



The theatre company working on the set.

The Rundown Newsletter

EXTRA CURRICULARS

Fall 2022 Edition
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Theatre Company Presents "Puffs"

By Alize Riley

This year our drama program performed the play "Puffs;" the progress the cast and crew made in production was exceptional. They took hours to build upon their backstage costumes, props, and wing space. After the stage was finished, they got to blocking, which is putting themselves in their set places on and off the stage.

While the cast was rehearsing, the crew built the set. The crew set up the Puffs common room, decorated it with different papers, and got the flats up and painted.

"I am a swing, so I'm a side character along with backstage getting props where they need. Basically, I'm wherever the directors need me to be," Jasmine Bennett told us.

She explained the most difficult part she had to overcome. As a swing, she had to recall where everyone comes on and off stage and remember everyone's lines.

Jasmine shared the process of preparing the production. "Everyone works together really well. It's super great. We take the time to get things done and get where we need to be by the time we need. It's a really great environment."

Grace Jurchak is one of our crew members with whom every cast member is very familiar because she gets all the costumes ready for the characters. "I pull each costume we need. I make some, and I'm also a part of the graphics part of the stage."



The theatre companies production.

Girls Soccer

By: Mya Snyder

What makes a good soccer player? Passion, support, and grit. The girl's soccer team has had a lot of success throughout the years. Hannah Aston, a senior, has said "I love the team and how far we have come. I love the times we have together and the family we have made. I am sad to see the seniors leave, but we all have our times". The girls soccer team played a total of 18 games this season with only three losses and fifteen wins. The girls push each other to greatness.

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French Club 2022-2023

Phoenix Donald

Speaking another language can be a challenging but fun hobby. The French Club at Montrose Area High School certainly agrees. Juniors Stephanie Fenescey and Sarah Kincer both agree that a highlight of French Club has "been doing the coffee cart together." Stephanie looks forward to the future trips as well as doing the cart again this year, and Sarah is looking forward to the French Club's trip to Canada.

But one may ask, what is so interesting about French Club? Well, Sarah states that one interesting thing about French Club is "going on trips around the world to experience French culture."

As well as their coffee coming back this year, Stephanie Fenescey hopes "to do a Ukraine fundraiser." It looks like French Club is going to have a fun and great year!



Madeline Dorval and Sarah Kincer with the coffee cart



Club officers Stephanie Fenescey, Aiden Miller, and Sarah Kincer



The football team away at Holy Cross after their first win of the season

Football

By: Makenzie Krupinski

Most 2022 fall sport seasons have officially come to a close, including Meteor-Warrior Football as of October 29th. A few highlights of this season include coaches Steve Hinds (head coach), Josh Stankiewicz, and Dr. Lou Cella leading the team to their first victory since 2020 against Holy Cross with a score of 28-14.

The main achievement for this season was to rebuild the football program, which kind of meant starting back at square one. The team lost and gained members, but overall the whole team contributed to adding a more positive name toward the program.

The team managed to do this by pulling off two other wins this season at Hanover, with a score of 14-6, and at our own Montrose homecoming game with a result of 28-14.

When asked about the overall season, senior Derrick DeMann shared that "it was great coming off a season last year with no wins and then we came back with 3 wins - best season in 7 years."

Most people can agree that even when you individually strive to succeed in a sport, it takes a team to achieve the goal. For DeMann, the goal was to "win some games, and we all agreed on that, so we took this season more serious, and we did our specific jobs, and we brought Montrose back to life. This team has had the most heart and dedication I have seen in a long time."

The 2022 season has contributed great success and improvement towards the Meteor-Warrior Football name, and many can't wait to show off their skills in 2023.



Girls soccer after a game celebrating winning the district title.

Girls Soccer continued...

Alyssa Jennings has said, "I love working together, and the support on the team is tremendous. In the future, we hope to still continue to strive for the best and go far in the season." The team made it to the state playoff game after winning the district title against Lakeland, then played against Southern Columbia in the state playoffs. The girls played a fantastic game; they lost 5-2, but no matter what they held their heads high.



Picture of the Varsity Girls Soccer team together in a huddle

Cheerleading

By: Makenzie Krupinski

"It's been great to get to cheer on the boys," is how senior and captain, Hayleigh Krupinski, opened up about the 2022 football cheer season.

With a team of only six members, the cheer team had junior Gracie Gregory, and sophomores Alanna Bennett, Rileigh Kelly, and Makenzie Krupinski come back in 2022. Joining the team this season, the girls welcomed junior Willow Frye.

"It has honestly been really great and I'm really glad that we're all friends," Frye reported.

When asked what it was like joining a new team who had already previously cheered together, Willow explained that "joining the team at first was really awkward...but then I did what I do best and weaseled my way in, and we really started to become a team."

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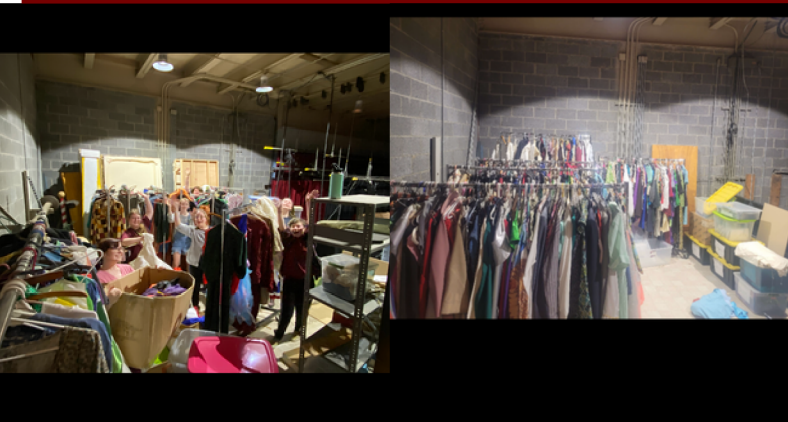
The cheerleading team away at Holy Cross



Drama Club

Grace shared her perspective on the process of the production, "It's really chaotic, but everything is working out the best. And it looks really good!" They went on to talk how the final production will be very quick. Everyone will need to keep on track of time.

The theatre company put on the show on Nov 10th, 11th, and 12th. They sold around 600 tickets and seated many friends and family. So many were so glad that the program was finally back and was happy to see the show.



The costume loft last school year versus this school year after all of the work the theatre company did.

Marching Band

Jack Benedict

Montrose's Marching Band performed a field show this year entitled "Stormy Weather." Combining music and meteorology, it featured famous songs such as "Thunder," by Imagine Dragons, "Rock You Like a Hurricane," by Scorpions, and "Rain On Me," by Lady Gaga and Ariana Grande.



Ethan "Twitch" Powers, Nathan "Bonez" Farley, and Colin "Smitty" Harris leading the march.

This year also marked the band's return to Cavalcade; however, they only attended one competition this year. On September 28th, the band traveled to Riverside to present their show.

"At first, I felt like the product was rough and unrefined," Kyle Hsiao, trumpet, noted, "but once we got together for Cavalcade, everything polished out. It was fun, and I think everyone enjoyed the show."

The seniors were honored alongside the football players on Senior Night: Jonathon Creamer, Scotty "Wheezy" Warren, Anthony "Ant-Man" Roma, Nathan "Bonez" Farley, and Alex Edwards.

"Marching Band is a family," says Hsiao, "and even though they're graduating, we all look forward to next year, and can't wait to perform again."



Girl's Cross Country: Winner Of The District Title

Cheerleading continued...

Meteor-Warrior football concluded the season with 3 wins out of 8 games during the regular season. After not winning since 2020, it's an understatement to say both the cheer and football teams were ecstatic over the victories.

"I love it," Gregory described, "seeing the boys win the games has been so much fun."

When cheer was asked about their favorite memories, sophomore Rileigh Kelly, shared a few moments from the season.

"I really enjoyed Kenzie's concert coming home from Hanover, and I enjoyed the pink out game because it was our homecoming game, and we took the dub."

Bennett explained, "My favorite part of the season was winning the home game and the van rides on our way to the games and coming home."

Already thinking about the 2023 season, cheer's main focus for next year is to acquire more members and just work on their skills overall.

The wait for next season is already heavily anticipated, and many can't wait to showcase what they've got.



The cheer team at the pink-out game

Cross Country

Carter Dolaway

Cross Country – the sport that is every other sport's punishment. The Montrose Area Jr./Sr. Highschool has had a very successful program over the past few years, including winning two district titles last year – one for the girls team, and one for the boys. Furthermore, both teams competed well at the state race. What sets our cross country team apart from the rest? "We're just better," Mary Pichette, junior, explained, "I don't know if the people on our team are just naturally gifted at running, or it's because nobody has given up."



Rianne Lockhart, Malorie Norton, Natalie Myers, and Emily Wood on Senior Night

Girls Volleyball

By Jack Benedict

This year, the volleyball team has a new coach on the scene: Mr. Landon Morey, who played as a high school student. He is assisted by Mrs. Kari Smith, who also has volleyball experience playing as a college student at Albright College. They are also accompanied by Kristen Jones, who was a consultant to them during practices.

Coaches and players agree that both teams have exponentially improved. Junior Varsity won 8 of their 15 games this year.

"It's definitely not all on us," Mr. Morey states, "The girls have the talent, and they put in the hard work to win."

Between the JV and varsity teams, there are sixteen girls that participated in this year's season. Four of those girls - Rianne Lockett, Natalie Myers, Mallorie Norton, and Emily Wood - will graduate this year.

Although the season is over, next year's activities are already in consideration, and those involved are optimistic. "Our juniors and sophomores have quite a bit of talent mixed into their cohort," Morey says.

For those looking to get involved, there will be several opportunities. A program for 7th and 8th grade students ran until November 14th to get them involved in the sport and learn its functions.

So what should you expect? Junior and varsity player Lizzy Green says it best: "Just come ready to work hard and don't be afraid to ask questions."

Girls Tennis

By Alize Riley

Girl's tennis has completed an exciting season full of victories, not all of which were reflected in their final wins and losses. While PIAA has the team at three wins and eleven losses, junior Breanna Marcy had nothing but pride in her season.

"This is the best I've ever played; unfortunately, it was the best everyone else played as well," Breanna shared.

"We had more wins than last year which was unexpected," Miranda Walter explained.

Starting this season with a new coach was one of their biggest challenges. "Getting to learn with a new coach is always a challenge, getting used to different styles of practicing," Miranda mentioned.

The team was very grateful to have Mrs. Evans as the new coach. "Mrs. Evans is an amazing coach. We loved having our season this year with her. She was learning as we were, which brought us all together even more."

Breanna Marcy, a returning tennis player who is 2nd doubles 7th seat, will be a senior next season. Miranda Walter, a junior who 1st doubles 4th seated, will also be a senior next season.

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The tennis team out to dinner



Lincoln Brander

Boys Soccer

Madison Abbott

Kicking off the season with Montrose Area School District's newest soccer player, coming from Delaware, is Nico Christian! Nico has played the position of a striker for two years now, building on his passing skills during this time. During Christian's time in soccer, he has met many "respectable and friendly players" but also learned how important communication can be for the success of their team.



Nick Pasteka



Jesse Rogers

Boys Soccer continued

Madison Abbott

A struggle this past season had been the communication with other teammates, though he hopes to see it improve. During the Elk Lake game, Nico Christian made the team's first goal of the season. So far, they have scored two goals. The second score was made by Jacob Lucas against Riverside. Lincoln Brander has been playing soccer for a whopping 13 years; 4 of which were in Montrose. According to Brander, his highlight of the season has been the amount of "team spirit" flowing through the Montrose supporters. The turnout at the Elk Lake game is a testament to that support. He believed the "attitude" of the team needed some work this season. The winning game of the season was against Elk Lake with a score of 3-2



Rising Star: Lorenzo Christian

Girls Tennis continued

Alize Riley

"Our team is small. Next season we will have four seniors, so please join our tennis team!" Breanna eagerly mentioned.

The tennis team works hard together to create a very fun environment, so if interested, do not hesitate to ask any known players or the coach Mrs. Evans.

Cross Country Continued

In fact, no one from the girls or boys senior high team has quit this season, even under injury. Injuries are very common in this sport. Anything from the hips down are very prone to injury, because you are constantly running on all different types of terrain. "Running hurts," Coach Brewer said, "It's going to hurt if you run hard and even if you don't. So run harder in the race." The team ran at both the District Championship and the State Championship. These races are unlike the others; they are much larger. "Larger races, you generally have a better mindset going into the race," Captain Paige Brewer explains, "You know the racers in the smaller races better. Larger races you aren't as worried." Reportedly, the state race, and the McQuaid Invitational have on average, 400 runners in each race. The girl's cross country team won the District title on October 26th and are set to compete in the state competition. Nate Sinkovich and Lorenzo Christian made it to the state competition individually. The girls and the two boys competed in the state competition on November 5th.

The Montrose Meteor Man (Lincoln Brander) at the Fall 2022 Pep Rally



Mr. Rezykowski, Mr. Corbin, Mr. Cherney, Mr. Oleniacz, Mr. Weller, Mr. Dragos, Mr. Keihl, and Mr. McKennas playing "soccer."



Senior athletes competed to roll a table over top themselves across the gymnasium floor, with the girl's team triumphing.



The Rundown Staff

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