

# Worksheet 4: Summary of Findings

This document assists local educational agencies (LEAs) with meeting the U.S. Department of Agriculture’s (USDA) triennial assessment requirements for the LSWP. For information on the triennial assessment process, refer to *Guidance for School Wellness Policy Triennial Assessment*. For additional worksheets, visit the “What’s Next” section of the CSDE’s School Wellness Policies webpage.



This worksheet can be used to create narrative descriptions to post alongside sections from **Worksheet 3: Identifying Connections between Policy and Practice**. The purpose of these narratives is to describe the LEA’s progress toward meeting their wellness goals. Not all districts will have information to share in all four sections. Note: in Section 3 and Section 4, the LEA is only required to comment on federally required items, but may add information about other wellness topics if desired.

**Section 1 (Strong Policies and Aligned Practices).** If applicable, write a narrative below to describe your district’s areas of success in meeting its wellness goals.

In Groton Public Schools we have made strides in several areas. Through our food services department they have taken steps to ensure that our nutrition guidelines are met for all breakfast and lunch in all schools. In addition, we also provide the option to families to purchase celebration platters that align with state guidelines for birthdays., etc.

Or PE curriculum aligns with national standards and we also include a health component at all levels.

Our district committee is reforming and in the process of evaluating and rewriting our current policy to update and match current guidelines. We currently have a place on the district website where we can notify families and the public of our nutrition information and will be updating it to include more family friendly information.

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**Section 2 (Create Practice Implementation Plans).** If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

After reviewing the self-assessment we have identified several areas in which we plan to focus our efforts. These include:

- Family information and involvement
- Staff opportunities or health and wellness
- Fundraising
- In class celebrations
- Inclusion of all important policies within our district wellness document
- Strengthening communication between committee and BOE on wellness initiatives.

**Section 3 (Update Policies).** If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.

We have reestablished our district wellness committee and are tasked with reviewing and revising the current plan. We will reach out to include members from all aspects of the district as representatives.

We will then share this new policy at the building level and reestablish wellness conversations in each building.

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**Section 4 (Opportunities for Growth).** If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired.

We have reestablished our district wellness committee and are tasked with reviewing and revising the current plan. We will reach out to include members from all aspects of the district as representatives.

We will then share this new policy at the building level and reestablish wellness conversations in each building.

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For information on the USDA's LSWP requirements, visit the Connecticut State Department of Education's (CSDE) [School Wellness Policies](#) website and the Rudd Center's [WELLSAT](#) website, or contact the [school nutrition programs staff](#) at the Connecticut State Department of Education, School Health, Nutrition and Family Services, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841.

This document is available at [https://portal.ct.gov/-/media/SDE/Nutrition/SWP/Worksheet\\_4\\_Summarizing\\_Findings.docx](https://portal.ct.gov/-/media/SDE/Nutrition/SWP/Worksheet_4_Summarizing_Findings.docx).



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