



Varsity Wrestling

2022 2023

DATE	OPPONENT	TIME
Dec. 3	@ Lemon Bay Duals, Lemon Bay High	Dec 3 Weigh In: 0800 Wrestling starts: 9:30
Dec. 9-10	Fit2Win IBT @ Countryside H.S.	9 Dec Weigh In: 2:15 Wrestling starts: 3:30 10 Dec Weigh In: 8:00 Wrestling starts: 09:00
Dec. 14	Army/Navy Dual Vs Admiral Farragut (Home)	14 Dec Weigh in: 1700 Wrestling starts: 1800
Dec. 16-17	Bradenton Battle @ Bradenton Christian H.S.	16 Dec Weigh in: 15:00 Wrestling starts: 17:00 17 Dec Weigh in: 0800 Wrestling starts: 9:30
Jan. 6-7	Somerset Scuffle @ Somerset H.S.	6 Jan Weigh in: 12:00 Wrestling starts: 2:00 7 Jan Weigh in: 0800 Wrestling starts: 10:00
Jan 13-14	Jerry Mita @Pinellas Park H.S.	15 Jan Weigh in 1400 Wrestling begins at 1500 16 Jan Weigh in 0800 Wrestling begins at 1000
Jan. 18	Senior Night VS Sarasota H.S.(Home)	18 Jan Weigh in: 1700 Wrestling starts: 1800
Jan. 21	Sickles IBT @ Sickles H.S.	21 Jan Weigh in: 1400 Wrestling starts: 1500 23 Jan Weigh in:
Jan 24	LWR Senior Night Lakewood Ranch H.S.	24 Jan Weigh in 1700 Wrestling starts: 1800
Jan 28	Wolfpack Duals @Timber Creek H.S.	28 Jan Weigh in: 0745 Wrestling starts: 0845
1 Feb	Venice Dual Match @Venice H.S.	5:00 p.m. Weigh In 6: p.m. Wrestling Starts
Feb 4	Southeast Duals @Southeast H.S.	4 Feb Weigh in: 0800 Wrestling starts: 1000
Feb. 11	Bidwell IBT @ Lemon Bay H.S.	11 Feb Weigh In: 0800 Wrestling starts: 0930
Feb. 18	<i>District 1A Championship</i>	<i>TBD</i>
<i>Feb 24-25</i>	<i>Regional 3-1A Championships Lemon Bay HS, Lemon Bay, FL</i>	<i>TBD</i>
<i>Mar. 3-4</i>	<i>FHSAA State Championships @ Lakeland Silver Spurs Arena</i>	<i>TBD</i>

BOLD – HOME, IBT = Individual Bracket Tournament, Dual = Team

Head Coach: Clarence Arrington

Athletic Director: Teddy Grace

Assistant Coach: Raul Ramirez