

REVISED 12/08/22

Dear Parents,

We are excited for the upcoming 2023 softball season! Your student is on the roster for the Rowland Hall team, so I wanted to take this opportunity to welcome you and to give you information regarding team membership requirements.

We are scheduled to begin practices on **Monday, February 27, 2023. A full practice/match calendar will be shared with parents and players in February.** Practices will be held daily (except on game days) after school, at either Sunnyside Park or at Steiner Field (weather permitting), or at the Lincoln Campus gym or the McCarthy Campus Sparrow Fieldhouse if weather is inclement. Practice time will usually be from 3:30-5:30 p.m., although early season practices may need to fluctuate due to gym availability and weather issues.

We will hold a parent meeting on **Tuesday, February 28, at 6:30 p.m. via Zoom, a link to be sent out closer to this date.** This meeting is **required**, and your student will not be allowed to play in a game unless you attend. If unable to be there, you must set up a one-on-one meeting with me, though it is preferred that you attend the scheduled meeting, even if you are a seasoned “vet” to the program.

A mandate from the UHSAA requires that a physical examination be performed by a qualified physician each school year. This means that you need to schedule an appointment *now* to have that exam done by a physician **and the Physical Exam Form A completed, including all three pages, signed, and submitted by February 10. Form A is attached to the email that comes along with this letter.**

Several other forms are also required and will be read and E-signed by you and your student as you register her for Softball on the website called “**AKTIVATE**”(formerly known as **Register My Athlete**), that procedure outlined in another attachment to this email. **Registration on the “AKTIVATE” site needs to be done by February 10.** All forms except for the Physical Exam and Consent Form must be **electronically signed by you and your student. Our schedule and some other softball related information can be found through the Parent Portal.**

Please contact me via email at cathyhowa@gmail.com if you have any questions. The coaching staff is excited about our prospects for the 2023 season!

Sincerely,

Kathy Howa
Head Softball Coach
cathyhowa@gmail.com
801-971-0754 (mobile)