

## Menu



## Mayfield Girls School

Week 6	Monday 12/12	Tuesday 13/12	Wednesday 14/12	Thursday 15/12	Friday 16/12	Saturday 17/12	Sunday 18/12
Cooked Breakfast	Fried egg, herby diced potato & beans	Cumberland sausage, scrambled egg & grilled tomato	Boiled eggs, hash browns, beans & breakfast tomatoes	Streaky bacon, pancakes & sliced bananas	Selection of pastries & fresh fruit		
Lunch Main Meal	Vegetable & halloumi fajitas	Beef & mushroom puff pastry pie	Sweet & sour chicken	Mayfield Christmas Lunch  Roast turkey, thyme roast potatoes, braised red cabbage, roast carrots & parsnips, buttered brussel sprouts, pigs in blankets & cranberry sauce  Brie & cranberry wreath (v)	Fish of the day		
Lunch Vegetarian	Three bean chilli with soured cream	Mushroom stroganoff	Stir fried vegetable in black bean sauce				
Lunch Side Dishes	Mexican rice, corn on the cob & slaw Nachos	Mashed potato, savoy cabbage & mashed swede	Rice, Stir fried asian greens		Chips		
Salad Bar Specials	Roasted beet, carrot & lentil salad	Harissa salmon with lemony giant couscous	Salad of the day		Peas		
	Sweet potato salad with chipotle lime mayo	Grilled courgette, goats cheese & pine nut salad					
Soup	Soup of the day						
Jacket Potato & Topping	Baked beans	Baked beans	Baked beans				
		Tuna & sweetcorn					
Lunch Dessert	Christmas bread and butter pudding	Chocolate mud cake	Baked rice pudding with raspberry compote	Chocolate yule log or christmas pudding & brandy cream			
Supper Main Meal	Korean chilli chicken	Croque monsieur, ready salted crisps & green salad	Lasagne	Vegetable enchillada			
Supper Vegetarian	Korean vegetable bowl		Spicy tomato garlic butter pasta				
Supper Side Dishes	Egg noodles with beansprouts and sesame and garlic bok choi		Garlic bread & green beans				
Salad Bar	A variety of salads available daily, including mixed side salads, pasta salads, grain salads						
Jacket Potatoes/ Pasta	Jackets & beans	Pasta & tomato sauce	Jackets & beans	Pasta & pesto			
Dessert	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies			
Dietary Requirements	All our food is made fresh on site every day. We always make sure we have gluten free and dairy free options on both our hot counters and cold counters. Please look at the daily allergen information sheet or ask a server if you are unsure and they will be happy to advise you.						