



JANUARY 2023 ELEMENTARY MENU

Full Pay Lunch -

\$3.40

Full Pay Breakfast

\$1.85

There will be no charge for reduce price meals throughout the remainder of the 22-23 school year

Monday

Tuesday

Wednesday

Thursday

Friday

Jan 2-6 No School! Holiday Break!



9 Chicken Tenders/muffin or Wow! Butter and Jelly

10 Mini Turkey Corndogs or Turkey Cheese Wrap

11 JET'S Cheese Pizza or Chef Salad/Muffin

12 Grilled Cheese/Tomato Soup or Wow Butter and Jelly

13 1/2 Day No Lunch!

16 No School!

17 Cheese Nachos Salsa/Sour Cream or Turkey Cheese Wrap

18 JET'S Cheese Pizza or Chef Salad/Muffin

19 All Beef Hotdog or Wow Butter and Jelly

20 Cheese Bosco Sticks w/ Marinara Sauce or Hummus Plate

23 Mac&Cheese & Garlic Stick w/ Steamed Broccoli or Wow! Butter and Jelly

24 Mini Turkey Corndogs or Turkey Cheese Wrap

25 JET'S Cheese Pizza or Chef Salad/Muffin

26 Grilled Cheese/Tomato Soup or Wow Butter and Jelly

27 1/2 Day No Lunch!

30 Chicken Tenders/muffin Wow! Butter and Jelly

31 Chili Cheese Fritos or Turkey Cheese Wrap

All meals include Proteins & whole grains

At least 3/4 cup fruits and veggies and

1% white or chocolate milk

248.341.5671

Jets Pizza
Crispy Deep Dish Cheese Pizza with Jet's famous sauce!

WOW! Butter and Jelly Sandwich
Soy Butter and Jelly on WG Bread
Served with Michigan Carrots and sliced Apples

Chicken Tenders
All White Meat Lightly Breaded Chicken Strips
Served with a whole grain Muffin

All Beef Hot Dog
Served on a whole grain Bun

Chicken Patty Sandwich
All White Meat Lightly Breaded Chicken
Served on a WG Bun

Grilled Cheese Sandwich
Crisp, cheesy toasted sandwich served with Tomato Soup

Monthly Special! Try something NEW!

Beef and Bean Chili Fritos
Beef and Bean Chili topped with Shredded Cheddar Cheese served with Crunchy Fritos

Bosco Sticks
Mozzarella cheese filled breadsticks served with Marinara Sauce
Chicken Tenders
All white meat Chicken Strips lightly coated in a crispy breading served with a whole grain muffin

Mini Corn Dogs
Mini Turkey hotdogs battered in a crispy whole grain Corn Bread Batter

Cheese Nachos
Crispy tortilla chips served with Zesty Cheese Sauce, Salsa and Sour Cream

Turkey Cheese Wrap
Soft Flour Tortilla filled with Sliced Turkey, Shredded Cheddar Cheese and Lettuce

Orange Chicken
Crispy battered chicken bites glazed in a sweet orange sauce, served over rice with Asian mixed Veggies

Yogurt Plate offered Daily!
Creamy Yogurt served with fresh cut carrots crunchy grahams and an Apple Bag

MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

\$1.85 BREAKFAST

Monday
Cereal/MI Blueberries
Tuesday
MI Blueberry Yogurt Parfait
Wednesday
WG Goodie Ring w/ Fruit cup
Thursday
Benefit Bar w/ Apple Bag
Friday
Smoothie/WG muffin

Fruit and Veggie Bar!

Offered Daily
Includes Michigan Produce such as Blueberries, Cherries, Michigan Lettuce, Legumes and Apples
plus MUCH more Fruits and Veggies to Choose from!



Gluten Free option available per medical request- preorder required

Vegetarian and Dairy Free options available - preorder required