



Hampton Township School District January/February 2023 Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
January 2, 2023	January 3, 2023	January 4, 2023	January 5, 2023	January 6, 2023
Winter Break	Mini Cinnamon Rolls or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Sausage/Egg/Cheese Muffin or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Waffles or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
January 9, 2023	January 10, 2023	January 11, 2023	January 12, 2023	January 13, 2023
Breakfast Pizza or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Pancakes or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Pancake on a Stick or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Stuffed French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Dutch Waffle or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
January 16, 2023	January 17, 2023	January 18, 2023	January 19, 2023	January 20, 2023
PDD/Clerical Day	Mini Cinnamon Rolls or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Sausage/Egg/Cheese Muffin or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Waffles or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
January 23, 2023	January 24, 2023	January 25, 2023	January 26, 2023	January 27, 2023
Breakfast Pizza or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Pancakes or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Pancake on a Stick or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Stuffed French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Dutch Waffle or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
January 30, 2023	January 31, 2023	February 1, 2023	February 2, 2023	February 3, 2023
Breakfast Pizza or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Cinnamon Rolls or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Sausage/Egg/Cheese Muffin or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Waffles or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
February 6, 2023	February 7, 2023	February 8, 2023	February 9, 2023	February 10, 2023
Breakfast Pizza or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Pancakes or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Pancake on a Stick or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Stuffed French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Dutch Waffle or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk

What is a Breakfast?
 Choice of Hot Entree or Daily Entree, Choice of Fruit/Juice, and Choice of Milk. Students must take at least a 1/2 cup of Fruit/Juice as one of their 3 components for the school breakfast price.

- DAILY ENTREES:**
- Chocolate Chip Bread Loaf with Goldfish Graham Crackers
 - Powdered Sugar Mini Donuts
 - Chocolate Mini Donuts
 - Glazed Donut
 - Oatmeal Choc Chip Snack Bar with Goldfish Graham Crackers
 - Cereal Breakfast with Goldfish Graham Crackers:
 - Cheerios
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Reese's Puffs
 - Cocoa Puffs
 - Honey Nut Cheerios
 - Frosted Flakes
 - Yogurt Breakfast with Goldfish Graham Crackers
 - Bagel with Cream Cheese, Jelly, or Butter



Fruit Choices May Include:
 Apples, Oranges, Bananas, Pears, Grapes, Applesauce, Pineapples, Mixed Fruit, Honeydew, Cantaloupe, Mandarin Oranges, Peaches, or 100% Assorted Fruit Juice



Milk Choices Include:
 1% White Milk,
 Fat Free Chocolate Milk,
 Fat Free Vanilla Milk,
 Fat Free Strawberry Milk,
 Fat Free White Milk,
 or Lactaid Milk

Food Service Director:
 Mindy Baginski
 metzfoods@ht-sd.org
 412-492-6390



ALL STUDENTS ARE ELIGIBLE FOR A FREE REIMBURSABLE BREAKFAST!!!!!!

Please make checks payable to: HTSD Cafeteria Fund. Money may also be deposited into your child's account online at www.PayForIt.net

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