

Project Home

Ensuring Academic Success for All



Community Resource Guide

Covington Independent Public Schools

Revised: January 2022



12 Ways to Get the Best Results over the Phone

1. Identify yourself first. People like to know to whom they are speaking.
2. Be polite. You will get better information.
3. Be positive. Always assume that the person can help you. If he/she can't, ask for a referral to another source.
4. Be prepared. Write down your questions.
5. Be specific and explain why you need the information.
6. If you know what you want, ask for it, not for what you assume the organization has.
7. If you're unsure of what you need, ask for help formulating your questions.
8. Ask for specific brochures. If you are not in a hurry, first ask for a list of publications and audiovisuals.
9. Ask for a sample newsletter. These can be a great source of information.
10. Be persistent. If you do not get the information you need from the person who answers the phone, politely ask to be transferred to another department or to that person's superior.
11. Consider calling more than one organization. Sometimes Organizations have biases or vested interests that may influence their point of view.
12. Say than you!

The above information was taken from Who to call, the Parent's Source Book, by Daniel Starer. Copyright 1992, William Morrow and Company, Inc., New York.

Parents, make sure to separate the deed from the doer. Never tell a child that he is bad, that will tear at his self-esteem. Help your child recognize that it isn't that you don't like him, but it is his behavior that you don't like.

For a child to have healthy self-esteem, he needs to know that he is loved no matter what. When in doubt ask yourself, did my discipline build my child's self-esteem or did it tear it down?

Resources for Hispanic Families

4C's.....	513-221-0033
Kidz Klub.....	859-727-0700
New Hope Center.....	859-341-0766
Bipolar.....	513-721-2910
Catholics Charities of Covington.....	859-581-8974
Women's Crisis Center.....	859-491-3335
Kenton County Court.....	859-292-6484
Housing Opportunities of NKY.....	859-581-4665
Covington Mentoring Program, Renee Mains.....	859-392-3188
Holly Hill.....	859-442-8500

These community resources offer interpreting services for Hispanic speaking families upon request.

Transportation

TANK (public transportation).....859-331-8265

2-1-1 Get connected. Get answers

United Way 211 connects you to information, services, and volunteer opportunities.

Dial 2-1-1 to speak to a trained specialist available to assist you 24 hours a day, seven days week.

Cell phone coverage varies, call 513-721-7900

Other Important Numbers and Resources in Kenton County

4-H.....	859-356-3155
American Red Cross.....	513-579-3000
Animal Shelter.....	859-356-7400
Boy Scouts.....	859-231-2811
Child Support.....	859-491-4114
Computer cooperative (cheap computers).....	513-771-3262
Drivers License.....	859-292-6523
First Steps (developmental delays ages 0-3).....	859-655-1195
Girl Scouts.....	1-800-475-2621
Jail.....	859-392-1700
Latonia Resource Center.....	859-261-0746
Meals on Wheels through NKADD.....	859-283-1885
Salvation Army Adult Day Care.....	859-291-8107
Senior Citizens Center.....	859-491-0522
Sheriff.....	859-392-1800
Social Security (SSI, disability, etc.).....	859-282-7324
Veterans Affairs.....	859-392-3840
NKADD.....	859-283-1885
Poison Control Center.....	1-800-722-5725
Police.....	859-356-3191
Drug Strike Force (report drug activity).....	859-525-6272

Public Library

Covington.....	859-962-4060
Erlanger.....	859-962-4000
Independence.....	859-962-4030

Abuse

Child/Adult abuse hotline (available 24/7).....	1-800-752-6200
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Addiction/Substance Abuse

Alcoholics Anonymous.....	859-491-7181
Al Anon Family Group Meetings.....	www.kyal-anon.org
Commonwealth Substance Abuse Specialist.....	859-442-7700
Gamblers Anonymous.....	www.kycpg.org
Narcotics Anonymous.....	513-820-2947
St. Elizabeth Behavioral Health Center.....	513-880-8217
Summit Behavioral Health.....	859-341-9888
Transitions-Droege House (men).....	859-291-1045
Transitions- WRAP (women).....	859-491-2090
Veterans Affairs Domiciliary.....	859-572-6205
KY Agency for Substance Abuse (intake & referrals).....	859-292-2487

Anger Management

Family Nurturing Center.....	859-525-3200
Family Service of NKY.....	859-291-1121
(Greater Cincinnati Behavioral Health)	

Budgeting/Credit Counseling

Brighton Center.....	859-491-8303 ext. 2407
Catholic Charities of Covington.....	859-581-8974 ext. 143
Mental Health Association (Payee Program).....	859-431-1077
Mercy Franciscan at St. John.....	513-361-4070
Welcome House (Payee Program).....	859-431-8717

Hug your child with your words. Wonderful! You are terrific! I'm proud of you! Neat! Thank you! Great! You're special! Well done! Cool! I like how you share! You can do it! Don't give up! Good job! Thanks! You can! Thanks for being a big help! You brighten my day! Way to go! Super! Nice! I love you!

Child Care/Preschool

4C's (child care referral service).....	513-221-0033
Chapman Childcare.....	859-655-9509 ext. 16505
Kenton County Preschool.....	859-957-0509
Kidz Klub (medically fragile children).....	859-727-0700
NKY Head Start.....	859-431-4177
United Way (financial assistance).....	859-431-2075 ext. 230

Need information on before/after school programs, breaks/holidays/snow day childcare, preschool, or general childcare? Call the school's Family Resource/Youth Services Center.

Clothing

Be-concerned (Be-con).....	859-291-6789
Brighton Center Clothing Closet.....	859-431-8303 ext. 2300
Goodwill (thrift shop).....	859-371-1238
St. Vincent De Paul (clothing vouchers).....	859-446-7715
Salvation Army.....	859-261-0835
United Christian Volunteers.....	859-727-4417
United Ministries (thrift shop).....	859-727-0300

Counseling/Mental Health

Alzheimer Association (free).....	859-240-5016
American Cancer Society.....	513-618-5585
Cancer Family Care (sliding scale fee).....	513-731-3346
Catholic Charities of Covington.....	859-581-8974
Children's Home of NKY (boys 7-18).....	859-261-8768
Commonwealth Counseling Service.....	513-922-1660
Crisis Stabilization for Children (24/7).....	859-331-3292
Crisis Stabilization for adults (24/7).....	859-431-4770
Disability Coalition of NKY.....	606-431-7668

Counseling/Mental Health, continued

Family Nurturing Center (free for abuse supervisors).....	859-525-3200
Family Services (sliding scale fee).....	859-291-1121
Fernside: Center for Grieving Children.....	513-745-0111
Holly Hill* (divorce and mental health specialty).....	859-442-8500
Mental Health Assoc. (counseling & screening).....	859-431-1077
New Hope Christian Center.....	859-491-5616
North Key.....	859-331-3292
NKY Psychiatry Association.....	859-331-7234
One Hope Christian Counseling (sliding scale).....	859-291-4673
Renfrew Center (specializes in eating disorders).....	1-800-736-3739
St. Elizabeth – South (Mental health).....	859-578-5900
Therapeutic collaborative.....	859-572-0400
Women's Crisis Center (free).....	859-491-3335
Women's Therapy Group (sliding scale fee).....	859-547-5767

Shelters/Homeless

Bethany house (women and children).....	513-921-1131
Chabad house (families).....	513-751-2288
City Gospel Mission (men).....	513-241-5525
Drop Inn Center (adults).....	513-721-0643
Fairhaven Mission (men).....	859-491-1027
Homeward Bound Runaway Shelter (teens).....	859-491-8303
Interfaith Hospitality Network (families).....	513-471-1100
Mecum House (teens).....	513-961-4080
Madonna House (single mothers 18-23).....	859-344-1191
Mercy Maternity Home (pregnant women).....	859-371-1888
Pike St. Homeless Clinic.....	859-291-9321

Shelters/Homeless, continued

Salvation Army (families).....	859-491-5180
Salvation Army (women and children).....	513-762-5660
St. Francis (men).....	513-381-4941
Welcome House (women and children).....	859-431-8717
Women's Crisis Center.....	859-491-3335
Catholic Charities (disabilities).....	859-581-8974

***Are you homeless, migrant, or a runaway?
Call Lori Eifert 859-392-1017***

Support Groups

ADD support group (online).....	www.addhelpline.org
Al-anon & Alateen.....	859-784-2444
Alcoholics Anonymous.....	859-491-7181
Alcoholic's Victorious.....	513-956-9844
Alliance for Mental Illness.....	859-392-1730
Anxiety/Depression.....	513-287-8542
Autism Support Group ("Comforting Ties").....	859-957-1962
Bipolar.....	513-721-2910
Chron's and Colitis.....	513-772-3350
Chronic Pain.....	513-772-3550
Epilepsy Foundation.....	513-721-2905
Gamblers Anonymous.....	www.kycpg.org
Lighter Shade of Blue (post-partum depression).....	513-281-2273
M.A.D.D.....	513-769-6800
Overeaters Anonymous.....	513-921-1922
Survivors after Suicide.....	800-273-8255
Women's Self Esteem Group.....	859-491-3335

Legal Assistance/Advocacy

Children's Law Center (all services are free).....	859-431-3313
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Legal Assistance/Advocacy, continued

Legal Aid Society.....	859-431-8200
The Point-Judy DeSalvo (advocate for special needs students).....	859-491-9191

Mentoring and Prevention Services

Covington Mentoring Program.....	859-392-3188
Resource Development Coordinator.....	859-392-3176

Parenting Class/Information

Catholic Charities of Covington.....	859-581-8974
Every Child succeeds of KY.....	513-636-0064
Family service.....	859-291-1121
Family Nurturing Center.....	859-525-3200
Healthy Moms & Babies.....	800-822-5824
New Hope Center.....	859-341-0766
Parent Crisis Hotline (24 hour).....	1-800-CHILDREN
St. Elizabeth Nurse Family Partnership.....	513-636-2215
St. Elizabeth OBGYN	859-655-6100 ext. 6114

Prescriptions

Brighton Center.....	859-491-8303 ext. 2300
Faith Community Pharmacy.....	859-426-7387
Glaxo Smith Kline.....	888-672-6436
Care Mission.....	859-635-4500
Partnership for Prescription Assistance.....	888-477-2669
St. Vincent DePaul Pharmacy.....	859-426-7837

Tip: Stores such as Kroger, Target, Walmart, CVS, and Walgreen's charge \$4 for a 30-day supply of generic medications. If you need a brand name perscriptions, call around and get prices, Every store charges a different price for brand name prescriptions.

Rent/Utilities Assistance

Brighton Center Family Center.....859-491-8303 ext. 2300
Kenton County CAC (utilities only).....859-291-8607
Kentucky Housing Corp.....1-800-633-8896 ext. 306
KY Utility Service Commission (prior to disconnect)....
502-564-3940
Holy Spirit.....859-261-0818
Welcome House.....859-431-8717
Salvation Army (utilities only).....859-491-5180
St. Vincent De Paul.....859-446-7715
United Ministries (rent, utilities, and deposit).....859-727-030

Divorce

Beech Acres.....513-233-4706
Divorce Care.....859-341-1160
Family Services.....859-547-5784
Parents are for Good.....859-581-8974

Domestic Violence

Kenton County Court (protective orders).....859-292-6484
ION Center (formerly Women's Crisis Center - 24 hour Crisis
Line).....859-491-3335

***For more Domestic Violence resources call the Family
Resource/ Youth Services Center***

Education

Brown Mackie College.....513-830-2000
Covington Adult High School.....859-292-5864
Gateway Development Center.....859-442-1180
Gateway Community & Tech College.....859-442-1130
Kenton County Adult Education Program.....859-442-1611
Life Learning Center.....859-431-0100
Northern Kentucky University.....859-572-5220

Education, continued

Urban Learning Center.....859-442-1601
Young Parent Career Center (16-21)...859-491-8303 ext. 2211

Interested in pursuing your GED or other adult education courses? Call the Family Resource/Youth Services Center.

Employment

BAWAC (for disabled individuals).....859-371-4410
Center for Employment Training.....859-491-8303 ext. 2200
Department for Employment Services.....859-292-6666
Dress for Success (clothing for interviews).....513-651-3372
Goodwill (job training).....513-771-4800
Life Learning Center.....859-431-0100
New Perceptions (for disabled individuals).....859-344-9322
Kentucky Career Center.....859-292-6666
One Stop Career Alliance.....859-292-6666
Ready to Work (parents).....859-442-1188
Senior Employment Program.....859-581-6607
Veterans Domiciliary.....859-572-6202
Vocational Rehab (for disabled individuals).....859-292-6513
Young Parent Career Center (16-21).....859-491-8303

Furniture

Brighton Center.....859-491-8303 ext. 2300
Goodwill (thrift shop).....859-371-1238
Care Mission (ask for Dan or Mike).....859-635-4500
St. Vincent DePaul.....859-446-7715

Food Assistance

Action Ministries.....859-261-3649
Be-Concerned.....859-291-6789

Food Assistance, continued

Brighton Center.....	859-491-8303
Community Family Church.....	859-356-8851
Kenton County CAC.....	859-291-8607
Holy Spirit.....	859-261-0818
Hosea House (soup kitchen).....	859-261-5857
Independence Christian Church.....	859-356-3525
Lakeside Christian Church.....	859-341-1160
Care Mission.....	859-635-4500
Parish Kitchen (soup kitchen).....	859-581-7745
Salvation Army.....	859-261-0835
St. John's United Church of Christ.....	859-431-1818
St. Vincent De Paul.....	859-446-7715
United Ministries.....	859-727-0300
WIC.....	859-431-3345

***Tip: Don't forget to apply for free/reduced lunch benefits.
This can save your family up to \$15 a week for each of
your children!***

Health (Physical) Services

CareNet Pregnancy Services of NKY.....	859-491-8303 ext. 2300
Dental services (braces).....	www.smileschangelives.org
Health Dept. (immunizations, physicals, WIC)....	859-341-4264
Health Point Family Care/Dental (sliding scale fee).....	859-655-6100
Kenton Co. Health Dept./WIC.....	859-431-3345
NKY Eye Care Center.....	859-781-2000
Prevent Blindness in KY (free eyeglasses).....	1-800-828-1179
Tobacco Quit Line.....	1-800-784-8669
United Ministries (advice & referrals).....	859-727-0300
Vision One.....	859-341-2566
Weaver Dental Care.....	859-372-6300

Health (Physical) Services, continued

Winston Hills Health Center (sliding fee scale)....513-233-7100
Zenni Optical (affordable eyeglasses)....www.zennioptical.com

Need help getting eyeglasses or an eye exam, lice treatment, and/or KCHIP insurance? Call the Family Resource/Youth Services Center.

Housing/Home Ownership Services

Bismark Apartments (income-based rent).....866-933-2293
Brighton Center.....859-491-8303
Cambridge Square (income-based rent).....859-431-2205
Catholic Charities of Cov.....859-581-8974 ext. 143
CEF Apartments (income-based rent).....859-341-3871
Covington Rehab & Emergency Repair.....859-292-2188
Gardens at Greenup (for working families).....859-261-3881
Goodwill Village (income-based rent).....859-581-0755
Habitat for humanity (KY & OH).....513-942-9211
Housing Opportunities of NKY.....859-581-4665
HUD.....859-491-5311
Kentucky Housing Corp.....1-800-633-8896 ext. 306
People Working cooperatively (repairs
& winterization).....859-331-1991
Section 8.....859-292-2488
Taylor Ridge Apartments (income-based rent).....859-356-2500
Welcome House.....859-431-8717



*What happens
here....*



*Depends on what
happens here...*

Family Resource/Youth Services Center Coordinators

Holmes High School, Jarrett Spisak 859-655-9545 ext. 16520

Holmes Middle School, Renata Watts 859-655-9545 ext. 16412

Sixth District Elementary, Denise Brown 859-292-5819 ext. 31605

Ninth District Elementary, Marilyn Arnold 859-292-5823 ext. 31907

Glenn O. Swing Elementary, Sarah Hunt 859-292-5821 ext. 31230

John G. Carlisle Elementary, Abbie Hewitt 859-292-5812 ext. 31506

Latonia Elementary, Jennifer Rusconi 859-292-5825 ext. 31805

James E. Biggs Early Childhood Ed. Ctr.

Stephanie Fieler 859-292-5895 ext. 31705

Transformational Learning Ctr., Guidance Counselor

Katie Dusing 859-581-7512 ext. 33117

Covington Adult H.S., Administrative Assistant

Kellie Toll 859-292-5864 ext. 31414