



## Let's Get Together and Feel Alright

There are no assemblies this week as we use the valuable time to rehearse for House Music. However there is still one key messages for our community to consider. On my way back from the Edinburgh Education Conference, on the train, I sat next to a lady called Jean aged 78. Jean was on her way to see her sister, aged 90, so they could go to Tenerife for a fortnight. To cut a long story short, Jean sadly lost her first husband when she was 60, her second when she was 65 and her third when she was 70. She worked in the post office until she was 73 and her cat only has one eye (which she is going to write a book about!). In telling me her story, Jean emitted warmth, humility and an incredible, sincere sense of humour and we struck up a rapport very quickly. There was no sorrow in her story but plenty of examples of resilience and a simply terrific outlook on life which was a great inspiration to me. When I got off at Newcastle she gave me a hug and a kiss (and another Werther's Original!) and said, "Jamesy (clearly her nickname for me!), have a wonderful life."

At its foundation, school, and indeed life, is about relationships and here, with around 270 children and 30 staff there is the opportunity for over 8000 separate relationships between adults and children. Each one of them is vital to the growth of trust and happiness in school. By international law (in all but one country), every child has the right to a home filled with 'happiness, love and understanding' and that is something that our school stands for.

Jean and 'Jamesy' 😊

**Mr Miller**  
**Head of Junior School**  
**Guest Superpower for October...Patience**



## Year 6/7 Crime and Punishment Day



Last week, Year 6 joined together with Year 7 to take part in a Crime and Punishment Day. This linked to the work we have been doing in history and was a great chance to find out about what life will be like when the Year 6's move up to Senior School at the end of this year.

The children had a great time and took part in some very interesting activities, including a re-enactment of a Tudor court and using forensics to try and work out where poor Mr Stanford had been killed in the school! We didn't find the culprit, but my money is on Mr Miller! The children also spent time learning about Anglo Saxon punishments, the witch trials of Newcastle and thinking about the mind of a criminal.

A huge thank you to Mr Tyreman and his team from Senior School, as well as Mr Lloyd and Miss Noble for all their efforts during the day – we hope this will be the first of many opportunities to link up with the Senior School.

**Mrs Baker**



## MUSIC LESSONS

If your son/daughter is going on a trip or fixture, please inform your child's VMT as soon as possible to re-arrange an individual music lesson, as you will be charged if your son/daughter misses a lesson due to a trip /fixture.

Thank you.



## CONGRATULATIONS TO ...

On the afternoon of Wednesday 5th October, ten year 4 hockey players set off to Mowden Hall to take part in the U9 Girls' Hockey Festival. Five schools were competing in this friendly competition which had a real emphasis on fun and enjoyment.

We were the first school to arrive so made the most of this by getting onto the pitch and warming ourselves up before practising some hockey skills and having a mini game to get us prepared. This preparation stood us in good stead as we scored 5 goals in our first match against Durham High School for Girls. Our defence was equally as good as our attacking skills and we finished the game with a clean slate.

Our second match saw us take on our hosts, Mowden Hall. Again, our attacking skills were strong and we scored 7 goals and only conceded 1.

Barnard Castle were our next opponents and while it took a little while for us to get into our stride, we eventually broke the goal drought and won 4-0. The score line didn't perhaps reflect the closeness of the game and we had had to dig deep with our defending in this game, putting in lots of good tackles and tracking back when they made a break towards our goal.

Our final match was against NPS who had also won all of their previous matches. Both teams were very keen to win and at half time it was a 1-1 draw. The girls took charge of the second half and added to their goal tally while also showing more great defensive work, finishing the game with a 4-1 win.

The girls were so well behaved both on and off the pitch and should be extremely proud of their achievements – very well done, girls!

**Mrs Heather Dean**

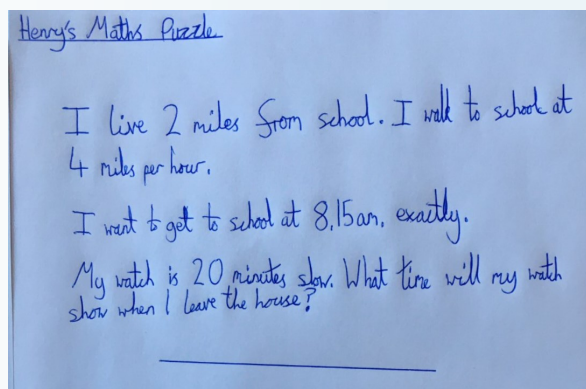


## MATHS PUZZLE OF THE WEEK



The answer for last week's puzzle was ...  
*196cm squared*  
Well done to all those who attempted the puzzle.

**This week's Puzzle, contributed by Henry in 5C :**



Please submit your answer, along with any of your own, real-life puzzles (and answers!), to me:  
**t.lloyd@rgs.newcastle.sch.uk**

Thank you.  
**Mr Lloyd**



## A NOTE FOR CHESS CLUB ATTENDEES

Dear Parents,

We have regularly had 35 children coming to chess club on Thursdays, which is too much for the room.

So I have asked the year 5 and 6 children to choose between Wednesdays and Thursdays, and will only be able to go to chess club on one night for now. Please bear this in mind for pick up times after school. If numbers drop off at some point, I will allow children to go to both chess clubs again.

All the best,

**Mr Eggleston**



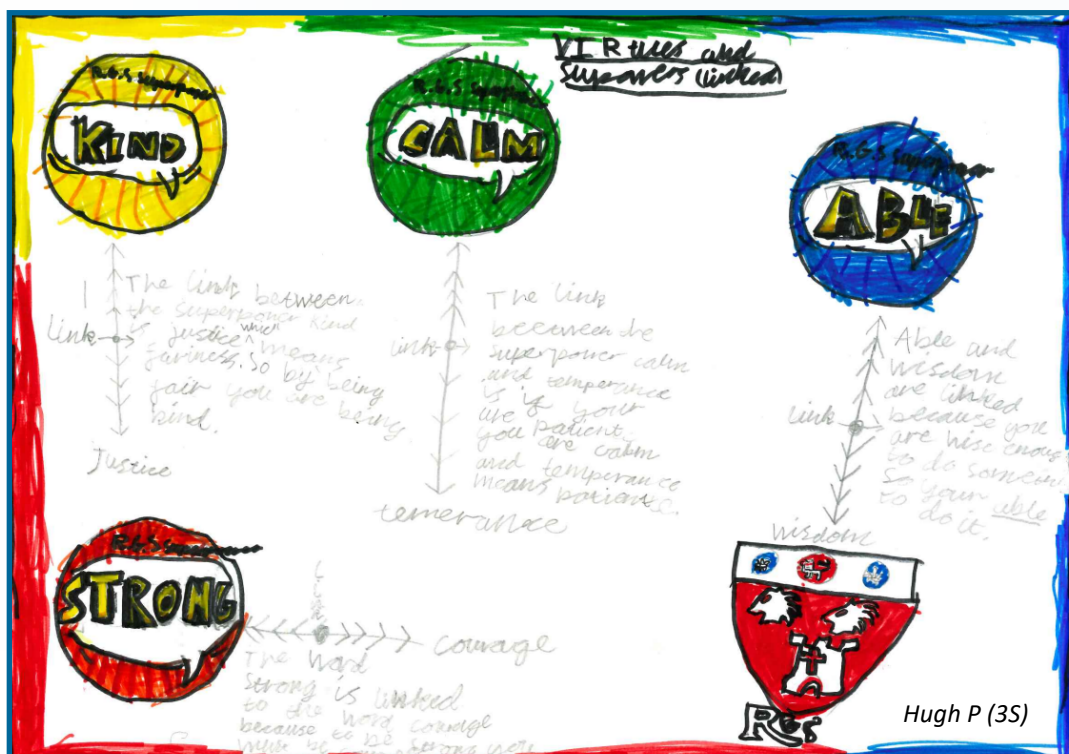
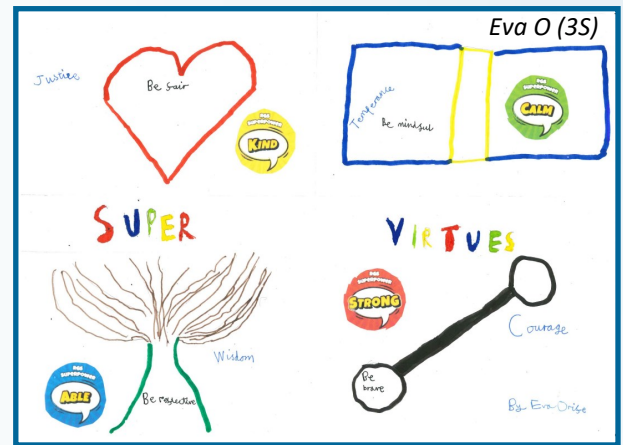
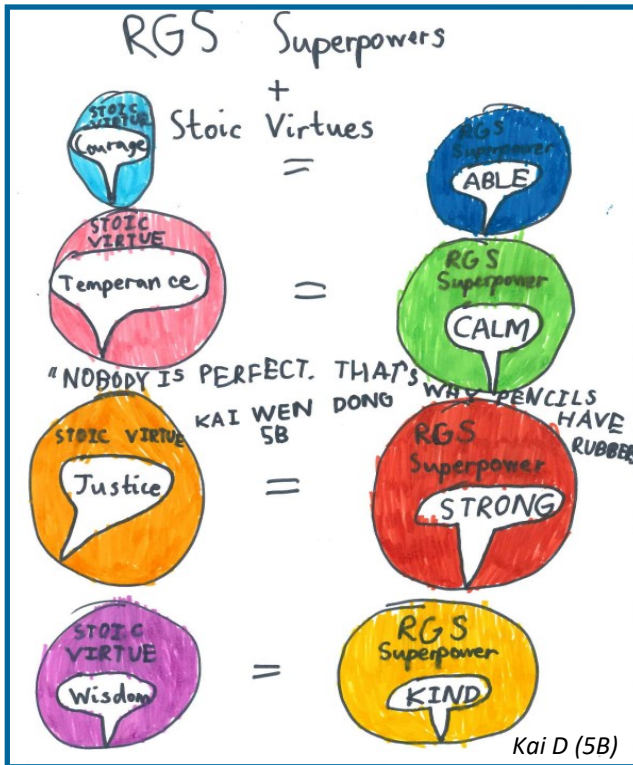


## Stoic Virtues Connect With Superpowers



Take a look at these wonderful posters that represent the (remarkable) link between the Ancient Stoic Virtues and our RGS Superpowers. Already this week I have reminded myself to only focus on the aspects of life that I can control and to let go of those I cannot...try it...it's empowering and refreshing.

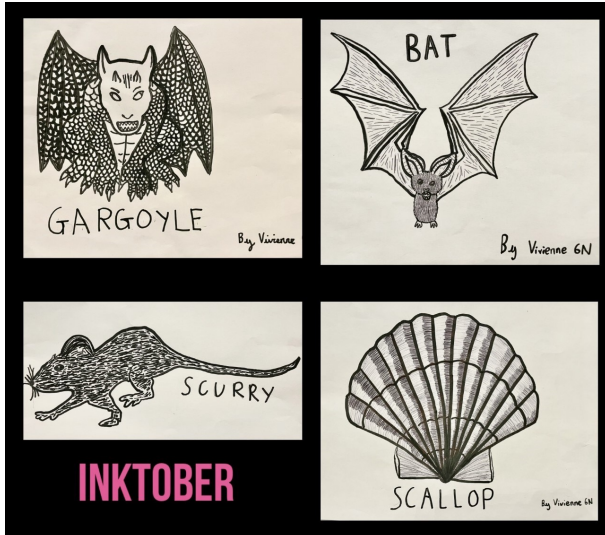
Mr Miller



## INKTOBER



Vivienne P in 6N took on the Inktober challenge. Please send a photograph of your Inktober masterpieces to [m.noble@rgs.newcastle.sch.uk](mailto:m.noble@rgs.newcastle.sch.uk) if you would like your work to appear in next week's Bulletin



# Inktober 2022

## OFFICIAL 2022 PROMPT LIST

- |             |               |              |
|-------------|---------------|--------------|
| 1. GARGOYLE | 11. EAGLE     | 21. BAD DOG  |
| 2. SCURRY   | 12. FORGET    | 22. HEIST    |
| 3. BAT      | 13. KIND      | 23. BOOGER   |
| 4. SCALLOP  | 14. EMPTY     | 24. FAIRY    |
| 5. FLAME    | 15. ARMADILLO | 25. TEMPTING |
| 6. BOUQUET  | 16. FOWL      | 26. EGO      |
| 7. TRIP     | 17. SALTY     | 27. SNACK    |
| 8. MATCH    | 18. SCRAPE    | 28. CAMPING  |
| 9. NEST     | 19. PONYTAIL  | 29. UH-OH    |
| 10. CRABBY  | 20. BLUFF     | 30. GEAR     |
|             |               | 31. FARM     |

@INKTOBER #INKTOBER #INKTOBER2022

## Caterpillar Discovery

AS (Year 6) and her team discovered this tiny caterpillar in the grassy part of Zone 3. They found a safe spot and left it munching on a leaf. We are on the lookout for a beautiful butterfly....



## Kit Kit Kit!

Just to remind you, when students have games, days listed below, they should come to school in their games kit and bring their school uniform and a towel (you can never predict the weather!) in their bag.

### Games Days (not PE)

|           |        |
|-----------|--------|
| Tuesday   | Year 5 |
| Wednesday | Year 6 |
| Thursday  | Year 3 |
| Friday    | Year 4 |



TOKENS

## CLASS TOKENS COMPETITION



A **BIG** well done to 6W who won the Class Tokens Competition last week and thoroughly enjoyed their well-deserved breakfast!

**Mrs Cree**





## WELLBEING WEEKEND

Thank-you to those of you who sent in pictures for the Bulletin. Have fun, and don't forget to send pictures so we can add them to the next bulletin.



James A (6L) baked some delicious brownies!



Ben G (5M) was at cub camp and took part in some den building, cooking over a fire, sandcastle competitions and archery practice.

Cleo B (4AW) and her sister have seen the fruits of their labour over recent months. Parsnips are one of Cleo's favourite vegetables and she planted the seeds of



them and carrots amongst other things with Daddy and dug these up this weekend. Impressive work girls! Hope you enjoyed eating them. They are super sized!

- E Stephens



Bernard S (6N) was busy during the weekend so he moved his Well-being Weekend to... Monday afternoon and after Ingram Valley trip decided to bake healthier version of Victoria sponge cake! Just 1/4 of standard amount of sugar, no baking powder or other artificial additions (just eggs, plain flour and potato starch), half fat cream and a bit of special treat - heritage rose & elderflower curd. We had a great family time in the kitchen - even doing the kitchen maths. Cake maybe not most beautiful but super tasty! - D Socha



## Chess Tournament

The RGS Individual Tournament will take place on Saturday 26th November in our Fenwick Hall. From 9:45AM to 4PM. Parents are required to look after their children on the day. They should wear their own clothes and bring a packed lunch, as there will be no food on sale.



Please go to [www.njca.co](http://www.njca.co) to enter, but be aware that the online entry may not be ready until the start of November. All the best,



Mr Eggleston

## Charity Nominations!

Our amazing JSPT have raised money to be split between our Bursary Fund and a charity selected by the students. This week our wonderful children have been given the chance to nominate a charity that they feel should be awarded the £1000 we have to give away. The nominated charities will be whittled down to 4 and those 4 will be presented by the student proposers to the rest of school and we will vote. Clearly this is going to be a very tough process but I have been startled and delighted by the number of children who have a charity dear to their hearts. The kind superpower in action....

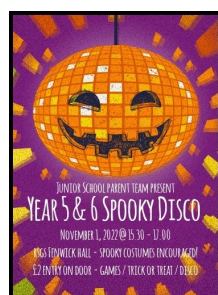
Mr Miller



## Save the Date!

The RGS Junior School Parent Team are pleased to present a spectacular spooky event! Please find attached flyer inviting all children in Year 5 and Year 6 to a Spooky Disco to be held in the Fenwick Hall on 1st November 2022.

Thanks  
Friends of the RGS



## The Great BIG Pumpkin Painting Competition

Autumn has arrived and we would like to celebrate with our first ever Pumpkin Painting Competition.

All pupils and staff are invited to paint a pumpkin (no carving please) of any size and bring into school by Thursday 3rd November. Winners will then be announced in assembly.

Please make sure your pumpkin is clearly labelled with your name and form.

Good luck everyone!



## BIRTHDAYS THIS WEEK

### MANY HAPPY RETURNS TO....

Rohan A (Y3), Jason Lee (Y4), Reuben C (Y4),  
Elizabeth O (Y5), Aodhan D (Y6), Simran T (Y6),  
Emma B (Y6), Vihaan J (Y6)

**WE HOPE YOU ENJOYED  
YOUR SPECIAL DAY!**

