BULLYING

Types of Bullying

Physical

Emotional

Social

Examples of Bullying

Name calling
Teasing, making fun of someone
Spreading rumors
Putting others down
Starting lies about others
Sarcasm, subtle negative comments
Pushing
Tripping
Ridiculing
Threatening
Racial Taunting
Intimidating
Making sexual comments

Characteristics of a Bully

-Aggressive to parents, teachers, peers, siblings

-Impulsive

-No guilt, shame, or embarrassment

-Little or no empathy with the victim

-Strong, tough, powerful, well-coordinated, dominant, confident

-Good communicator, quick-witted, able to talk way out of trouble

-Sense of fun, more popular than victim

The Bullying Trianglw



Types of Victims

Passive Victims: bright, lack confidence, not comfortable with informal interactions with peers

Provocative Victims: provoke aggressive responses from others, appear confident, assertive, sometimes disruptive and over-active

Victim-Bully: respond to their own bullying by bullying others who are smaller and weaker

Bystanders: victims of climate of fear and helplessness, affected by anxiety, are often catalyst for bully's actions, are powerful force for helping both the bully and the victim while discouraging bullying behaviors.

Silence is Acceptance!!!!!!!!