



It's that time of year when the weather is getting colder, Christmas is coming, and we think of those who are less fortunate than ourselves.





# Foodbank Appeal

- Lynch Hill Enterprise Academy wish to help support the Foodbank in the lead up to Christmas to help support families in need in Slough.
- If every Student or member of staff can bring in at least one item, this will help families in our Community dramatically.
- There is a wish list but any items you may have that you would like to donate please bring to Student Reception with the names of the students so achievement points can be given. Deadline is 15/12/22 so we can deliver to Foodbank.



## WHO THEY SUPPORT

- Families who are struggling with their finances for many reasons especially at the moment linked to Covid. Foodbank provide three days' nutritionally balanced emergency food and support to local people who are referred to them often by schools.
- Slough Foodbank partners with 155 referral agencies which include a wide range of care professionals such as the Job Centre, Slough Borough Council, Health Visitors, Children's services, Children's centres, schools and some churches.



- Three-day emergency food supplies given to people in crisis in 2021, a 54% increase in the past two years in Slough.  
3517 referrals fulfilled  
2657 children  
4708 adults  
**7365** Total number of 3 day food parcels given to support local people

# How foodbanks work

Every day, people in the UK go hungry for reasons ranging from redundancy to receiving an unexpected bill on a low income.

A simple box of food makes a big difference, with foodbanks helping prevent crime, housing loss, family breakdown and mental health problems.

# How foodbanks work

Non-perishable, in-date food and toiletries are donated by the public at a range of places, such as schools, churches and businesses, as well as supermarket collection points.

It is then sorted into boxes by volunteers, to be given to people in need.

# How foodbanks work

Care professionals such as doctors, health visitors, schools and social workers identify people in crisis and issue them with a foodbank voucher.

This entitles them to receive a foodbank parcel of three days' nutritionally balanced, non-perishable food.



## Wish list

Christmas Cakes, Mince Pies, Custard, Biscuits, Crisps e.g. Pringles, twiglets Christmas Selection Boxes, Tinned fruit, tinned food, tinned vegetables, Chocolates/Sweets, Toiletries, washing up liquid, Washing tablets/powder, pasta, soft drinks, Tea, coffee and anything you may have in excess at home that could be useful to a family in need.



# Please help if you can...

- ▶ You can bring in a/some food item and hand it in to Student Reception.

Or

- ▶ Perhaps your tutor group would like to create your own food box for a family and decorate it with Christmas paper.
- ▶ Miss Flegg, our Family Support Officer, will be awarding achievement points for your donations as it is a very good active citizenship.
- ▶ Thank you in advance.

