

Dec. 11, 2022

OUR LADY of GOOD COUNSEL CATHOLIC CHURCH

Administered by the Oblates of St. Francis de Sales 8601 Wolftrap Road, Vienna, VA 22182-5026 P: 703.938.2828 • F: 703.938.2829 • www.olgcva.org • www.olgcschool.org

Mass Schedule

Mon-Sat - 8:30am, holidays are at 9am Saturday Vigil 4pm, Sunday 8:00am, 10:00am, 12pm (en español), 5:00pm Office Hours Mon - Fri 9am - 4:30pm, Closed 12-12:30pm for lunch Chapel open for prayer Mon - Fri 9am - 5pm Livestream www.youtube.com/c/StreamingOLGC Confessions Saturdays 9:00 or by appt Join the Parish <u>www.olgcva.org/register</u> Schedule an Event <u>www.olgcva.org/about-us/facilities</u> Add Item to Bulletin/Media <u>www.olgcva.org/about-us/communications</u> Mass Intention Request <u>www.olgcva.org/liturgy-worship/devotions/mass</u>

V. And the Word was made flesh. And dwelt among us.

Pastor Rev. Matthew Hillyard, OSFS	frhillyard@olgcva.org
Parochial Vicar Rev. Mathias Kumar, OSFS	mkumar@olgcva.org
Retired Rev. William Metzger, OSFSw	illiam.metzger@olgcva.org
Retired Rev. Lewis Fiorelli, OSFS	lfiorelli@oblates.org
Deacon Christopher Moore	cgmoore@olgcva.org
School Principal Robin Williams 703.938.3600	rwilliams@olgcva.org
Liturgy/Music/Funerals Paul Ciotti 703.896.7411	liturgy@olgcva.org
Children's Faith Formation Amy MacKinnon 703.896.7426	amackinnon@olgcva.org
Youth Ministry/Young Professionals Derek Rogers 703.896.7409	youth@olgcva.org
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Director of Finance Emilynda Clomera 703.896.7402	eclomera@olgcva.org
Records/Child Protection Liaison Lucie Lytle 703.896.7413	records@olgcva.org
Advancement/Annual Giving Alison McKee & JoAnne Kinyon	.advancement@olgcva.org
Events Manager Frank Fletcher 703.896.7418	events@olgcva.org
Reception/Intentions/Ministry of Care Maria Romero 703.896.7419	
RCIA/Adult Sacraments Barb Steele	bms.steele@outlook.com
Información en español Maria Romero 703.896.7419	welcome@olgcva.org
Pastoral Council (Tina Wickham)P	astoralCouncil@olgcva.org
Finance Council (Regina Stranix)Finance Council (Regina Stranix)	inanceCouncil@olgcva.org
Society of St. Vincent DePaul (Linea de Ayuda) 703.938.3210	svdp@olgcva.org
Respect Life /Gabriel Project Betsy Argauer 703.255.3744	_
Knight of Columbus Santa Maria Council #4654	
Counseling Catholic Charities Consejería Caridades Catolica	

Welcome to Our Lady of Good Counsel

We, as members of Our Lady of Good Counsel Parish, strive to witness to the Good News of Jesus Christ by proclaiming our faith, educating ourselves and our children, sharing our persons, resources and gifts in the care and service of one another. We are called to foster an environment of hospitality in accordance with the Spirituality of St. Francis de Sales.

Mass Intentions/Int	enciones de la Misa	Re
Presider schedule availa bit.ly/PresiderSchedule		For Sur
Sat. / Sun. December 10 Eleanor Smith & Nedy + Rose Marie Connor Lat + Reuben Perez Diaz + Thomas E. Mcgunigal + Noah Clemente Crespo	Henares nzetta	Mo
Monday, December 12, 8:30am + Deritha Ann		
Tuesday, December 13, 8:30am + Nicole Marie		We
Wednesday, December 8:30am + Paul Rosia	14, 2022	Th
Thursday, December 15 8:30am For the OLGC		Frie
Friday, December 16, 20 8:30am + Concordia B		Sat
Saturday, December 17, 8:30am + The Antonin	•	Sui
Sat. / Sun. December 17 + Nahida, Robert & Sam + Anthony Bruno Sr. + Manuel Campos Pinhe + The OLGC Community	i Awad tiro & Margarita Cordosa	

+ The OLGC Community + Irma Umaña Girón

Decorate for Christmas

If you enjoy decking the halls for the holidays, consider helping prepare OLGC for Christmas services. See the sign up sheets in the Narthex to assist with decorating the church and the gym for Christmas. What a lovely Christmas gift to give your fellow parishioners!



eadings for the Week/Lecturas de la Semana

For the Weel	k of, December 11, 2022
Sunday	Third Sunday of Advent Is 35:1-6a, 10; Ps 146:6-7, 8-9, 9-10; Jas 5:7-10; Mt 11:2-11
Monday	Feast of Our Lady of Guadalupe Zec 2:14-17; Judith 13:18bcde, 19; Lk 1:26-38
Tuesday	Memorial of Saint Lucy, Virgin and Martyr Zep 3:1-2,9-13; Ps 34:2-3, 6-7, 17-18, 19, 23; Mt 21:28-32
Wednesday	Memorial of Saint John of the Cross, Priest and Doctor of the Church Is 45:6c-8, 18, 21c-25; Ps 85:9ab & 10, 11-12, 13-14; Lk 7:18b-23
Thursday	Is 54:1-10; Ps 30:2 & 4, 5-6, 11-12a & 13b; Lk 7:24-30
Friday	Is 56:1-3a, 6-8; Ps 67:2-3, 5, 7-8; Jn 5:33-36
Saturday	Gn 49:2, 8-10; Ps 72:1-2, 3-4ab, 7-8, 17; Mt 1:1-17
Sunday	Fourth Sunday of Advent Is 7:10-14; Ps 24:1-2, 3-4, 5-6; Rom 1:1-7; Mt 1:18-24



Please keep those listed in the prayer intention book and the recently deceased in your prayers, especially

- + Martha Sanfacone
- + Luciana Mamani Copa
- + Victor Santiago, brother of Luz Vogler and brother-in-law of Fred Vogler

OLGC Funerals: www.olgcva.org/liturgy-worship/funerals

Devotional Candles: www.olgcva.org/liturgy-worship/

Church	In loving memory of +Elizabeth "Duty" Samson	
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Chapel In loving memory of + Nancy Lucille Oliver & Patrick Joseph McDonough

Our Lady Sharon Gale

"The LORD SAYS, "Tam doing a new thing"

December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	13	14	15	16	17
Christ House Food Collection 9:30 AM - 1 PM Parking Lot- St Joseph Center Children's Liturgy of the Word 10 - 10:30 AM Chapel RCIA Breaking Open the Word 10:30 - 11 AM Chapel & Cry Room YM Caroling 2:30 - 3:30 PM offsite 7th Gr CCF, NO 8th Gr CCF 6:15 - 7:45 PM School	Lamb Center Breakfast 6:45 - 7 AM Parking Lot- Bell Tower Little Rock Scripture Study 10 - 11:30 AM Zoom Quilters 11:30 AM - 3 PM Mary's Garden & SJC-Brisson Rm Advent Evening Prayer 7 - 8 PM Church Baptism Prep Class - English 7 - 8:30 PM SJC-Brisson Rm Registration Required	Visitation & Funeral: Martha Sanfacon 10:30 AM - 12 PM Church This service will be live streamed Baptism Prep Class - Spanish 7 - 8:30 PM SJC-Aviat Rm Registration Required Music Ministry (Hemmingson) 7 - 8:30 PM Church	BSA Troop 976 Mtg 7 - 8:30 PM Counsel Rm Music Ministry (Jones) 7 - 8:30 PM Church RCIA Catechumenate 7:30 - 9 PM SJC-Brisson Rm RCIA Mystagogy 7:30 - 9 PM SJC-Aviat Rm Men's Basketball 8:30 - 10 PM Fr. Brisson Gym	Prayer Shawl Ministry 9:30 - 11 AM SJC-Brisson Rm Seasoned Citizens Luncheon 12 - 2 PM DeSales Hall CS Pack 976 Bear Den Mtg 6 - 8 PM Counsel Rm Music Ministry (Choir) 7 - 8:30 PM Church Men's Basketball 8:30 - 10 PM Fr. Brisson Gym	Lamb Center Lunch 10 - 10:15 AM Parking Lot-Bell Tower Simbang Gabi Mass & Reception 7 - 10 PM Church & DeSales Hall	Outreach Drive: Joy of Christmas Giving 8 AM - 10 PM Bell Tower Circle, Parking Lot & De- Sales Hall Confessions 9 - 9:30 AM Reconciliation Room Memorial Mass: Teresita Amundaray 11 AM - 12 PM Chapel

Donate Your Used Car to a Person in Need

If you have an operable, used car you wish to donate to a working poor family in Northern Virginia, please contact "The Car Ministry." The Car Ministry is supported by local churches and recently also received a financial gift from Catholic Charities to help re-condition cars. The ministry is currently the only local charity that provides the gift of a car directly to Catholic Charities' clients, and to families referred by pastors or by the Society of St. Vincent de Paul. A car was recently provided to a single mom who is part of Catholic Charities' St. Margaret of Cortona housing program for unwed mothers. This is just one example of a family whose life was transformed by the gift of a vehicle. Select the "Donate Your Car" link from the ministry's website (www.carministry.org) for information on how to make your tax-deductible gift. A car donation is a wonderful act of generosity. May God bless you.



Monthly Collections FY July 2022—June 2023

	Aug.	Sept.	Oct.
Offertory	178,304	168,557	202,362
Total Budgeted	189,958	175,514	184,041
Variance	(11,654)	(6 <i>,</i> 957)	18,321
YTD Received	360,240	528,797	731,159
Budget YTD	353,230	528,744	712,785
Variance	7,010	53	18,375

Weekly & Second Collections

Checks or cash via envelopes, use the QR code here, text amount to 703.810.7674, or give online at <u>membership.faithdirect.net/VA875</u>. Thank you.



December Second Collections

- 4 Christmas Flower & Environment
- 8 Immaculate Conception
- 11 Catholic Charities-Diocese of Arlington
- 25 Christmas

Simbang Gabi Mass at OLGC

December 16, 7:00pm

Simbang Gabi was introduced to the Philippines by Spanish friars in the 16th century. This novena of Masses is



celebrated in the early morning hours, when the roosters crow to announce the coming of the new day (hence the name, *Misa de Gallo*) for a very practical reason–Filipinos are mainly farmers or fisherfolk who either begin or end their day at dawn. Farmers begin their work at the crack of dawn to avoid the intense heat. Fishermen, who spend all night at sea, come back to shore to sell their catch. Thus, the Spanish missionaries decided just before dawn was the best time to gather all the people to pray and prepare for the coming of Jesus.

The history of *Simbang Gabi* is all but forgotten now, but the tradition to worship and meditate on the mystery of the Incarnation, the loving appreciation for the role of Mary as the bearer of the child Jesus, and the fatherly love of Joseph for His family–these remain strong in the faith life of Filipinos everywhere in the world. The Filipino immigrants have proudly introduced this beautiful tradition to the Church in the United States.

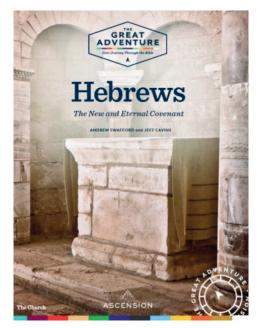
Masses will be celebrated at churches throughout the parish from Dec. 15th through the 24th. Since winter weather makes it impractical to hold the Mass celebrations at dawn, local parishes have adapted the practice to celebrate *Simbang Gabi* in the evenings. OLGC will celebrate on Friday, December 16.

Visit <u>www.arlingtondiocese.org/simbanggabi2022</u> to see the entire schedule.

Tuesday Morning Bible Study, January 2023– New Testament Book: Hebrews

Tuesday Morning Bible Study by ZOOM

Beginning January 10, 2023 at 9:45am we will study the New Testament book: Hebrews. In this study we will be able to see, appreciate and take hold of the riches God has given in the New Covenant. Highlighting the critical distinctions between the Old and New Covenant, Hebrews will help Catholics get to know the generosity of the Father's heart in a deeper way that ever before. To purchase the study set, go to <u>bit.ly/HebrewsStudyGuide</u> (\$29.95). Contact Fran Davenport to enroll and get Zoom access <u>bwdavenport@cox.net</u>



Fil/Am Community Ministry

The Fil/Am Community Ministry based at Our Lady of Good Counsel (OLGC) parish in Vienna, Virginia works hand in hand with the Filipino Catholic Community Council in the Diocesan Offices of Multicultural Ministries. As a ministry established almost 10 years ago, we continue to be humbled by the support of our Pastor and the OLGC Parish Staff. The Fil/Am Community Ministry is a not-for-profit organization incorporated under the laws of the State of Virginia.

Some of the events that we sponsor annually are:

The **Memorial Mass in honor of San Pedro Calungsod**, in April. We collaborated with the parish and school staff to install the statue of San Pedro in the religion classroom at the school where the presence of our Filipino Saint, a young Catechist, has been palpable. The religion teacher is now able to teach the students about San Pedro.

Serenata - Fil/Am Community Music Ministry. Serenata has participated in multi-cultural concerts sponsored by the Diocesan Offices of Multicultural Ministries. The choir has regularly collaborated with the choir at OLGC, sings at the Filipino Mass at St. Bernadette's Parish in Springfield, Va. once or twice a year, and provides the liturgical music once a year for the Filipino mass at the Crypt Church of the National Shrine of the Immaculate Conception in Washington, DC. Serenata has sung at the Marian Pilgrimage at the Basilica of the Immaculate Conception in collaboration with different ethnic choirs in the Washington Metropolitan DC area.

Serenata will be singing at the upcoming OLGC Masses: January 21 - 4:00PM February 19 - 10:00AM March 19 - 5:00PM

The **Simbang Gabi** (traditional Filipino Advent Mass) culminates our annual celebrations.

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Tickets are not required. Seating will be first come, first served. We are unable to reserve or save seats for any Mass. Once the church is at capacity, worshipers will be directed to the Gym for Mass.

The Real Joy of Christmas

Christmas is a glorious season of the year. It is also a busy time for most of us. It is my hope and prayer that we may not become so caught up in the pressures of the season that we place our emphasis on the wrong things and miss the simple joys of commemorating the birth of the Holy One of Bethlehem.

Finding the real joy of Christmas comes not in the hurrying and the scurrying to get more done. We find the real joy of Christmas when we make the Savior the focus of the season.

Born in a stable, cradled in a manger, He came forth from heaven to live on earth as mortal man and to establish the kingdom of God. His glorious gospel reshaped the thinking of the world. He lived for us, and He died for us. What can we, in return, give to Him? What can I give Him? Poor as I am? If I were a shepherd I would bring a lamb. If I were a Wise Man I would do my part, Yet what can I give Him? Give my heart.

Our celebration of Christmas should be a reflection of the love and selflessness taught by the Savior. Giving, not getting, brings to full bloom the Christmas spirit. We feel kindlier one to another. We reach out in love to help those less fortunate. Our hearts are softened. Enemies are forgiven, friends remembered, and God obeyed. The spirit of Christmas illuminates the picture window of the soul, and we look out upon the world's busy life and become more interested in people than in things. To catch the real meaning of the spirit of Christmas, we need only drop the last syllable, and it becomes the Spirit of Christ.

The real Christmas celebration is not in a big church or big building, but it should be in our hearts. For Christ it does not matter the place of the worship, but he asks your heart which is the temple of the Holy spirit, so let us keep our hearts pure to receive Christ at Christmas.

My brothers and sisters, may one and all have a joy-filled Christmas. Such is my hope and my prayer, in the sacred name of our Savior, Jesus Christ, amen.

Fr. Mathias Kumar, OSFS

OLGC's Joy of Christmas Giving

The December Monthly Outreach Drive, the Joy of Christmas Giving is here! There are two ways to help families who are struggling this Christmas. Please open your hearts and help others experience the joy of the season!

Gift giving to families: Add a family in need to your gift giving this year. Families are referred to the program by the Society of St. Vincent de Paul, Vienna public schools, and OLGC families. If you would like to sponsor a family on your own, or team up with friends, co-workers, or parish groups, contact Fran Davenport at 703.242.7440, Maria Madocks at 703.319.0010, or via email at <u>olgcchristmasgiving@gmail.com</u> to be matched with a family.

Gift giving to individuals: Help to brighten an individual's holiday with a gift. We work with local charitable organizations who serve those in need: New Generations of Fairfax County, Second Story, Retired Oblates, The Lamb Center, Retired Sisters of St. Joseph in Chestnut Hill, St Vincent de Paul, and Home Stretch. Visit the tree



in the Narthex to pick an ornament and purchase a gift or check the Signup Genius wish list at <u>bit.ly/</u> <u>JoyofChristmasGifts</u>. Contact: Chris Desmarias (<u>chrisdesmarias526@</u> <u>gmail.com</u>) or Theresa Caputy (<u>ctlc26@aol.com</u>) with questions.

Volunteer Opportunities: Volunteers are needed every December to help with the logistics of organizing and delivering gifts. Sign up at <u>bit.ly/</u><u>JoyofChristmasVolunteers</u> to give the gift of your time! Gifts will be collected the weekend of December 17th!



Spread some Thristmas Theer!

Welcome New Staff

Deacon Joe Katarsky



Deacon Joe joins OLGC after spending the past several years in formation with the Oblates of Saint Francis de Sales. While in formation, he was a campus minister at Georgetown Visitation, spent five years in graduate studies at the Catholic University of America, and spent two years teaching freshman religion at an all-boys high school in Toledo, Ohio. Deacon Joe has two older sisters, Laura and Janie, both

of whom are married with children. His three nephews and two nieces are all under the age of five and bring much joy to his life. They, along with his parents, currently reside in Michigan. Deacon Joe is an avid outdoorsman, spending much time hiking, birding, and doing wildlife/landscape photography. He is also a fan of many different sports, with his favorite teams being the Detroit Lions, Michigan State Spartans, and Chelsea FC. Deacon Joe has never spent much time in parish ministry, so he is looking forward to getting entrenched in the OLGC community as much as possible over the next six months.

Megan Hoskins



Megan Hoskins brings her talents for math, organization, and problemsolving to OLGC's Finance Department as an Accounting Assistant. Outside of work, Megan is an avid reader, loves to play games, and is a committed walker. She has three daughters who are all currently in college or graduate school, and her husband is a rocket scientist. Their household also

includes two dogs, one cat, and a ball python.

Informacion Parroquial en español

Preguntas o sugerencias, ofrecer misas, pedir oración durante la misa por recién fallecidos, funerals, comuníquese con Maria Romero 703.896.7419, mromero@olgcva.org

EL SEÑOR DICE, "Estoy haciendo algo nuevo."

El Adviento comenzó el 27 de noviembre, cuatro domingos antes de la Navidad, es decir, 4 domingos antes del nacimiento de nuestro señor Jesús; lo que significa la llegada de un nuevo año litúrgico y con ello la posibilidad de una vida más plena, una vida "Haciendo Algo Nuevo".

La luz, la esperanza y la alegría le dan sentido a esta temporada y la Corona de Adviento es el símbolo de todo ello: "ella recuerda que la luz se irá abriendo paso en medio de la tiniebla y que la vida triunfará sobre la muerte. Esa luz no es otro que Dios hecho hombre: Jesucristo",

Este domingo 11 de diciembre celebramos el Tercer Domingo de Adviento y vamos a encender la tercera vela de nuestra corona como signo de que seguimos preparándonos para recibir a Jesús con el corazón reconciliado.

El Tercer Domingo de Adviento es el domingo de "Gaudete," que en latín quiere decir "alégrense" o "estad alegres." Se trata de un domingo especial dentro de este tiempo de espera y preparación, en el que los cristianos tomamos conciencia de que la venida del Señor está cada vez más cerca. Por eso, como símbolo de que estamos alegres, hoy vamos a encender la vela rosada de la Corona de Adviento. Esta "preanuncia" la alegría mesiánica por la llegada del Salvador.



Sacramento del bautismo de niños menores de 6 años: Comuníquese con Maria Romero 703.896.7419 welcome@olgcva.org Sacramento del bautismo: para Charlas de padres y padrinos deben inscribirse de antemano, una vez completada esta y entregado los documentos requeridos le confirmaremos su fecha del bautizo. https://www.olgcva.org/sacraments/baptism **Rezar el Rosario:** Acompañemos en el jardín de Ntra. Sra. del Buen Consejo, los domingos a las 11:15am y los lunes a las 7:30pm vía Zoom. Comuníquese con Carlos Berrios <u>berrioscg@gmail.com</u>.

Catequesis: para niños, adultos y bautizó de niños mayores de 6 años, sacramento de la confirmación y comunión Comuníquese con Amy MacKinnon <u>amackinnon@olgcva.org</u> o 703.896.7426.

Misas para el año 2023: El lunes 7º de noviembre, a las 9:00am comenzaremos a recibir las intenciones de misas para el año 2023. El proceso será el mismo que en los años pasados, debido al limitado número de misas celebradas en nuestra parroquia y la abrumadora solicitud de intenciones para misas, cada persona se limitará a tres intenciones de misas por el año. Sin embargo, hay intenciones de misas ilimitadas celebradas por los sacerdotes oblatos retirados en Childs Maryland en la casa de retiro. Puede presentar su solicitud para las misas en persona, en las oficinas parroquiales, en línea o en el Centro de Bienvenida. Las misas se otorgarán en el orden que sean recibidas. Para más información por favor, contactarse con Maria Romero 703.896.7419

Confesiones en español durante el mes de deciembre son el sábado 10 de 9: -9: 30 a.m. o de lunes a jueves únicamente con cita. Puede llamar para hacer una cita con el Padre Mateo al 703.938.2828 o envíe un correo electrónico a <u>frhillyard@olgcva.org</u>. No se escuchan confesiones los domingos antes o después de la misa.

O"La oportunidad de hacer grandes cosas no llega a menudo, pero en todo momento, podemos hacer pequeños actos con gran amor. "- San Francisco de Sales: Como seguidores de Cristo, somos llamados por medio de nuestro Bautismo a servir a nuestros hermanos en nuestra parroquia, comunidad, país y el mundo entero. Es nuestra esperanza que todos los feligreses tengan la oportunidad de descubrir y desarrollar sus dones dados por Dios. Si desea participar como Sacristán, Ministro Extraordinario de La Sagrada Comunión, Lector, Portero/Ujier, Ministerio de La Bienvenida o Monaguillo por favor pase por el mostrador de Bienvenida o llame al 703.896.7419.

Tenemos en la oficina parroquial **los adornos navideños de la Casa Blanca** del 2021 y 2022, los adornos de la parroquia y las velas de Adviento por.



Aviat Award Winners: Ms. Gorges and Mrs. Miller!

Each year in November, as we reflect on gratitude and thanksgiving, OLGC recognizes teachers who embody the spirit of St. Leonie Aviat in their calling as faith-filled, dedicated Catholic School teachers. The Aviat Award is made in honor of Elizabeth White, OLGC graduate and former OLGC 2nd grade teacher, who is remembered for her vivacious laugh and infectious smile.

Congratulations, Ms. Gorges and Mrs. Miller! Please see below what our community shared about our award winners on their nominations:

"**Ms. Gorges** brings faith, caring, structure and gentle accountability to the classroom in a way that has been incredibly helpful for the students. Ms. Gorges is incredibly positive and optimistic and she is a great asset to our community!"

"**Mrs. Miller**'s mantra of 'there are no mistakes in art' reinforces to the kids the Salesian virtue of being who they are and being that well. No child ever feels like they messed up in art class because Mrs. Miller encourages their creativity and meets them where they are."





FR. MATT'S MUSING:

An Advent Reflection

Once upon a time On that day

These two phrases come to us from both fairytales and the prophets from our Scriptures...

Read more: <u>bit.ly/FrMattsMusing-12-3-2022</u>

UPCOMING DIOCESAN EVENTS

Visit arlingtondiocese.org/all-events for details

Praise and Worship Holy Hour for Healing and Conversion in Families Dec. 13 | 7:30pm

Simbang Gabi Dec. 15—24

Day of Recollection for Men Discerners Dec. 17 | 10:00am

Day of Reflection for Women Discerners Sunday, Dec. 18 | 9:45am

FIAT Day of Reflection Jan. 28 | 9:45am

Mornings of Mercy for Divorced Catholics Feb. 4 | 9:00am

St. Therese Vocation Society Morning of Reflection Feb. 4 | 9:00am

QUESTION OF THE WEEK

A question to reflect on based on this week's scripture readings:

Have others recognized Christ's presence in me? What can I do during Advent and Christmas to witness to Christ's presence in the world?

Ignatian Volunteer Corps – Serving the Least Among Us



The Ignatian Volunteer Corps (IVC) is a Jesuit-sponsored organization that provides retired men and women, age 50 and older with substantive opportunities to serve others and transform lives. IVC matches the skills,

talents, and life experiences of these volunteers with nonprofit organizations that assist the materially poor or address issues related to poverty. A unique feature of IVC is a spiritual reflection component that helps volunteers discover the deeper meaning in their service, and their lives. To learn more about IVC, contact Mike Goggin, Senior Director, IVC of the National Capital Area: 202-277-4447 or mgoggin@ivcusa.org, or visit www.ivcusa.org/NCA.



SEASONED CITIZENS' LUNCHEON

The deadline for making your reservation for this month's event for OLGC seniors is Monday, December 12. "Holly Jolly Christmas" will take place on **Thursday**, **December 15**

at noon in De Sales Hall. If you've got a Christmas sweater, scarf, hat (or antlers!) please wear them to add to the fun! Aside from a delicious buffet. there'll be time to visit with friends and soak up the spirit of Christmas for a couple of hours. There is no charge, but reservations are required for planning purposes, especially for this luncheon which, historically, is very well attended. We don't want to run out of food! So, if you'd like to come, contact Dagny at seasonedcitizens@olgcva.org or 793.281.5525, or RSVP at bit.ly/ HollyJollyLunch. This Monday, December 12, is the deadline for reservations.

The Book Swap Table will again be available. Bring a few books or jigsaw puzzles to donate (nothing else, please) and feel free to take some home with you when you leave. Note that there will not be a luncheon in January. The next event is scheduled for February 16, 2023.

HOW TO SCORE CHEAP COVID TESTS

The government no longer offers free at-home tests, but you can find COVID testing on the cheap, according to the AARP Bulletin. One way is via insurance or Medicare. Health insurance or Medicare Part B plans cover as many as eight over-the-counter COVID-19 tests each month. Your plan may have preferred outlets where you can get tests for free, but you can also get reimbursed up to \$12 for each individual test. Go to <u>medicare.gov</u> for a list of participating pharmacies.

Another way is from your doctor. Medicare covers you when you get a COVID-19 test from a lab, doctor, pharmacy, or hospital. And, lastly, there are community testing sites. Certain health centers and pharmacies offer low- or no-cost tests through the Department of Health and Human Services. Visit <u>hhs.gov</u> to find a testing location near you.

SORTING FACT FROM FICTION

Do you believe everything you see online? There are plenty of sensationalized headlines, misleading stories and even complete falsehoods circulating on the Internet, making it hard for even the most discerning reader to sort fact from fiction. There's so much information—and misinformation out on the Internet today. How do you know what to believe? Which news sources can you trust? Is the image



real or has it been altered? AARP volunteer Larry Lapman will help you identify what's fact and what's not. Armed with valuable tools, you'll be able to verify online content and spot red flags. This program will equip you with resources to help you stay safe online. Free for mature

adults on **Monday, December 12,** 11 am –noon at the Vienna Community Center.

ALL-YOU-CARE-TO-EAT BREAKFAST BUFFET

Why not take a break from the busyness of December next **Sunday**, **December 18** and enjoy this scrumptious meal at the American Legion Dyer-Gunnell Post 180 located at 3230 Center St. North in Vienna. The menu is served from 8 am until noon and features made-to-order omelets, sausage, bacon, scrambled eggs, pancakes, and biscuits with sausage gravy along with fresh fruit,

orange juice, milk and coffee. There will also be Mimosas for the adults. And there's plenty of free parking. The cost is \$12 for adults, \$5 for kids 12 and under.

LOOKING AHEAD

A trip to the Kennedy Center to see a performance of "Wicked" is the first of some new winter trips being planned by Vienna Parks and Recreation. It's scheduled for **Thursday, January 19, 2023.** This Broadway sensation looks at what happened in the Land of Oz from a different angle. Long before Dorothy arrives, there's another young woman, born with emerald green skin–smart, fiery, misunderstood, and possessing an extraordinary talent. When she meets a bubbly blonde who is exceptionally popular, their initial rivalry turns into the unlikeliest of friendships...until the world decides to call one "good" and the other one "wicked."

The trip fee includes the show ticket and transportation and is \$108 for Vienna town residents, \$135 for everyone else. Register using your WebTrac account, or stop by the Vienna Community Center to do it in person.

Elder Wisdom

The biggest lie we tell ourselves is, "I don't need to write that down, I'll remember it."



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