/Multi-Support:

[Catholic Community Services](#)-"Catholic Community Services offers assistance to those in need who qualify when funds are available. Among these services are Eviction prevention and move-in assistance, Rental Assistance with case management and Utility assistance. To apply or receive more information please call for intake times. "

[Washington Connection](#) –One online form to fill out to determine what, if any, federal, state, and local benefits the family qualifies for. This may include cash, food, and medical benefits. The hard part about this process is providing verification documentation such as paystubs, lease agreements, etc. through the online portal

Financial Assistance through [Hopelink](#) is done via phone interviews: (425) 869-6000 (Hopelink Redmond Market and Service Center)

[Muslim Community Resource Center](#) – Provides multiple services including food, legal resources, and healthcare. You do not have to be a part of the Muslim community to receive assistance

[Sound Generations Meals on Wheels](#)

Legal:[Solid Ground](#)[Tenants Union of Washington State](#)[Eastside Legal Assistance \(ELAP\)](#)[Team Child](#)[Northwest Justice Project](#)**Immigration:**[Washington COVID-19 Immigrant Relief Fund](#)[NW Immigrant Rights Project](#)[Washington New Americans](#)[Refugee and Immigrant Services Northwest](#)**Protecting Immigrant Students' Rights to a Public Education**[Protecting Immigrant Students' Rights to a Public Education: A Resource for Parents and Advocates](#)

The pamphlet that can be downloaded provides a summary of U.S. federal laws that protect students and their families. After reading, you will understand what services schools and school district *must provide* to students and families who are learning English, who are immigrants, who have disabilities, or who are experiences homelessness. You will also learn some ways to push back if a school or district is violating your rights.

Seattle Children's School Avoidance Group

Seattle Children's Hospital is offering an 8-week support group for parents and caregivers to address school avoidance in their youth. See the attached flyer for more information on costs and how to pursue entry into the group. There is also a link to other resources through Seattle Children's.

[Patient and Family Resources for Psychiatry and Behavioral Medicine \(seattlechildrens.org\)](#)

Other resources through Seattle Children's

Also see other attached flyers:

The Center for People of All Races Flyer—Information for our Latinx families who members are seeking their GED.

King County Immigration Fee Support Program—Financial support for families who are undocumented and could use assistance paying for the fees associated with immigrating.

Please don't hesitate to reach out to us for any more information. We love supporting your students and families. Also see the attached for more family resources.

Take Care,

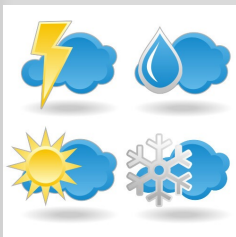
Wendy & Crysta

The only medications that can be self-carried by students are **epipens and emergency inhalers.**

We must have proper documentation for students to self-carry these meds.

New process for 2022-23!

The LWSD is no longer involved with issuing Orca Cards. **Metro** began implementing **Free Youth Transit cards** beginning the 2022-23 school year.



MEDICATION AT SCHOOL

Students are **NOT** allowed to have medication at school, this includes non-prescription medication like Advil, Tylenol, etc. All medication must be cleared through the Emerson Office, contact Sally Jenkins, our Health Room Office Professional.

Parents/guardians are responsible for:

- ◆ Supplying all medications/transporting medication to and from school.
- ◆ Completing required medication authorization forms. **An authorization to administer medication form must be turned in for each medication - whether prescription or non-prescription. The form must be signed by the health care provider and parent and/or guardian. Medication cannot be given without the completed form.**
- ◆ All prescribed medication must be in the original, labeled prescription bottle, container or package.
- ◆ All non-prescription medication must be in original container and labeled by the parent, including: Student Name, Medication Name, Dosage, Date Issued, Name of Health Care Provider, and Time medication is to be given.

Scheduled medications are given between 11:00 AM - 1:00 PM only.

ORCA CARDS

Youth, ages 18 and younger can ride transit for free starting September 1st throughout King, Snohomish, Pierce, and Kitsap counties. Participating transit agencies are Community Transit, Everett Transit, King Country Metro, Kitsap Transit, Pierce Transit, Sound Transit, City of Seattle, Seattle Streetcar, and Washington State Ferries.

Students with existing LWSD Orca cards will keep them and will need to get a sticker from the office as part of the registration process. This sticker can be affixed to the back of the card. The sticker will instruct students to register their card with FreeYouthTransitPass.com. Students will have until June 30, 2023 to complete registrations.

Students who need/want a new Orca card will be able to pick up a new black Orca card in the main office and will need to register their card as well with FreeYouthTransitPass.com. Students will have until June 30, 2023 to complete registrations.

INCLEMENT WEATHER CLOSURE INFORMATION

Are you ready for inclement weather?

Emergency conditions such as snow and ice or windstorms may result in school schedule changes.

Here are some ways to find out about school schedule changes:

- ⇒ Pop-up alert on <https://www.lwsd.org/> and school webpages.
- ⇒ Flashalert.net – this website allows you to sign up for text messages as well.
- ⇒ Local TV/radio stations – they get a feed from [Flashalert.net](https://www.flashalert.net/) of all school schedule change decisions.

WWW.NWGRAD.COM.



Senior News

SENIOR MEETING

We had our virtual senior meeting with Jostens on **November 9**. Senior advisors Tracy and Dan K. went over graduation deadlines and requirements to help seniors stay on track.



SENIOR WEEK AT JOSTENS HAPPENED Nov. 14 - 20

If you missed out on ordering during senior week—the deadline for \$20 off your grad Cap & Gown has been extended through 12/16!!!



You can still place your order for your required cap/gown unit and any other graduation items you would like to be prepared for the Emerson High School graduation ceremony and celebrate this wonderful accomplishment by picking up an order packet from Dan K.

See the attached flyer for how to order online directly with Jostens!



SCHOLARSHIP INFORMATION

FINANCIAL AID AND SCHOLARSHIP INFORMATION

TheWashBoard.org is a free, student-centered, online clearinghouse for Washington students seeking college scholarships. This user-friendly site allows students to search and apply for verified scholarship opportunities that are specific to their academic interests, college, university, or other criteria. The Washington Student Achievement Council (WSAC) is the customer service provider for theWashBoard.org. <http://www.thewashboard.org/login.aspx>

Financial aid and scholarship wizard - US Department of Education financial aid and scholarship wizard. http://studentaid2.ed.gov/getmoney/scholarship/scholarship_search_select.asp?9733

SallieMae - Scholarship Search - College Answer features over 600,000 scholarships, grants, tuition waivers, internships, and fellowships. <http://go.salliemae.com/scholarship/>

Scholarship Scams – Valuable information from the Federal Trade Commission.

College Board Scholarship Search - Locate scholarship and other information that matches your educational level, talents, and background. <http://www.consumer.ftc.gov/articles/0082-scholarship-and-financial-aid-scams>.

For more information on student financial assistance in Washington, contact us at:

**Washington Student Achievement Council, Email: finaid@hecb.wa.gov
Phone: 1-888-535-0747 or 360-753-7800.**

SCHOLARSHIPS



LGBTQ SCHOLARSHIPS

The GSBA Scholarship Fund and Pride Foundation award scholarships to lesbian, gay, bisexual, transgender, queer and straight ally student leaders in Washington State. Scholarships can be used for any post-secondary education.

GSBA awards educational scholarships to LGBTQ+ and cisgender/straight-ally students who are committed to making a difference in the world. Our scholarships range up to \$13,000 annually and are meant to provide significant support to help student pursue their educational goals.

Application opened on October 11 (Coming Out Day) and **close on the second Friday in January**. See website for exact dates. No late applications are accepted.

Learn more and apply online at:

[Thegsbascholarship.org](https://thegsbascholarship.org) or pridefounddation.org.



EPSILON SIGMA ALPHA FOUNDATION SCHOLARSHIP PROGRAM

Epsilon Sigma Alpha (ESA) International is an organization that is truly defined by the hears of its members. It is an international leadership and service organization. The ESA Foundation awards numerous scholarship annually.

For further information, please visit the ESA Foundation web site at:

www.epsilonsigmaalpha.org.

Click on Scholarship's and follow the information. It will ask for the state. Use the drop down menu to Washington and that link will give the scholarships available for Washington State residents and include the criteria for each.

The applications for the 2023-24 academic year scholarships have been open since Sept. 1st.

DUE DATE: Feb. 1, 2023



WUCF SCHOLARSHIPS FOR 2022-23—Five \$10,000 scholarships to be awarded

The Women's University Club of Seattle is offering five \$10,000 scholarships to graduating high school women. Please see the attached information regarding these scholarships.

Below are key dates and application information:

- Application is online at <https://www.washboard.org>
- Five scholarships will be awarded.
- Each scholarship will be for \$10,000.00, disbursed in \$2,500 increments over four years.
- Selection is based on the applicant's character, scholarship, and achievements related to her school and community that are above and beyond her school's graduation requirement for community service.

If you have questions, please contact us at scholarship@seattlewuc.com.

DUE DATE: Feb. 14, 2023 at NOON



VEGETARIAN RESOURCE GROUP SCHOLARSHIPS

\$10,000—3 AWARDS (1 \$10,000 and 2 \$5,000)

The Vegetarian Resource Group each year will award \$20,000 in college scholarship money to graduating U.S. high school students who have promoted vegetarianism in their schools and/or communities. Vegetarians do not eat meat, fish, or fowl. Vegans are vegetarians who do not use other animal products such as dairy or eggs.

For more information, please visit: <https://www.vrg.org/student/scholar.htm> or call 410-366-8433 or email vrg@vrg.org.

DEADLINE: Feb. 20, 2023

WOMEN'S CYBER SECURITY SCHOLARSHIPS

Up to ten scholarships will be awarded. Each scholarship award will be between \$1,000 – \$5,000.

ELIGIBILITY

- Must be pursuing, or plan to pursue, a degree with a focus on cybersecurity, information assurance or similar field.
- You may be a senior in high school, an undergraduate student, graduate or post graduate student to be eligible."
- GPA must be at least 3.3 on a 4.0 scale (or an analogous rank based on a comparable scale).
- You may be a citizen of any country (US citizenship not required).
- May be attending on campus or online.
- May be attending full time or part time
- May be attending in the US or Internationally

For information on how to apply, please visit: <https://www.iamcybersafe.org/s/>

DEADLINE: Feb. 28, 2023

COMMUNITY IMPACT SCHOLARSHIP

\$2,500—2 available!

Who Is Eligible?

Before applying for the Community Impact Scholarship, please make sure that you meet all of our requirements. Eligible applicants must:

- Demonstrate active involvement in community service
- Exhibit strong leadership qualities
- Have a cumulative grade point average of 3.5 or higher
- Be an undergraduate student at an accredited college or university
- Be a citizen or permanent resident of the United States
- Be at least 18 years of age

Visit <https://www.dfwinjurylawyer.com/scholarship> for more information.

DEADLINE: March 2, 2023

Staff Emails

Nell Ballard-Jones Principal nballard-jones@lwsd.org	Dan Kaufman CTE/ASB Leadership dakaufman@lwsd.org	Mary Osness Office Manager/Bookkeeper mosness@lwsd.org
Tracy Bumgarner CTE/Child Lab tbumgarner@lwsd.org	Timothy Lee Security tilee@lwsd.org	Courtney Rayburn Infant Daycare Specialist IA crayburn@lwsd.org
Crysta Cady EMHS Behavioral Health Support Specialist c-cady@lwsd.org	Kelly Marth Psychologist kmarth@lwsd.org	Chelstin Ross Art cross@lwsd.org
Annette Fechenbach School Nurse afechenbach@lwsd.org	Emily Mitchell Social Studies/English/Night School emitchell@lwsd.org	Wendy Simmons School Counselor wsimmons@lwsd.org
Andrea Frankenfeld English/Social Studies/Morning LC afrankenfeld@lwsd.org	Stephanie Monaghan English /Social Studies/Psychology stmonaghan@lwsd.org	Lorrie Thomas Infant Daycare Supervisor IA lthomas@lwsd.org
Michelle Fraley Math/Morning LC & Night School mfraley@lwsd.org	Andrew Nisargand Library IA/Webmaster anisargand@lwsd.org	Daniel Weiss Science/CTE dweiss@lwsd.org
Will Gardner IEP & 504 Case Manager wgardner@lwsd.org	Justin Ochsner Math/CTE jochsner@lwsd.org	Daniel Whitaker Student Teacher dwhitaker@lwsd.org
Sally Jenkins Registrar/Secretary sjenkins@lwsd.org		Sarah Wiegand Associate Principal sawiegand@lwsd.org

**Emerson High School's
main office number is:**

425-936-2300

**with office hours of
7:30 AM – 4:00 PM
daily.**

**If you are calling
before or after office
hours, you may leave a
message for the main
office by pressing 2.**

**Please communicate
late arrivals and
absences on the
EMHS**

**Attendance Line at:
425-936-2306**

**Or email Sally Jenkins
at sjenkins@lwsd.org**



The Lake Washington School District does not discriminate on the basis of race, color, national origin, sex, disability, age, gender, marital status, creed, religion, honorably discharged veteran, military status, sexual orientation including gender expression or identity, the presence of any sensory, mental or physical disability, or the use of a trained guide dog or service animal by a person with a disability, in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the nondiscrimination policies: