KIDS NEWS

Volume 1

BOYD COUNTY EARLY CHILDHOOD ACADEMY

MISSION STATEMENT

Boyd County Preschool Programs are committed to the cognitive, emotional, physical and social development of our children and their families. Through developmentally appropriate practices and partnerships with the families, we plan to instill a love of learning that will last a lifetime.

















Dear Families,

What an awesome start to our 2022-23 school year! From Open House, Homecoming Parade, and the upcoming Halloween Blast, it has been wonderful being able to have families in the building again! Our plan is to only continue to increase opportunities for families to be involved as we move toward the holidays and beyond.

I hope you all had a fun restful Fall Break. I trust that your child is having a smooth transition into the daily routines of his/her classroom. Each time I visit the classrooms, I observe lots of busy students, with smiling faces, who are full of wonder and excitement. There is no better place to be than Boyd County Early Childhood Academy!

As your child settles into his/her daily routines at school, it is very important that he/she is also forming routines at home. One important routine to begin now is reading to your child. Please read with your child daily. Not only does daily reading increase your child's language skills and vocabulary, but it is also a special time of bonding for both of you.

Just as important as reading, is a focus on numbers and the math in our world. Research tells us ALL children are mathematicians and we want to nurture and encourage those early numeracy skills every day. A few great ways to build these skills are by counting collections of things your child is interested in, counting how many steps to certain rooms in your house, or stair steps when going up and down, sorting items different ways, and comparing lengths of objects.

Last, we know how important it is for your child to develop a consistent morning and evening schedule. Please make sure that your child is at school, on time, each day. This helps your child not feel stressed or anxious, when he/she arrives at school. It also ensures that your child does not miss important instructional time. At night, please keep a consistent bedtime routine. The website, *Web M.D.*, (http://www.webmd.com/parenting/guide/sleep-children) recommends that children, at this age, typically go to bed between 7 and 9 p.m. and get between 10-12 hours of sleep a night.

It is our program's goal to help your child form a positive outlook toward school this year as well as form daily habits they can carry with them throughout their educational career. Our teachers, assistants, family advocates, and other staff members are happy to assist you in any way that will help your family. Please do not hesitate to reach out to me as well!

Remember: families + schools (working together) = a child's success!

Truly,

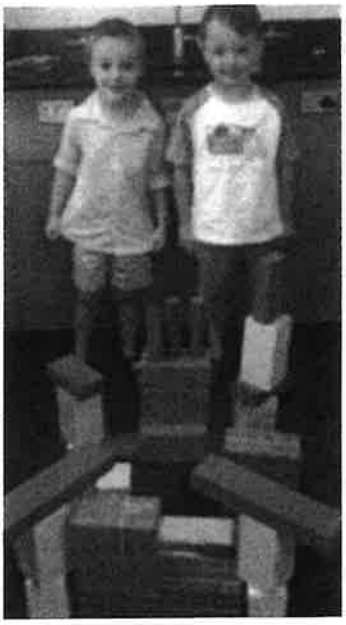
Stephanie Lyons, BCECA Director
















Weston



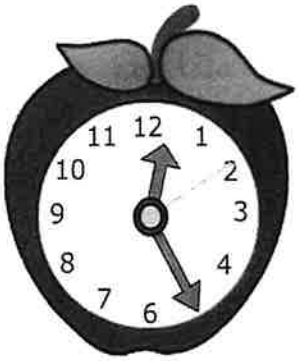
CHECK YOUR CHILD'S BACK PACK DAILY!



This is a reminder about the importance of on time daily attendance for your preschool child, as a part of their school readiness.

Please remember that your child is tardy after 8:00 a.m. and should be present for school Monday thru Friday, so that he or she does not miss important instructional opportunities.

Thank you for working with us to provide a structured routine for your child.



A LOOK AT HAPPENDINGS THIS MONTH....

Policy Council Meeting– Every fourth Tuesday of the month at 8:15 a.m. at BCECA or virtual. Next scheduled meeting is Tuesday, 25,2022.

Parent Topic Meeting- Fatherhood Initiative Outing/Meeting-

This month we will be having our Halloween Blast, scheduled Tuesday, October 18, 2022 at 5:00 ti 6:30 p.m.

**Flyers and Remind will go out regarding the Halloween Blast.

Boyd County BOE Meeting-

Fourth Tuesday of each month at 6:00 p.m. at the BCHS Adutoirums.

**** All meetings are open meetings and we encourage your attendance.***

If you want to look at the minutes for these meetings they will be our program's website.

The school menu's are also on our website.

If you would like a copy of the minutes or menus, please contact Sue Kenser #928-7110 or email sue.kenser@boyd.kyschools.us






Preschool
Saurus



We will be sending home the newsletter starting in November through email. Please make sure your email is on file. If you still like a hard copy sent home in your child's backpack, please email sue.kenser@boyd.kyschools.us or call #928-7110.

HAPPY OCTOBER BIRTHDAYS!

Adkins– Marlee

Davis– Aria

Jenkins– Carson

McKenzie– Braxton, Breelynn , Colton

Perkins– Mia

Reapsummer– Danielle, Summer, Violet, Elizabeth

Roberts– Ryder

Snyder– Ivy, Emmitt

Wilburn– Jason, Ryder, Arya

Bevis– Makenna, Delaney

Dillon– Kamden, Kynnedi, Wyatt

McKenzie– Braxton, Breelyn


FEELING











HEALTH LITERACY: A KEY TO UNDERSTANDING AND USING HEALTH INFORMATION

NATIONAL CENTER ON Early Childhood Health and Wellness

Tips for Families from the National Center on Early Childhood Health and Wellness

Understanding What Your Doctor Tells You

Health literacy is how well you understand health information and make good choices about health and medical care.

Why Is It Important?

Many people find it hard to understand the health information they need to take care of themselves and their families.

When Parents and Caregivers Understand Health Information and How to Use it, Children Are More Likely to:

- Miss fewer days of school
- Make fewer trips to the pediatrician or the emergency room that are not needed
- Live healthier lives
- Get preventive care like flu shots
- Have a safe home where fewer accidents happen

Learning Ways to Understand and Use Health Information Can Help With:

- Talking with your doctor
- Asking questions
- Following a doctor's directions
- Taking or giving medicine the right way
- Getting needed medical tests and care
- Knowing what to do when your child gets sick
- Preventing diseases like diabetes, asthma, cancer
- Making healthy choices for you and your family
- Asking for help

Things You Can Do to Help Your Child

- ASK for help if you do not understand a health form or do not know how to fill it out.
- ASK for handouts in the language that is easiest for you to read.
- WRITE DOWN questions you have before you go on any health care visit.
- TELL YOUR DOCTOR if you do not understand what he or she is saying.
- Go to the library and ask how to find accurate information about your health concerns and medicines.
- Ask your Head Start or child care program for information on health issues that concern you.
- Go to health workshops at your child's Head Start program and in your community.



ACF

NATIONAL CENTER ON Early Childhood Health and Wellness

November

Get Moving Today!

ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Make a big circle outside. Practice moving in relationship to the circle. Can you move around it? Can you move in and then out of it? Can you run across it?	Move in opposites – fast/slow, up/down, near/far, big/small.	Practice rolling your body across the floor. Make your body like a pencil and roll, then make your body like a ball and roll. 	Jump over the river. Roll up a towel and put it on the floor. Can you jump over it? Make the towel just a little bit bigger – can you still jump over? How big can you make it?	Set up a few of your stuffed animals. Roll up a pair of socks. Practice throwing the sock ball at the animals. Step at the animal as you throw.	Turn on some music and take turns making up a movement. Play copy cat boogie, by following what each other does. 	Jumping stones: Put a bunch of wash clothes or handkerchiefs on the floor. Can you jump from one to the next? Try to cross the room without touching the floor.
Get outside and go for a walk. Look for different shapes. Can you find a circle, a square, and a triangle?	Can you try to move for two minutes without stopping? What happens to your heart when you do this?	Try skating on some paper plates. Put your feet on the plates and slide around the room, or put your hands on the plates and push them around the room.	Get a laundry basket and practice throwing things into it – try tossing far away and try tossing when you are really close.	Use your body to pretend. Can you move like spaghetti? How about applesauce? How about a melting ice cube? Can you think of something?	Get outside and work on your kicking skills. Kick the ball as far as you can, chase it, and kick it again.	Play I spy. One person says "I spy _____". And when the other person sees it you both run to it. Next time try skipping or galloping.
Color Find and Move. Have someone name a color, and then your job is to move to something that is that color. Move in all different ways.	Work on your catching skills. Use a soft ball or rolled up socks. Toss it up and catch it. Keep your eye on it as it travels through the air.	Work on moving in relationship to each other. Move side by side. Move front to back. Move under then over.	Work on moving in relationship to each other. Move side by side. Move front to back. Move under then over.	Go to each space in your home and practice hopping on one foot and then the other. Run to a new space and hop again.	Indoor Zoo: Move like an animal through your home. Each time you get to a new space change to a new animal. 	How many parts of your body can you bend? Give it a try!
Go on a shape walk. As you walk. pump your arms and get that heart beating. How many different shapes can you find?	Walk, jog, run – start out by walking one lap around your home. Now jog one lap and then finally run one lap. Which one was harder?	Turn on some music and try to keep moving for an entire song. Check out what it does to the way you are breathing.	Draw a shape on a piece of paper and then try to put your body into that shape. Keep your body still as you hold the shape.	Play a game of Can You? Can you spin on your bottom? Can you jump to the sky? Your turn to create a movement to try!	Practice your jumping skills. Bend your knees, push off the floor, and reach to the sky. How high can you jump? How far can you jump?	Toss a t-shirt in the air, let it land on your head. Toss it again, let it land on your shoulder, your elbow, your tummy or your foot.
Make a set of cards that have a number on each card. Put the cards in a bucket. Draw a card, read the number, then take that many steps together.	Work on walking tall and proud. Can you balance a paper plate on your head as you walk around your home?	Do some outdoor chores as a family. Reach, pull, push and bend. 	Work on those muscles in your hand, crush up recycled paper into tiny balls. Do it with your right hand and your left hand. Keep these balls for tomorrow.	Use the recycled paper balls and work on your throwing skills. Step and throw across the room. Crab walk to the balls and throw them back.	Balance fun. Try putting four parts of your body on the ground and balancing. How about four other parts? Now try balancing on three parts or even five parts.	What were your favorite November Activities? Do them again! 

Funding for this project was provided by the Office of Head Start, Administration for Children and Families, U.S. Department of Health and Human Services

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1900 Association Drive, Reston, VA 20191 •703.476.3400• Fax 703.476.9527 • info@shapeamerica.org

KidsHealth.org

KidsHealth from Nemours

The most-visited site devoted to children's health and development

Colds

You wake up in a cranky mood. Your head hurts. You don't have the energy to even get out of bed. And you can't breathe out of your nose. What's wrong? You may have a cold!

What Is a Cold?

A cold is an infection of the upper respiratory system. This just means it can affect the nose, throat, and sinuses. A cold virus gets inside your body and makes you sick. The **rhinovirus** (say: rye-no-VYE-rus) is the most common cold virus, but more than 200 viruses can cause colds. Because there are so many, there isn't a vaccination, or shot, to prevent you from getting colds.

Fortunately, your body already has the best cold cure — your immune system. The immune system defends your body against illness. White blood cells are the immune system's main warriors. They're your own private army working to help you feel better. Take that, cold viruses!

How Do Kids Catch Colds?

Mucus (say: MYOO-kus) is wet, slimy stuff inside the nose, mouth, and throat. When someone sneezes or coughs, mucus drops float in the air. Breathing in these droplets can spread a cold from one person to another.

You also can catch a cold if you touch your eyes, nose, or mouth after handling something with cold viruses on it. Video games, the doors at the mall, and your school desk are all hot spots for viruses. So be sure to wash your hands regularly.

You sneeze because your nerves detect the irritation in your nose and get the lungs to push a blast of air out through your nose and mouth. A sneeze can travel at more than 100 miles (161 kilometers) an hour — faster than a car travels on the road, unless you're at a racetrack!

What Are the Signs of a Cold?

Symptoms (say: SIMP-tumz) are signs or clues that tell doctors you're sick. Once you've been in contact with a cold virus, it takes 2 to 3 days for cold symptoms to begin. You may have some of these symptoms with a cold:

- low fever (100-101°F/37.2-37.8°C)
- body chills
- itchy or sore throat
- sneezing, runny nose, and watery eyes
- coughing
- feeling tired and not hungry
- congestion (when your nose is stuffy and it's hard to breathe)

How Can I Feel Better?

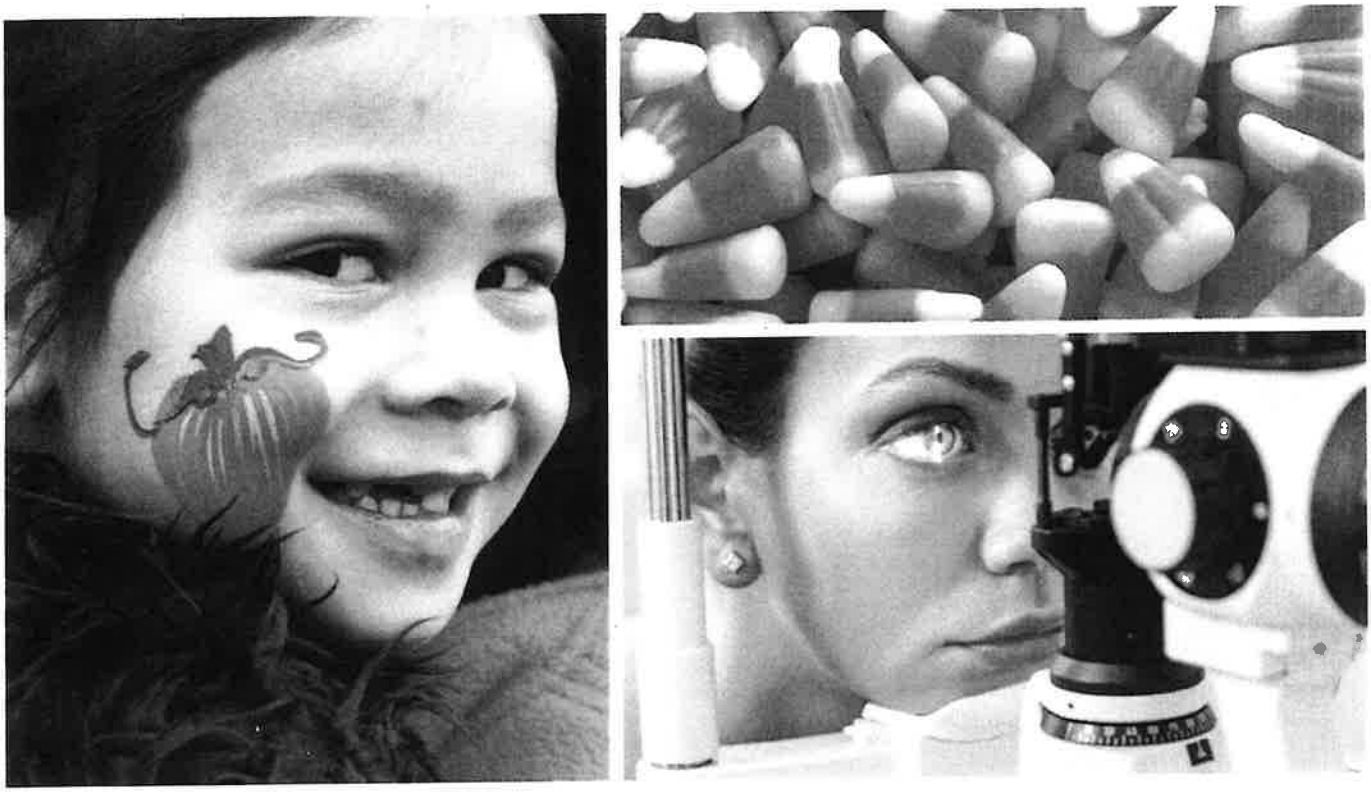
Having a cold is the #1 reason kids visit the doctor and stay home from school. Kids can get six to 10 colds per year with each cold lasting an average of 7 to 14 days.

Here are some feel-better tips if you get a cold:

- **Bring on the heat.** Hot drinks soothe coughs and sore throats while also clearing mucus. So eat (or drink) your chicken soup!
  Get steamed up. A steamy shower helps stuffy or irritated noses. Or run a humidifier (a small, quiet machine that sprays fine cool mist in the air) to relieve your scratchy throat and stuffy nose. Humidifiers make room air moist, which loosens mucus.
- **Practice healthy habits.** Your immune system will be ready to fight colds if you eat a balanced diet, get plenty of sleep, and keep your body fit through regular exercise.
- **Blow your horn.** Blowing your nose is the best way to get rid of mucus.
- **Rest.** Take a nap or go to bed a little earlier for a few nights.

Halloween Safety Tips: Costumes, Candy, and Colored Contact Lenses

Enjoy a safe and happy Halloween by following these guidelines.



Español (/consumers/articulos-en-espanol/consejos-de-seguridad-para-el-dia-de-las-brujas-disfraces-dulces-lentes-de-colores)

Halloween is fast approaching, and you and your kids may be celebrating it a bit differently this year. Whatever form your celebration takes, make sure it includes safe hygiene practices (/consumers/consumer-updates/help-stop-spread-coronavirus-and-protect-your-family)such as covering your mouth and nose with a cloth face covering or mask when around others, maintaining social distance and frequent hand washing. The Centers for Disease Control also have tips for protecting yourself and others. (https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html)

Whether you're a ghost or zombie, vampire or witch, poor costume choices—including decorative (colored) contact lenses and flammable costumes—and face paint allergies can cause injuries that haunt you long after Halloween.

Enjoy a safe and happy Halloween by following these guidelines from FDA, the Consumer Product Safety Commission, and the Centers for Disease Control and Prevention:

- Wear costumes that say "flame resistant" on the label. If you make your costume, use flame-resistant fabrics such as polyester or nylon.
- Wear bright, reflective costumes or add strips of reflective tape so you'll be more visible; make sure the costumes aren't so long that you're in danger of tripping.
- Wear makeup and hats rather than costume masks that can obscure your vision.



- Test the makeup you plan to use in advance. Put a small amount on the arm of the person who will be wearing it. If a rash, redness, swelling, or other signs of irritation develop where the makeup was applied, that's a sign of a possible allergy.
- Vibrantly colored makeup is popular at Halloween. Check the FDA's list of color additives (/cosmetics/ingredient-names/color-additives-permitted-use-cosmetics) to see if the colors are FDA approved. If they aren't approved for their intended use, don't use them. This is especially important for colored makeup around the eyes.
- Don't wear decorative (colored) contact lenses that appear to change how your eyes look due to the risk of eye injury, unless you have seen an eye care professional for a proper fitting and been given instructions for how to use the lenses. See Eye Safety below for more information.

Safe Treats

Eating sweet treats is also a big part of Halloween fun. If you're concerned about food safety, (/consumers/consumer-updates/food-safety-and-availability-during-coronavirus-pandemic) there are some things you should know.



Before you or your children go trick-or-treating, remember these tips:

- Don't eat candy until it has been inspected at home.

- Eat a snack before heading out to avoid the temptation of nibbling on a treat before it has been inspected.
- In case of a food allergy, check the label to ensure the allergen isn't present. Tell children not to accept—or eat—anything that isn't commercially wrapped.
- Parents of very young children should remove any choking hazards such as gum, peanuts, hard candies, or small toys from the Halloween bags.
- Inspect commercially wrapped treats for signs of tampering, such as an unusual appearance or discoloration, tiny pinholes, or tears in wrappers. Throw away anything that looks suspicious.

For partygoers and party throwers, the FDA recommends the following tips for two seasonal favorites:

- Unpasteurized juices and juices that have not been further processed are at higher risk of food- borne illness. Look for the warning label to identify juice that hasn't been pasteurized or otherwise processed, especially packaged juice products made on site. If unsure, always ask if juice has been pasteurized or not. Normally, juice in boxes, bottles or cans from your grocer's frozen food case, refrigerated section, or shelf has been pasteurized or otherwise processed to reduce harmful microorganisms.
- Before bobbing for apples—a favorite Halloween game—reduce the risk of bacteria by thoroughly rinsing the apples under cool running water. As an added precaution, use a produce brush to remove surface dirt.

Eye Safety

The FDA joins eye care professionals in discouraging consumers from using illegal decorative (colored) contact lenses. (/medical-devices/contact-lenses/decorative-contact-lenses-halloween-and-more) These are contact lenses that have not been approved by the FDA for safety and effectiveness. Consumers should only use brand name contact lenses from well-known contact lens companies.



If you have never worn contact lenses before, Halloween should not be the first time you wear them. Experts warn that buying any kind of contact lenses—which are medical devices and regulated as such—without an examination and a prescription from an eye care professional can

cause serious eye disorders and infections, which may lead to permanent vision loss. Despite the fact that it's illegal to sell decorative contact lenses without a valid prescription, the FDA is aware that these lenses are still sold without a prescription on the Internet and in retail shops and salons —particularly around Halloween.

Although unauthorized use of decorative contact lenses is a concern year-round, Halloween is the time when people may be more inclined to use them, perhaps as costume accessories, which make the wearer's eyes appear to glow in the dark, create the illusion of vertical "cat eyes," or change the wearer's eye color.

When they are bought and used without a valid prescription, without the involvement of a qualified eye care professional, or without appropriate follow-up care, it can lead to significant risks of eye injuries, including blindness.

Student Contract

_____
Student Name

_____
School Attending

_____
Home Address

_____
Bus Stop Location (if different than home address)

_____
Home Phone Number

_____
Cell Phone Number

Bus No. _____ *A.M.* _____ *P.M.*

For Parent or Guardian

I have read and understand the School Bus Regulations contained in this brochure and agree my child will abide by them.

I also agree to assume full responsibility for my child's conduct on Boyd County Public School Buses.

I have provided in writing necessary instructions for my child's medical needs to ride the school bus (if applicable).

_____
Signature (Parent or Guardian)

_____
Date

If the signed contract is not returned to the bus driver on your route, then bus riding privileges will be suspended until the contract is returned.



BCPS Bus Rider Contract

Boyd County Public Schools
1104 Bob McCullough Drive
Ashland, KY 41102

The privilege of riding a school bus is extended to students who qualify according to the policies of the Boyd County Board of Education.

Students found to be in violation of pertinent rules may be subject to disciplinary action, including suspension of bus privileges.

Transportation Department
928-7126

Kentucky Administrative Regulations and Kentucky Revised Statutes do not require Boards of Education to furnish transportation to and from school for pupils. The Boyd County Board of Education has elected to provide transportation for only those pupils regularly enrolled in the public schools within the Boyd County School District. Pupils have the privilege of riding a Boyd County School Bus to and from school provided they comply with the directions from the driver and the Rules and Regulations for pupils riding school buses.

At the Bus Stop

Arrive at the assigned bus stop five minutes before bus time. The driver is not permitted to wait for students.

Keep all articles off the roadway and remain well clear of traffic.

Do not damage private property.

Unauthorized conduct, such as fighting or damage to property, may be subject to action by local police as well as from the school.

Wait until the bus stops and then walk to the bus door in orderly fashion.

Students living on the opposite side of the road from a bus stop should wait on their side until the bus arrives and the driver signals them to cross.

Students may use only that stop nearest their residence, unless written permission is obtained from their principal and provided to the bus driver.

On the Bus

The bus driver will assign seats.

Bus riders will share seats as directed by the driver.

Eating and drinking are not permitted on the bus.

Neither the driver/monitor, nor students are permitted to use tobacco products or vapes while on a school bus.

Weapons, explosives, or any dangerous articles are absolutely prohibited from school buses.

No animals, or other items that might frighten other riders or distract the driver, are permitted on school buses.

Nothing will be placed in the aisle of the bus, or where it would hamper evacuation in case of emergency.

No skateboards on the bus.

No use of cell phones or electronic devices on the bus.

Profanity and obscene gestures are prohibited on the bus.

Excessive noise, as determined by the driver is prohibited.

Riders will not extend any portion of their bodies outside of the bus.

Riders will never use the rear emergency exit except upon direction of the driver, or other competent authority.

Riders will refrain from any language, or action that might tend to embarrass or intimidate another student.

Bus Evacuation

Evacuation drills will be conducted four times each year. The drills consist of an orderly use of the available exits on the bus, and are designed to familiarize students with the proper safety procedures to be followed in case of emergency.

Stopped School Buses

School buses stopped for the purpose of loading and unloading students will have the side "stop-arm" activated. Any time the stop arm is out and lights are flashing, all traffic must stop. It is not permissible, even on school property, to pass a school bus while it is loading or unloading students. An exception is when the bus is on a multi-lane highway, traffic going in the opposite direction does not have to stop.

School bus drivers are required to file complaints with the local police department whenever the stop arm is violated. Conviction for stop-arm violations normally result in an assessment of six points on the drivers license, along with a fine and court costs.

Unsafe Condition

Any condition which, if permitted to continue, could result in injury to a student is considered unsafe. Some examples are:
Throwing items inside or out of the bus.
Failure to remain properly seated.
Improperly exiting the bus.
Fighting, yelling and loud talking.
Extending body parts out the windows.
Damaging any part of the bus.
Acts designed to intimidate or otherwise harass other students.
Failure to carry out instructions from the driver.

Special Instructions

Students are permitted to leave the bus only at the designated bus stop. Any request to leave the bus at another stop must be signed by the school principal.

Students who live on the opposite side of the road from the bus stop should, when exiting from the bus, go to a point approximately ten feet ahead of the bus and wait until the driver signals to cross the road. Never cross to the rear of a stopped school bus.

Responsibilities of Parents of Very Young Children (KG, PreSchool, Special Needs):

1. *A parent, guardian or authorized adult must be present to receive their children when the bus arrives at the bus stop.*
2. *The bus driver must have a visible indication that an adult is present before allowing the child to leave the bus.*
3. *When the parent, guardian or authorized adult is not present to receive the child the bus driver will return the child to school and parents will be required to pick their child up at school.*
5. *Parents are responsible to notify BCPS in writing of any medical conditions that may require special attention on the school bus.*

Video Camera

Boyd County school buses may be equipped with video cameras. Videos are in color and contain audio. Videos may be used to document events and hold students accountable for actions which occur on the BCPS School buses.

Boyd County Public Schools Hiring Now School Bus Drivers

NO EXPERIENCE NECESSARY
WE WILL TRAIN YOU
GET PAID WHILE YOU TRAIN
PART-TIME HOURS – FULL-TIME BENEFITS

QUALIFICATIONS REQUIRED:

CDL – We Train You

Pass the Kentucky School Bus Driver Training Curriculum

BENEFITS:

- Starting pay for full-time drivers $16.80
- Health Insurance at Reasonable Rates for Single/Parent Plus/Couple/Family Plans
- Free $20,000 Life Insurance Policy
- Contribute to State Retirement (KPPA)
- Free Admission to Home Athletic Events (Regular Season Only)
- Eligible for Extra Runs & Shuttles

Visit our district website to apply.

For more information call 606-928-7126

PUBLIC NOTICE
Boyd County Board of Education
Non-Discrimination Policy Statement

The Boyd County School District does not discriminate on the basis of race, color, national origin, sex/ gender, age, or disability in admission to its programs, services, or activities, in access to them, in treatment of individuals, or in any aspect of their operations, and provides equal access to the Boy Scouts and other designated youth groups. The Boyd County School District also does not discriminate in its hiring or employment practices. This notice is provided as required by Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, Title IX of the Education Amendments of 1972, the Age Discrimination Act of 1975, and the Americans with Disabilities Act of 1990.

Board of Education

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Chairperson

Tammy Pruitt
Vice Chairperson

Mindy Stanley

Randy Stapleton, Jr.

Lisa Wallin

Superintendent

William L. Boblett, Jr.

Transportation

Cheryl Caldwell
Director

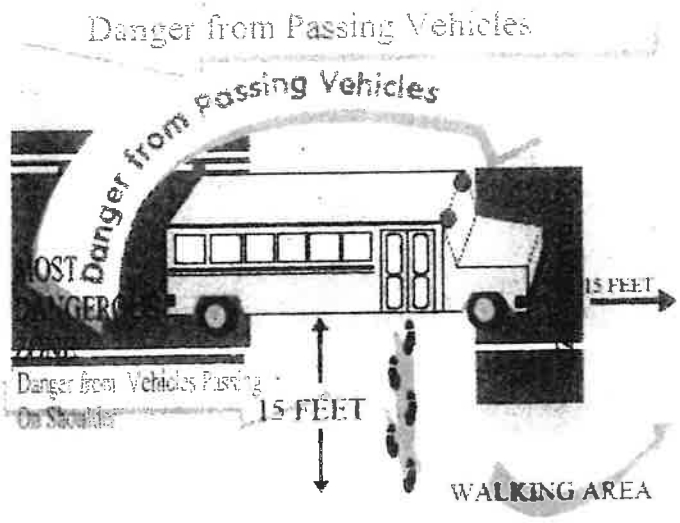
Amy Conley
Manager and Driver Train

James "Stub" McClone
Driver Trainer Coordinat

Crystal Bybee
Driver Trainer



DANGER ZONES AROUND A STOPPED SCHOOL BUS





When you are waiting for the school bus, you should wait at the bus stop, and stand well back from the curb.

When you get off the bus:

- Look to the rear of the bus before you step off the bottom step. Our friends at the Pupil Transportation Safety Institute tell us that more and more motorists are passing stopped school buses on the right shoulder - where the door is.
- Take (five giant steps) straight out the bus door, and out of the danger zone.
- Make sure you have eye contact with the driver, and wait for the driver to signal you before you cross in front of the bus.
- **Never** go back for anything you have left on the bus.
- **Never** bend down near or under the bus.



Walking near school:

- When school is opening in the morning and closing in the afternoon, it is a busy and crowded area.
- There are children being dropped off or picked up by both school buses and parents.
- It is important to look carefully to the **left, right and left again** if you have to cross the street.



- If you must walk through parked traffic, stop and look carefully before stepping out from between vehicles.
- Remember the **danger areas around school buses** where

the driver can't see you.

- Don't run between parked cars and buses.
- Don't run across the street or through a parking lot trying to catch up with your friends.



School Bus Behavior

Your school district probably has a school bus behavior policy. Your bus driver's number one interest is your safety. He or she will ask you to be on your best behavior.

- It is important to listen to your bus driver in case there are any special instructions for your bus ride.
- Sit quietly in your seat.
- Speak quietly to the other children near you.

Do not jump up and down, fight or tease other passengers or make a lot of noise. These activities can bother your bus driver and he or she will not be able to give proper attention to driving.

These behaviors can bother **any** driver, including your family or a friend's family, and make it hard to drive safely.



Clothing can get caught

Jacket and sweatshirt drawstrings, backpack straps, scarves and loose clothing may get caught on the bus handrail or door. This is not only a danger while getting on or off the bus, but could happen any place on the bus.

If you usually take the school bus and sometimes need to take public transportation, there are some important differences you should know about. See the **Public Transportation Safety Kids Page**.

Traffic Safety Kids Page

Bikes & Wheel Sport Safety | **Car Seats & Seat Belts** | **Public Transportation** | **Railroad Crossings**
Safe Walking | **School Bus & School Zones** | **Traffic Sign Quiz** | **Traffic Sign Quiz Answers**

I'M SAFE! You can teach your child to walk safely.

Here are some simple steps you can use and practice with your child.



Be seen.

Dress in bright clothes. Use reflective material. Carry a flashlight at dawn and dusk.

Cross together.

Children need to cross the street with a grown-up.





Get the facts.

Know where and when your children are walking. Know who is with them.

Watch, then cross.

Stop at the edge. Look left, right and left again. Wait until the road clears. Keep watching as you cross.





Know where to go.

Walk on sidewalks. If there is no sidewalk, walk on the far left facing traffic.

Cross safely.

Use crosswalks. Only cross streets at corners. Never cross from between parked cars.



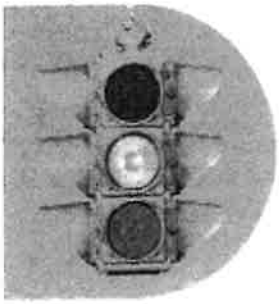


Stay Together.

Young children should always walk with a grown-up. Older children should walk with a buddy.

Follow the rules.

Set an example for your children. Obey all traffic signs and signals. Children will copy what you do.



Your Child is in Safe Hands . . . Yours