



## Student SEL Fall 2022

To better support you, your school and teachers would like to ask you some questions about how you think and feel. Only your teachers and school leaders will be able to see your responses, which will not affect your class grades. Please respond honestly—there are no right or wrong answers!

### Performance in School

Whether a person does well or poorly in school may depend on a lot of different things. You may feel that some of these things are easier for you to change than others. **In school, how possible is it for you to change:**

1. Being talented

Not at all possible to change

A little possible to change

Somewhat possible to change

Quite possible to change

Completely possible to change

2. Giving a lot of effort

Not at all possible to change

A little possible to change

Somewhat possible to change

Quite possible to change

Completely possible to change

3. Behaving well in class

Not at all possible to change

A little possible to change

Somewhat possible to change

Quite possible to change

Completely possible to change

4. Liking the subjects you are studying

Not at all possible to change

A little possible to change

Somewhat possible to change

Quite possible to change

Completely possible to change

5. How easily you give up

Not at all possible to change

A little possible to change

Somewhat possible to change

Quite possible to change

Completely possible to change

6. Your level of intelligence

Not at all possible to change

A little possible to change

Somewhat possible to change

Quite possible to change

Completely possible to change

### Help From Other People

In this section, tell us about how other people help you.

7. Do you have a teacher or other adult from school who you can count on to help you, no matter what?

No

Yes



8. Do you have a family member or other adult outside of school who you can count on to help you, no matter what?

No Yes

9. Do you have a friend from school who you can count on to help you, no matter what?

No Yes

10. What can teachers or other adults at school do to better help you?

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11. Thanks very much for answering these questions. Please share anything you would like to about these questions or your school in the space below.

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SAMPLE FORM