

January 2023 – Fridley Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Monday, January 2 No School	Tuesday, January 3 Brekkie Cookie Assorted Fruit Assorted Milk	Wednesday, January 4 Honey Buns Assorted Fruit Assorted Milk	Thursday, January 5 Apple/Cherry Strudel Assorted Fruit Assorted Milk	Friday, January 6 Assorted Cereal Assorted Fruit Assorted Milk
Monday, January 9 Benefit Bars Assorted Fruit Assorted Milk	Tuesday, January 10 Breakfast Pizza Assorted Fruit Assorted Milk	Wednesday, January 11 Nature Valley Rounds Assorted Fruit Assorted Milk	Thursday, January 12 Cinnamon Toast Stuffed Bar Assorted Fruit Assorted Milk	Friday, January 13 Apple Bites Assorted Fruit Assorted Milk
Monday, January 16 No School	Tuesday, January 17 ZeeZee Bars Assorted Fruit Assorted Milk	Wednesday, January 18 Assorted Great Northern Breads Assorted Fruit Assorted Milk	Thursday, January 19 Chocolate Crescent Assorted Fruit Assorted Milk	Friday, January 20 Cook's Choice Assorted Fruit Assorted Milk
Monday, January 23 Brekkie Bars Assorted Fruit Assorted Milk	Tuesday, January 24 Mini Stuffed Strawberry or Cinnamon Bagel Assorted Fruit Assorted Milk	Wednesday, January 25 Peach Cheerio or Cinnamon Toast Crunch Bar Assorted Fruit Assorted Milk	Thursday, January 26 No School	Friday, January 27 No School
Monday, January 30 Benefit Bars Assorted Fruit Assorted Milk	Tuesday, January 31 Grape Crescent Assorted Fruit Assorted Milk	Wednesday, February 1 Nature Valley Rounds Assorted Fruit Assorted Milk	Thursday, February 2 Cinnamon Toast Stuffed Bar Assorted Fruit Assorted Milk	Friday, February 3 Blueberry Cake Donut or Apple Ring Donut Assorted Fruit Assorted Milk